



# Light Infusion Therapy 201

Restoring the Connection with the Human Soul

Practitioner Training

With Kathy Forest

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**Note: The healing techniques are only to be performed by a certified Light Infusion Practitioner.**

**Light Infusion 201 is a Source Light™ class, a dba of  
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Studies**

**700 Massachusetts Suite 302**

**Lawrence, KS 66044**

**785-633-2424**

**[www.celestialforestinstitute.com](http://www.celestialforestinstitute.com)**

**[www.kathyforest.com](http://www.kathyforest.com)**

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## LIGHT INFUSION THERAPY 201 – Module 1 – The Daily Protocol

As we are watching the last glimmers of the 20<sup>th</sup> century fade into the past, and we begin to focus on what is before us, we may be finding that this “new age” is presenting us with a whole new level of experiences to focus our attention upon.

Those experiences, though new, wonderful, and exciting, may also come with their share of problems to solve. We also may have noticed that this level of growth is going to come fast and furious. It is going to require more tenacity, wisdom, and courage to step across the threshold into this new epoch than maybe we think we have.

Fortunately, we came with all the equipment we need to meet our new challenges head-on. **Light Infusion Therapy** is a tool you can use to activate innate tools lying dormant in your body, that can assist you in moving through challenges, healing your body, and shifting your life and business.

One of the very obvious things that we will all be experiencing is the influx of more and more galactic light hitting the planet, as well as possible increases in solar flares from our own Sun. This poses practical challenges on many levels. Some that have been very challenging for those who are sensitive to all this light are the effects it has on our physical body. This is due in part to the fact that we have never been taught how to activate our own **Inner Light** on a regular basis. Especially in the western world, this has been relegated to the realm of religion, and has been considered “optional.” We are now discovering that might not have been the wisest use of our time here, and maybe we should have made more of a connection with our “inner self” rather than just focus on the physical aspects of life on earth.

**Light Infusion Therapy** offers a way to re-establish a connection and relationship with our TRUE self, our SOUL, and then to begin to re-structure our energy field so

we can tap into this unending source of Life Force and utilize it to reshape our lives and our world. As we “turn on” our own inner light, we also can begin to “digest” the bigger solar and galactic light that is going to be bathing our planet on a regular basis.

## The Basics

**Light is Information.** If we only function and keep our attention focused on the physical and material realm of reality, we lose sight of this. We begin to see light as just a means to help us see so we don’t trip over whatever is in front of us. But contained in the light that we are bathed in every day is information, nutrition, life force, energy, and so much more. Light is the breath of the Divine. It feeds our physical world on all levels of existence: physical, emotional, mental, and spiritual.

When we remember this, we begin to value light for what it truly is: the essence of the **Source** that supports us and the motivation behind that support:

**UNCONDITIONAL LOVE.** The sheer size and amount of the love Source has for us is literally too much for the human mind, especially in its homo-sapien form, to begin to comprehend. But we all contain a tiny little droplet of it deep inside our heart. It is our true SOUL essence.

## The Soul is Our Source of Inner Light

You see, the heart (and the lenses of the eyes) are the only organs in our human bodies on planet Earth that don’t regenerate. The cells of our heart were the first to form around our soul, when it entered the third dimension or physical plane. So, the cells in our heart right now are the same cells that were present when our soul came to this planet. They were our midwives. **THEY KNOW US!** They know not only this present physical existence, but our whole soul history. **THEY REALLY KNOW US**—the real true us! And we can access all that information...all that **LIGHT!**

By getting to know our **SOUL, our First Dimensional Self**, and by allowing that SOUL to inform us and our choices, we can begin to utilize our BIG wisdom to guide our steps as we move forward into this new time on the planet. Not only that! By connecting with our Soul every day, allowing our Soul’s light to begin to heal and inform our **Second Dimensional selves, our Energy Field** (sometimes

called Indra’s Net), the energetic membrane that surrounds our body and our soul, we begin to build our **Light Quotient** (how much light our body can hold, digest, and withstand). This system works just like everything else in the Third Dimension, the more we pay attention to it, the more we build it, just like a muscle that we must train. So, by connecting to our Soul daily we can begin to build an energy field that not only can withstand the new light coming in, but it can also harness it, process it, and utilize it in way we have yet to imagine!

### **Ways to Connect to the Soul**

The path to connect to the Soul is not nearly as complicated as it may sound. In fact, it is quite simple. When you were a child, you were in constant contact with your soul. That is why you might have been able to see your guides and angels. It may also have been why the ways of adults seemed not to make sense to you. You were watching people make choices that were probably not as “soul-guided” as they could have been. This sometimes may have seemed very strange to you, like they didn’t make sense. Probably because...they didn’t. You see, as you grow up with people that don’t know about their First Dimension, their Soul, you begin to lose your connection to it, as well, until you just think it is normal to focus only on the third dimension and make decisions based only on physical evidence and experience. But that is not why your Soul came to this planet. It DID come to learn, but it also came to bring WISDOM, LIGHT...**ENLIGHTENMENT** to this planet. It came to share its wisdom and light. It came to help.

But this planet is a free-will zone. That means you cannot usurp someone’s right to choose. So, if we never “choose” to allow our Soul to share its wisdom with us, it will never intrude or interfere with our choices. It will only offer its assistance if asked. So, the first way to connect to the Soul is to **ASK**.

**You can ASK your soul to share its wisdom with you.** Simply place a hand on your heart (if it helps you to locate it in your body) and drop deeply into the center of it. Simply ask to talk to your soul.

**You can also connect to your Soul in meditation.** You can choose to go deeper into your heart and connect with your soul through meditation. (Some are included in this training to get you started.)

**You can journal with your Soul** and talk to it on a daily basis. Ask it questions like, “Who am I?” on a regular basis and really get to know your TRUE SELF.

Connecting to your Soul and beginning to get to know it is a way to build your **Light Quotient** and begin to be able to strengthen your ability to interact with and utilize the Light information we are being bathed in daily. The **Daily Connection Protocol** that you learn in this course gives you a way to connect to your soul regularly. In this system, we call your Soul, your **Source Light Center Point**.

### The Anatomy of Your Source Light Energy System

You came to this planet fully equipped with all the assistance you would need to both have access to your own divine wisdom **AND** blend and utilize it to both manage your physical life here **AND** offer the gifts you came to bring in a meaningful, productive, and prosperous way. This system has three basic parts: **Your Soul** (Source Light Center Point), **your Golden Spiral**, and your 2<sup>nd</sup> Dimension: your **Source Light Energy Field** (Your personal Indra’s Net).



Symbol for Your Source Light Center Point – Your Soul

As we have mentioned, your Soul (Your Source Light Center Point) is physiologically/energetically located deep within the physical organ of your heart.



Your **Golden Spiral** is a beam of light that runs straight down through your body. It has its true beginning at Source, itself, or as some understand it, The Void. But you will usually connect with it from the 8<sup>th</sup> Chakra just above your head that shows up as a bright ball or light or Sun directly above your 7<sup>th</sup> Chakra at the top of your head. This beam runs all the way down through your body and roots your Soul to the Soul of the Earth. You may feel it connect to a point about the same distance under your feet as the 8<sup>th</sup> Chakra above your head.



We call it a spiral because if you look at it closely you will see that Light is always moving, spiraling up and down what appears to be a pillar right through the center of your body.

Your Golden Spiral



Your Source Light Energy Field- 2<sup>nd</sup> Dimension (Indra's Net)

Your **Source Light Energy Field** is your 2<sup>nd</sup> Dimensional Self. It is a membrane of Light that forms around your Soul and your body and was meant to be both a protective covering for the Soul and body, as well as a direct connection to Source above you and Source below you. Some describe this as your own personal “Indra’s net,” that endless fabric of creation possibilities that envelopes all of creation. *(This is not to be confused with your Electromagnetic Field and Your Chakra System. All of that is located in the 3<sup>rd</sup> Dimension.)*

Many of us have not paid much attention to any of these parts of ourselves because we have been very busy attending to the endless list of demands that require our attention daily: eating, sleeping, paying bills, caring for those we love, etc. But we are also experiencing a lag in our energy levels and life force as we continue to do this daily without the benefit of **the gift of our 1<sup>st</sup> Dimension**, our Soul, which is **ENDLESS PRANA!**

You see, our Soul is the wellspring that keeps us alive. It has been pumping lifeforce through our heart to all the parts of our body for as long as we have been here. It gives us just enough to keep us here and functioning according to the dictates of our choices. But it can do **SO MUCH MORE** when we **ASK...**when we **PAY ATTENTION TO IT.**

We can use our Source Light to “power up” our Source Light energy system and begin to restore it to a level of functionality that can transform our life on all levels. Once again, all we must do to begin this process is direct it by ASKING.

**The Source Light Daily Connection Protocol** gives us a way to do this on a daily basis, as well. It also gives us a way to begin to steer our lives in the direction we want them to go. It gives us a way to begin to direct our energy and efforts toward our true desired outcomes, without upsetting the balance of the world around us. This works just like prayer or affirmations. When you, as a Sovereign being, state your desire, the power of your word moves the energy of the Universe into action.

### **THE SOURCE LIGHT DAILY CONNECTION PROTOCOL**

- 1) I acknowledge and connect to my **Source Light Center Point**.
- 2) I shine my **Source Light** through my **Golden Spiral** and activate my **Source Light Energy Field**.
- 3) I choose the frequency of safety, contentment, and harmony throughout this day.
- 4) I activate within my Merkabah the harmony of the original Sacred Geometries of this planet.
- 5) I activate all **Source Light Symbols** and the 60 light frequencies in my **Source Light Point, my Golden Spiral, and my Source Light Energy Field**.

(Optional) I infuse into my Source Light Point, my Golden Spiral, and my Source Light Energy Field the specific frequencies of:(pull cards and/or state frequencies).

- 6) I synchronize my **Source Light Point, my Golden Spiral, and my Source Light Energy Field** with the actuality of: (State Desired Outcomes).
- 7) I activate the harmonies of these geometries, outcomes, and frequencies within **my Source Light Energy Field**, and shine these energies into my world to bless everyone, everything, and every situation I meet.
- 8) I ask **to connect to my Source Light Energy Point and my Source Light Energy Field**, and to connect my field to and through the **Source Light Energy Field of Gaia**.

By just reading or reciting this protocol you are

1. Connecting to your Source Light – Your Soul, your 1<sup>st</sup> Dimension.

2. Activating your Source Light Energy Field, your 2<sup>nd</sup> Dimension.
3. Setting the tone for your day.
4. Establishing and aligning your vibration to this planet.
5. Activating all Sacred Geometry Symbols and 60 major light frequencies in your Source Light System, thus raising your vibration and keeping it high.
6. You have the option of setting specific desired outcomes, intentions & frequencies for your day.
7. Encouraging your high vibration to raise the vibration of the world and others around you.
8. Grounding it all into the Energy Field of Gaia.

Because we are changing literal centuries of programming in our DNA, doing this at least once a day, preferably when you begin your day, is required to establish this new pattern.

So, this is to be considered basic maintenance for your soul and soul's energy field. This is like brushing your teeth and getting dressed, daily. You need it. It's basic...necessary. And just like anything else, the more attention you give it the more it gives back to you.

### **The Gifts of Connecting to Your Soul, Your Source Light, and Your Source Light Energy Field**

1. The first thing most people notice is what we have come to call “Endless Prana.” This is the basic life force energy that you need to live. As we noted earlier, our Soul keeps us alive at a very basic level. But when we begin to let it begin to steer the direction of our lives, we may be required to do more, give more, or be more. This will require more energy and we will have all that we need to accomplish it and more. This can show up outwardly as:
  - a. A lack or lowering of the sense of foreboding fear that we all seem to carry around these days...that constant state of worry about the future. You may notice that it just seems to evaporate.
  - b. Sudden bursts of ideas, creativity, and energy. You may begin to feel a few years younger. Your body may not hurt in places it used to hurt. Many of us have been intuitive enough to know we have been called to do certain things. However, we may have been trying to do all these

things on our own without the support or guidance from our Soul. The energy required to do this is taken right out of our personal electromagnetic energy field, rather than being Sourced directly from Source through our 2<sup>nd</sup> Dimensional Source Light Energy Field.

Eventually that begins to take a toll on our body and the evidence of that is many of the chronic physical illnesses that you deal with daily. By connecting to this field, you can draw from an endless supply of Source Energy. You begin to feel better.

- c. The ability to create new healthy habits to replace old ones that you may have struggled with for years.
- d. Less resistance.... period.
2. Connection and Unconditional Love – Connecting to the 2<sup>nd</sup> Dimensional Field, our Source Light Energy field, we can experience a connection to our true self and an experience of unconditional love for ourselves, and for and from others at a level we may never have experienced before.
3. Restoration of our Source Light Field – this gives us the capability to begin to manage our 3<sup>rd</sup> Dimensional life with assistance from pure Source, rather than, once again, depending only on our own electromagnetic field.
4. And this is only the beginning.



## Module 2 – The Personal Healing Protocol

### Managing our Life with Source Light Energy

Once we have begun to attend to your Source Light system daily, we can also begin to utilize it to manage our life and our world.

#### The Nature of Energy in the 3<sup>rd</sup> Dimension.

The only existence we are aware of most of the time is the 3<sup>rd</sup> Dimension. It is what these other systems we have been discussing support. In the 3<sup>rd</sup> Dimension we experience the solidity of our physical world. Though we experience our world as solid, physics tells us that in truth everything is vibrating all the time. The speed is just slow enough in this dimension that it gives objects solidity. This constant movement generates electrical current. In fact, every single organism on this planet generates an electrical field around it we have come to know as the “electromagnetic field.” From the tiniest one-cell organism to the complex human body and even the Earth, herself, all things generate this energy field around their body as a literal extension of their energy. This field was designed to gather and assimilate information and provide protection for the body. This electromagnetic field is dynamic and responds to both internal and external stimuli. It can collapse in around you when you are lacking vital life force. It can expand out for great distances when you are out in nature or when you are feeling joy. Because this is all we have known, many of us have spent much time attending to this field in our healing journey. And rightfully so. This field can and has been damaged and has become less effective for countless reasons, environmental, psychological, emotional, and physical. It can appear torn, ripped, too porous, or distorted, or just very diminished. This happens for many reasons, but the main one is overuse. We have been relying on this field to provide us with vital life force energy when we could have been getting much of that from our Source Light and

our Source Light Energy Field. Especially now, that energies on the planet are so chaotic, ***it is imperative that we give our fields a break and begin to utilize the larger membrane of our Source Light Energy Field to begin to source our visions and heal our lives and bodies.***

When our electromagnetic field becomes compromised, other body systems must do the job of the energy fields, leaving them with less energy to do what they are meant to be doing. For instance, if the digestive system must digest all the incoming energy, it won't be able to digest food you are taking in. The integrity of your body organs and systems begin to break down which can lead to cancer, heart disease, diabetes, and many other lifestyle diseases. Depending on the degree of damage, a person can develop other physical and behavioral problems including:

- Allergies
- Chronic Fatigue Syndrome
- Sleep Apnea
- Migraines
- Balance issues
- Bacterial growth
- Seizures, convulsions and epilepsy
- Adrenal failure
- Cardiovascular difficulties
- Weight gain
- Respiratory problems including asthma

Additional effects show up behaviorally, mentally, and emotionally including:

- Crime
- Increase in aggression.
- Anxiety
- Depression
- Loss of attention and memory
- Accidents

You can begin to support the electromagnetic field by accessing your Source Light Energy Field and utilizing it to infuse more light into your system. You can also

affect healing and change in your body and your 3<sup>rd</sup> Dimensional environment by utilizing this field. We do this by actively engaging it and utilizing it to raise our vibrational frequencies.

### **The Nature of Energy**

As we stated earlier, nothing is static on this planet. Even though things appear solid, everything is constantly vibrating at a particular rate. We understand these rates as frequencies. When vibrations are at one frequency, we hear sound, when they are at a higher frequency, we see light. The electromagnetic frequencies live together on a spectrum from high to low. The higher the frequency, the greater order, organization, and coherence is created in any system. This is especially true for the human body. The more we increase the rate of the frequency around us, the more we can support the health of our electromagnetic field and our body. Not only that, the higher you can keep your body vibrating, the more you will literally tune out the lower frequencies.

It is important to note here, that when you connect to your Source Light and your Source Light Energy Field daily, you are accessing the highest frequency available to you. **At its core, it is PURE UNCONDITIONAL LOVE, THE HIGHEST VIBRATIONAL FREQUENCY ON THE PLANET.** So, you are automatically raising your vibration, just by doing that. But you may want to access specific frequencies for specific purposes. For this we can utilize the Source Light Symbols and the Source Light energetic frequencies.

### **The Source Light Energy Symbols**

The Source Light Energy Symbols are the basic Platonic Solids plus 2 other very important and high vibrating Sacred Geometric Symbols. Some have called these shapes, “packed thought-forms from the mind of the Divine.” Not only do they serve as high vibrating containers that can hold specific frequencies, but they also hold specific vibrations of their own that dictate specific functions that they can provide.

## BASIC LIGHT SYMBOLS



### Origination

#### SOURCE POINT

- \*Reconnect with God Spark
- \*Heart Balancing
- \*Body Calming



### Creation

#### TETRAHEDRON

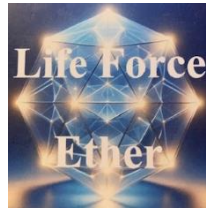
- \*Element of Light
- \*Health and Vitality
- \*Enlightenment



### Structure

#### CUBE

- \*Element of Earth
- \*Balancing
- \*Structure & Form
- \*Remembering Essence



### Life Force

#### DODECAHEDRON (soccer ball)

- \*Ether
- \*Love
- \*Repairs Blueprints
- \*Includes all Light Symbols



### Synchrony

#### OCTAHEDRON

- \*Element of Air
- \*Rhythms, seasons, cycles
- \*Right Timing



### Expansion

#### SPHERE

- \*Incubating
- \*Expansion
- \*Holding
- \*Nurturing
- \*Growth



### Flow

#### ICOSAHEDRON (20 sides)

- \*Element of Water
- \*Higher Level of Emotions
- \*Energy Flow



## Source Light Frequencies

The Source Light Frequencies are high vibrational states that we can use to assist us in moving ourselves into the space of the desired outcomes that we would like to see manifest in our bodies, our outside circumstances, and our world. By placing them strategically in our 2<sup>nd</sup> Dimensional Source Light Energy Field, we can use them to synchronize our vibration to the frequency of our desired outcomes.

### SOURCE LIGHT FREQUENCIES

1. **Abundance (profusion)** the production and collection of more than enough, flowing in as it is backed by the intent to spread the wealth for the betterment of the ecosystem you reside in.
2. **Appreciation (recognition)** the loving and humbled awareness of and gratitude for a gift that has been shared from the self, others, the forces of nature, or the workings of the Universe at large.
3. **Autonomy (selfless independence/Self-Governance)** the ability to stand on one's own in action, mind, heart, and soul.
4. **Balance (equilibrium)** finding sovereignty with your opposites and working with them in tandem to create a smoother experience.
5. **Belonging (kinship)** a feeling of Om, and feeling accepted and valued alongside those around you and within your environment.
6. **Celebration (commemoration/honoring, joyful observance)** paying your gratitude and awareness to a person, place, or cycle in a way that excites. Elevating accomplishment and cycles with the energies and graces of ceremony.
7. **Clarity** The precision of thought, action, and vibration moving in synchronization towards your goal, decision or solution.
8. **Connection (relationship/bonding)** the creation or awareness of a mutual bond/relationship between yourself, others, the planet or any other sentient being, and/or your Sourcing Power.
9. **Contribution (provision)** The giving of gifts or talents to a purpose larger than the self; to assist in achieving a shared goal.
10. **Constancy** Dedication through free will. The action of seeing the task through regardless of whether the time is turbulent or pleasant. Staying reliable regardless of how your world is out-picturing in front of you.
11. **Compassion** Sympathy and empowerment through unconditional love. An understanding of the unmet needs of others, and providing them with selfless care, companionship and love.

12. **Contentment (satisfaction)** A feeling of stability paired with peace. Goals are met and a cool peace washes over after a job well done. Satisfaction (or contentment) with your needs met and a feeling that you want for nothing.
13. **Courage** encompassing the fortitude and the willpower to move forward in the face of uncertainty. Pushing through with a task to see it through to completion, even when the outcome is unclear, and even if we have to move roadblocks along the way.
14. **Cooperation** Working in unison along others without judgment, and without egoic sentiments towards the shared outcome. Working alongside others in a cyclical manner that provides shared roles, responsibilities, and inclusivity.
15. **Completion** The closing of ceremony, cycles, and goals as they come to fruition and leave us with the lessons of life. A sense of accomplishment – achieving a goal.
16. **Creativity (Imagination)** the innate ability to picture in the mind a thought form or energy movement. This innate ability is a mental and energetic muscle that can be exercised for enhancement.
17. **Empathy** The understanding and acceptance of how differing perspectives and experiences create a different, yet shared reality, paired with unconditional, selfless love and caring for those in need. Having the sense of feeling feelings of other people from a perspective of compassion.
18. **Empowerment** Assuring success by providing resources, necessities and environmental accommodations supportive of desired outcomes
19. **Endurance** Sustained energy, the ability to see a project through to completion. Ability to extend and sustain a large amount of life force or Prana.
20. **Enjoyment** Moving through the moment in joy, and finding the joy in the moment.
21. **Expression (Articulation)** Bringing forth into the world your truth and purpose, from your heart, and in a way that feels natural and right for you.
22. **Fractal Growth** The duplicative (sacred) geometrical growth found in nature in which specific patterns reproduce themselves over time at an exponential rate.
23. **Gratitude (Thankful/ness)** The inner light that shines love back towards that which was just given. The sensation and modest elation of having received unconditional love and grace. A feeling of home.
24. **Groundedness** The rooted connection with this Mother Planet; stability, connected to one's live and present-day events.
25. **Growth (Endurance) Steady improvement** - Keeping up your momentum by staying focused and consistent in the routines and practices that bring your goals towards fruition. The vitality to keep going, regardless of what the rest of the world is out-picturing in front of you.
26. **Guidance** Assistance and insight that help you along the path, sometimes sign or notion from your inner voice or through any of your energetic connections, that (typically) comes in right timing and provides you information into your next right steps.

27. **Harmony (Peace)** The balance between your opposites, and your inner and outer worlds, align to work together and face challenges through a calming grace.
28. **Health** Vitality and strength gleaned from careful and consistent care of the vessel.
29. **Imagination** A tool of the fourth dimension designed to help you create anything your mind can conjure.
30. **Initiative** Seeing where action is needed and organizing a plan to get the need met, while working both through compassion and cooperation with others, to provide stabilized and shared leadership.
31. **Insight:** A knowing from within, derived from the divine truth inner wisdom, and expressed through your intuition.
32. **Integrity (Honesty):** Having a graceful and balanced relationship with the truth, regardless of what emotions it incites within you. A congruence and alignment between your Inner Self and your outer self. Expressing honesty in all that you do, say, and think.
33. **Leadership** The ability to step forward and take action and responsibility for yourself and others as the need arises.
34. **Love** The fullest expression of unlimited, overflowing lifeforce from within: The highest frequency which produces a Stillpoint within that is then expressed outward towards the self, others and creation.
35. **Mastery (Fulfillment)** The completion and mastery of a goal and purpose to which you dedicated your heart, will, and strength to. The absolutism of a desired outcome once it is realized.
36. **Momentum** The steady, consistent building of regenerative energy that begins to carry a project on it's own without your constant care and focus.
37. **Motivation** The proverbial “nudge from the Universe” to get you up and going in the right direction.
38. **Nurturance** Providing care and dedication to any person or project to assist in its growth and progress.
39. **Openness (Receptivity)** A state of “being in allow.” The confidence and knowing that your right action and the divinity of right timing will come together as you allow possibility, change, opportunity, and blessing.
40. **Play (Amusement)** Childlike Wonder -Engaging in activity that brings joy and celebration into your life on a regular basis.
41. **Passion** That thing...the one that lights you up... that ignites a divine drive to think, act, complete, live, and be the things that resonate highly with your soul and heart center, and an unending supply of energy to do “that thing.”
42. **Protection (Preservation)** The safekeeping of the soul, to stay intact for the completion of its incarnate purpose. Safekeeping.

43. **Peace** The calm repose of the Soul.
44. **Receptivity** Allowing yourself to be open to allowing yourself nourishment in every aspect of your being, physical, emotional, mental, spiritual, and financial.
45. **Reverence (homage, regard, appreciation, veneration, honor, valued)** A respect and appreciation rooted in gratitude and grace.
46. **Rest (Pace)** staying in balance and alignment with your cycles and the cycles of the earth so that you are restored and rejuvenated on a regular basis.
47. **Sacredness** Being “set apart,” special. Something to be revered and celebrated.
48. **Safety (security)** When wellbeing reigns and our inner needs are met to produce the safe space of feeling home wherever we are.
49. **Serenity (Tranquility)** The calm sensation when love, rest, stillpoint, and spiritual poise come together to provide the perfect moments we remember forever.
50. **Service (giving or Generosity)** The provision of your own energy and talents to reach a shared goal or to care for another without the expectation of compensation or recognition.
51. **Stability** Having a solid foundation. Sturdy. Able to withstand adversity.
52. **Stillpoint (Awakening to Source Light)** The place of complete and total inner stillness. A calm after the flood of energy flows through the body to connect the conscious realization with the reality of the energy body and interconnectedness of all life.
53. **Strength** willpower mixed with endurance, experience, a balanced inner structure, and a divine moral ground to stand on.
54. **Support (Reinforcement)** A foundational motivation that comes from within or from without, which provides the structure, safety and encouragement needed for health, wellbeing, and creation.
55. **Sustenance (foundation)** Practical resources to do what you need to do. The basic survival needs required to maintain health and wellbeing on all levels.
56. **Synchrony (Synchronization)** When timing, action and awareness come into alignment for creation, learning, or to fulfill a divine outcome.
57. **Trust (Truth)** Knowing, accepting, and flowing along with divine reality, and shining that divine reality out into the world to bless everyone and everything you meet.
58. **Understanding:** The foresight to see multiple possible outcomes and the respect and wisdom to see things from more than one perspective.
59. **Wisdom:** Staying grounded in truthful knowledge, sharing it when it is needed, and protecting it when it is under attack.
60. **Wonder:** Truly seeing through the eyes of a child, and openness to life’s unexplainable and magnificent possibilities.

## **Muscle Testing**

Muscle testing is used in a couple of ways in this process. We mainly use it to determine which Source Light Symbols we need and how many. You can also use a pendulum or kinesthetic testing. If you already have a form of muscle testing, such as a pendulum or something else, use that and don't reinvent the wheel!

### **Muscle Testing Method #1: One Handed**

1. Bring your awareness into your dominant hand.
2. Lightly cross your middle finger over your pointer finger. Keep your hand and fingers relaxed.
3. Press your pointer against your middle finger as if you are going to pop them apart. Ask your fingers to show you “yes.” (You'll feel a slight sensation between the two fingers as though a magnet were either drawing them together or pushing them apart.) Listen or feel for this versus trying to “see” it.
4. Ask to be shown “no” utilizing the same process. One way you will be able to pull the fingers apart, the other you will not. Your body will tell you which is which.

### **Muscle Testing Method #2:**

Two Handed

1. Bring your awareness into your hands.
2. Form two intertwined circles with thumb and index fingers.
3. Ask your fingers to show you “yes.” Quickly pull your dominant hand away from the nondominant hand. They will not easily break apart.
4. Ask your fingers to show you “no.” Quickly pull your dominant hand away from the nondominant hand. They will easily break apart.

### **Muscle Testing Method #3: Body Pendulum**

1. Stand with knees slightly flexed.
2. Ask your body to show you “yes.” Your body will slightly sway one way or another.

3. Ask your body to show you “no.” Your body will sway a different way or not at all.
4. After understanding your method of yes/no you don’t need to ask again unless you’ve lost clarity.
5. Once comfortable with your results standing, try getting results sitting down.

### **Muscle Testing Tips**

- Be hydrated
- If you’re tired, your muscle testing might not be accurate
- If you’re not open to the answer, you may block a clear reading
- Stay empowered with the information; you decide how to use it
- If you don’t get a clear yes or no, ask your body to show you a clear yes/no
- If you don’t get a clear yes/no ask your body if you are asking the right question
- Pay attention to the question...often there are underlying assumptions that are incorrect
- Once you master a method, the art is in the question

### **The Source Light Infusion Treatment Protocol**

Once again, we can use our Sovereign voice to tell our Source Light Energy Field how to behave and how to assist us in managing our frequency and vibratory rate. We can get even more specific than we do when we do our Source Light Infusion Treatment Protocol. We can anchor in desired outcomes and intentions to synchronize to different frequencies. Thus, this can be used to:

- Heal specific issues in our bodies
- Bring more prosperity and abundance into our lives
- Assist us in creating and finishing projects
- Smoothing out the rough edges in relationships
- Dictate outcomes for projects
- The list is only limited to your imagination and creativity

## SOURCE LIGHT TREATMENT PROTOCOL

Do the Connection Protocol first. Determine the Desired Outcomes and Vibrations required for those Outcomes while connected to Source Light. **Proceed with treatment:**

1. I engage my **Source Light Point** and **Source Light Energy Field** to initiate and activate opportunities for healing, growth, and restoration.

Use pendulum or pull cards to determine which Sacred Geometry Symbols and how many)

2. I anchor (#) SL \_\_\_\_\_ Symbols at my three **Source Light Energy Centers**. (Head, Heart, Sacral) to hold and support the fulfillment of the following outcomes and frequencies:

Synchronizing with the actuality of: (List Desired Outcomes).

With the specific frequencies of: (choose or pull cards).

3. I declare these outcomes to be so and infuse and integrate completion into my **Source Light Point, Golden Spiral** and **Source Light Energy Field**.
4. As these energies are activated and engaged, I close this infusion in the Light.  
So it is.

Most find this process easier to do if they write down everything as they go. Then they have a record of it and can keep track of their progress. See the one on the next page.

# SOURCE LIGHT INFUSION TREATMENT PROTOCOL Record

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Do the Connection Protocol first. Determine the Desired Outcomes and Vibrations required for those Outcomes while connected to Source Light. **Proceed with treatment:**

**STATE:** I engage my **Source Light Point** and **Source Light Energy Field** to initiate and activate opportunities for healing, growth and restoration. (Use pendulum or pull cards to determine Sacred Geometry Symbols and how many)

Number of each Source Light Symbol used:

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**STATE:** I anchor (#) SL Symbols at my three **Source Light Energy Centers**. (Head, Heart, Sacral) to hold and support the fulfillment of the following outcomes and frequencies:

Synchronizing with the actuality of (desired outcomes:

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**WITH** Additional Frequencies added-

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**STATE:** I declare these outcomes to be so and infuse and integrate **completion** into my **Source Light Point, Golden Spiral** and **Source Light Energy Field**. As these energies are activated and engaged, I close this infusion in the Light. So it is.



## Your Experience of the Process

The process itself can be very relaxing and enjoyable. You can allow time between each step to feel the energies begin to move through your field. Even though the transformation process begins immediately, it may take some time for specific outcomes to take shape. In the case of physical health, we all know that it may take the body time to catch up with the vibration of health that you set up for it. The same goes for the material world. ***This process is not magic. It is science.*** It is working with frequencies and your energy field. There may be structures in place in your world that need to be adjusted so that you can see the outcomes you desire take shape. In the 3<sup>rd</sup> Dimension, these things can take time. That being said, many notice they begin to feel the shift in their energy almost immediately. This, as you may well understand now, is probably due to the “endless prana” factor.

This system is also gentle. Because we use synchrony to adjust our vibration, the shifts we experience can be gentle and subtle.

## Your Healing Journey

This process will lead you on a journey of self-discovery and healing like you may have never experienced before. It has been our experience that this transformational experience follows the same path as most but is usually a bit gentler.

## The Three Steps...

**Step One | Connecting:** Connecting to and activating your Source Light Point and Source Light energy field. You begin to access much more Life Force and higher frequencies of consciousness come online. This allows you to release fear on all levels. Feels relaxing, up-lifting to the mind and emotions.

**Step Two | Synchronizing:** You begin to allow your electromagnetic field to synchronize with the higher vibratory energies Sacred Geometry blended with your Desired Outcomes. This can be a gentle movement unless it begins to shine through some unhealed trauma. If this happens, use your trauma clearing tools (Ho’oponopono & EFT are good ones.) to clear in the moment as often as you can. This step utilizes the seven Source Light Symbols (sacred geometry shapes) that combine their own frequencies with those that you added, along with your

Desired Outcomes, to hold and contain the frequency and allow your Source Light Energy Field to begin to synchronize with it.

**Step Three | Completion:** The End of the Transformative Cycle. To complete the session and bring it to right closure there is a final phase called Completion. This ensures the energy shift or healing becomes a permanent, new level of expression.

### Tips

- Do the Connection Protocol every day. You can speak it by itself, or do the meditation first to anchor it in.
- Do healing Light Infusions at night so that your body is healing throughout the night.
- The more you do this, the easier life becomes, and little miracles begin to happen.
- If you get disoriented during any part of the process, reconnect to your Soul in your heart space.
- Notice what is changing in your life – pay attention to your moods, and emotional vibration levels. Also watch your energy levels.
- Give yourself some time for the Completion to settle before you do another.

### Tips on Desired Outcomes

- When preparing for a session ask yourself what is the Desired Outcome you would like to see? Then go underneath that...what do you want to feel? Do you just need cash in the moment to address an immediate need or do you want to feel more abundant so you don't fear the future as much?
- Ask to **synchronize with** the vibration of...*then state the Desired Outcome...* (paying the rent on time, etc.) **With the frequency of:** Abundance (you can also pull cards to add more)
- You can also muscle test if you need to change the wording to make sure you are directing your energy toward your true Desired Outcome.

- Watch out for your assumptions!
- Don't endlessly do these sessions...wait until you feel it complete before you start a new one. Muscle test if you aren't sure.



## Module 3 – The Daily Protocol for Others

### Sharing Light Infusion with Others

If you have discovered that this modality works well for you, personally, it is only natural that you will want to share it with others. As the Galactic Light continues to increase on the planet, more and more individuals are going to need tools to help them manage and deal with symptoms that may arise from the larger influxes of light. Using this modality can help individuals expose themselves to their own “God Light” and allow them to build a tolerance for light. It can also help individuals learn to connect with their soul and can utilize that connection to create desired outcomes.

### Doing the Daily Protocol for Others

There are two times you may want to do the **Daily Protocol** for others. One is when you are doing it for family, friends or clients to help them move through their day, protected and more harmoniously connected, doing it for them for a specific event like a job interview or doctor’s appointment, etc. Naturally, it is always better if they do it for themselves. But if they don’t, you **CAN** do it for them. The other is when you are doing the protocol before a specific healing session. The protocol is slightly different for the latter.

Many times, people go through things in their daily life where they need a little boost. A little “extra something” to get them through their day or an event that is coming up. Or maybe you just want to give them a little added dose of protection and assistance throughout the day.

We can use the INNER LIGHT of that individual to help them achieve their desired outcomes throughout the day by just doing the Daily Connection Protocol for them. This not only gives them that added extra boost they need, but it also draws them closer to their own soul and helps center them into their soul's essence. This helps them access a bit of that "endless prana" that is available to them as they begin to surrender to the will of their soul vs. their ego. This can help them begin to build their light quotient.

This process can be used for events like doctor or dentist appointments, tests, surgery, or even just daily protection and safety.

### **THE SOURCE LIGHT DAILY CONNECTION PROTOCOL FOR OTHERS (not a healing)**

- 1) I acknowledge and connect \_\_\_\_\_ to their **Source Light Center Point**.
- 2) I shine \_\_\_\_\_'s **Source Light** through their **Golden Spiral** and activate their **Source Light Energy Field**.
- 3) I choose the frequency of safety, contentment, and harmony for \_\_\_\_\_ throughout this day.
- 4) I activate within \_\_\_\_\_'s Merkabah the harmony of the original Sacred Geometries of this planet.
- 5) I activate all **Source Light Symbols** and the 60 light frequencies in \_\_\_\_\_'s **Source Light Point**, their **Golden Spiral**, and their **Source Light Energy Field**.

(Optional) I infuse into \_\_\_\_\_'s Source Light Point, their Golden Spiral, and their Source Light Energy Field the specific frequencies of:(pull cards and/or state frequencies).

- 6) I synchronize \_\_\_\_\_'s **Source Light Point**, **Golden Spiral**, and **Source Light Energy Field** with the actuality of: (State Desired Outcomes – a good outcome for their day, a peaceful experience at the dentist, acing a test, etc.)
- 7) I activate the harmonies of these geometries, outcomes, and frequencies within \_\_\_\_\_'s **Source Light Energy Field**, and shine these energies into their world to bless everyone, everything, and every situation they meet.
- 8) I **connect** \_\_\_\_\_ **to their Source Light Energy Point** and their **Source Light Energy Field** and connect them to and through the **Source Light Energy Field of Gaia**.

As with all healing modalities, you must have permission from your client/person to do this for them unless they are your children. If they are adult children, I would still ask permission.

Using the frequency cards is optional. You can use them to activate specific frequencies (as a divination tool, to see what is specifically needed), you can just add frequencies you think they need, or you can just activate all of them.

### **Using the Source Light Daily Connection Protocol for Someone in a Healing**

You will always want to do the Daily Connection Protocol before a Light Infusion Session. First you will want to do one for yourself to set yourself up for success with the Light Infusion session. This is separate from the one you do in the morning. It is specifically for the treatment you are going to do, but it is for you. This keeps you clear and on point as you do your session. I do these before a client shows up on zoom, in person, or on the phone.

Then as part of the Light Infusion Session, you will do one for the client. This is specifically for them. It connects them to their own soul and insures that you are using the light from their soul to do the Light Infusion session, so it doesn't draw anything from you.

- 1) I acknowledge and connect you to your **Source Light Center Point**.
- 2) I shine your **Source Light** through your **Golden Spiral** and activate your **Source Light Energy Field**.
- 3) I activate the frequency of safety, contentment, harmony, and healing.
- 4) I activate within your Merkabah the harmony of the original Sacred Geometries of this planet.
- 5) I activate all **Source Light Symbols** and the 60 light frequencies in your **Source Light Point**, your **Golden Spiral**, and your **Source Light Energy Field**.
- 6) I synchronize your **Source Light Point**, **Golden Spiral**, and **Source Light Energy Field** with the actuality of this Light Infusion.
- 7) I activate the harmonies of these geometries, outcomes, and frequencies within your **Source Light Energy Field**, and shine these energies into your world to bless everyone, everything, and every situation they meet.
- 8) I **connect you to your Source Light Energy Point and Source Light Energy Field and connect them to and through the Source Light Energy Field of Gaia**.



## Module 4 – Light Infusion Healing for Others

### Setting Up a Light Infusion Session for Someone

These sessions can be done on the phone, on zoom, or in person. The protocol is a bit different for in-person. The following are instructions for phone or internet. I have found the most enjoyable one to be on zoom as you can play music, and they can really relax in the session. However, all the techniques are effective.

Make sure you are prepared for the session. It is assumed that you have done your Daily Protocol that morning. You can also do one specifically for this session if you feel you need it. Have both the Daily Protocol and the Healing Protocol ready, along with the Source Light Symbol, and Source Light Frequency cards, separated and ready. If you are doing this online, you can record the session so the client can have a copy.

1. Talk with your client to get a sense of what they are concerned about and what they would like to see happen in and from the session. This usually involves a conversation, and you will want to take notes. Help the client be concise and clear about what they really want. This may take a minute. If they need help you can take them through the following exercise, which can be transformative in and of itself:

**To help them put words to their desired outcomes you can:**

- Ask them, “What do you need?” Needs reflect the physical level. Have them hold their low belly while tuning in and then stating “I need...” Intentions at this level are very powerful. Example: “I need to lose weight” reflects the negative physical consequences that being overweight has.
- Ask them, “What do you want?” Have them place their hands on their heart and ask what it yearns for and state “I want...” Intentions at this level reflect the emotional aspect of something. Example: “I want to be big in my life” could reflect the emotional aspect linked to being overweight.
- Ask them, “What do you intend?” This correlates to the mind and what actions they will take to support their intention. If a person has identified what they need and want and then states “I intend...” it activates their free will and choice. Whatever is after the “I intend...” is their desired outcome.

When they are clear on their desired outcomes, write them down, and read them back to them to make sure they are worded exactly the way they want. Then have them relax and get in a comfortable position and if you are using music (I like Nic Box), turn it on now. While they are getting comfortable, pull a Source Light Symbol card and muscle test for how many. Then muscle test to see if they need more, and do this process again if necessary. Pull their frequency cards now too. I usually pull seven of these. You can pull more or less. You can muscle test to see if they need more. Just remember that you are going to be taking pictures of them and sending them, so don't go crazy.

Once you have everything laid out, you are ready to begin. Try to keep your voice gentle and help the client relax into the process. Try to make it as much like a guided meditation as you can. You can have them place a hand on their heart as you do the connection protocol and help them connect with their soul. Then you just read the Connection Protocol:



- 1) I acknowledge and connect you to your **Source Light Center Point**.
- 2) I shine your **Source Light** through your **Golden Spiral** and activate your **Source Light Energy Field**.
- 3) I activate the frequency of safety, contentment, harmony, and healing.
- 4) I activate within your Merkabah the harmony of the original Sacred Geometries of this planet.
- 5) I activate all **Source Light Symbols** and the 60 light frequencies in your **Source Light Point**, your **Golden Spiral**, and your **Source Light Energy Field**.
- 6) I synchronize your **Source Light Point**, **Golden Spiral**, and **Source Light Energy Field** with the actuality of *this Light Infusion*.
- 7) I activate the harmonies of these geometries, outcomes, and frequencies within your **Source Light Energy Field**, and shine these energies into your world to bless everyone, everything, and every situation they meet.
- 8) I **connect you to** your **Source Light Energy Point** and **Source Light Energy Field** and connect them to and through the **Source Light Energy Field of Gaia**.

Then you will read the **Healing Protocol**:

- 1) I engage your **Source Light Point** and **Source Light Energy Field** to initiate and activate opportunities for healing, growth, and restoration.
- 2) I anchor (#) Source Light \_\_\_\_\_ Symbols (add in others if you are using more than one ie: 2 Expansion & 3 Air SL Symbols) at your three **Source Light Energy Centers**. At your Head, (pause to allow the frequencies to anchor), Heart (pause), and Sacral (pause), to hold and support the fulfillment of the following outcomes and frequencies:

Synchronizing with the actuality of: (Read their Desired Outcomes).

With the specific frequencies of: (Read the frequency cards you pulled for them).

**If you are going to perform another healing modality within this healing I like Reiki or some other form of energy work, do it now.**

- 3) I declare these outcomes to be so and infuse and integrate completion into my **Source Light Point**, **Golden Spiral** and **Source Light Energy Field**.

- 4) As these energies are activated and engaged, I close this infusion in the Light.  
So it is.

After the session is complete, you can tell the client that you will send the recording of the session along with their Desired Outcomes and the Cards we pulled for them. I usually take a picture of the cards and attach it with the recording and the list of Desired Outcomes. This way they can monitor the outcome of their healing process.

### **Doing a Light Infusion Session In-Person**

This is a bit different as you can allow the client to be more engaged in the process in certain ways, if you like.

You will begin in much the same way. Have a conversation with the client to get clear on their desired outcomes. Record them on a piece of paper or the Light Infusion Therapy form.

Then you can pull the Source Light Cards for them or have them pull the cards. First let them pull one card and muscle test to see how many. Record it on the Light Infusion Therapy Form. Muscle test to see if they need more, and if so, allow them to pull another, and follow this procedure until you have all their Symbols remembering only to do 2 or 3. Then let them pull their own frequency cards. Once again, within reason, as many as they want. Record them.

If you are using a healing table, I have them lay down, stand at their head and read the connection protocol. If they are just sitting in the room with you, you can just read through both protocols as suggested above.

If you are using a table, proceed with the Healing Protocol as follows:

- 1) Standing at their head, say: I engage your **Source Light Point** and **Source Light Energy Field** to initiate and activate opportunities for healing, growth, and restoration.
- 2) I anchor (#) Source Light \_\_\_\_\_ Symbols (add in others if you are using more than one ie: 2 Expansion & 3 Air SL Symbols) at your three **Source Light Energy Centers**. At your Head, (place your hands on either side of their head and pause to allow the frequencies to anchor), Heart (place one or both hands on

their heart, pause), and Sacral (place one hand above and one hand below navel, pause). Go back to their head and say: to hold and support the fulfillment of the following outcomes and frequencies:

Synchronizing with the actuality of: (Read their Desired Outcomes).

With the specific frequencies of: (Read the frequency cards you pulled for them).

**If you are going to perform another healing modality within this healing like Reiki or some other form of energy work, do it now.**

3) Go back to their head and say: I declare these outcomes to be so and infuse and integrate completion into your **Source Light Point, Golden Spiral** and **Source Light Energy Field**.

5) As these energies are activated and engaged, I close this infusion in the Light.  
So it is.

You can send the Light Infusion Form home with them so they can track their progress.

**Tips:**

- **You will not use your own energy in a Light Infusion Session.** As the energy of your clients becomes entrained to their own soul, the Light of their own Soul coupled with their conscious intent and desired outcomes will individualize the protocol and empower their free will and choice. They will begin to trust that they can direct the course of their life and healing through the connection with their own Soul's Light. The healing might not unfold like they imagined, but they will heal in unexpected and delightful ways. Most of all they'll begin to look forward to the new insights that come with the transformation. They'll understand the "why" of things in the bigger picture.
- You must have permission from your client/person to do a session on them, unless they are your children.

- If this is the first time someone is experiencing Light Infusion, you'll want to explain what to expect. This will be different for different clients, depending on where they are in awareness about energy and energy healing. Speak in terms of "feelings" and results versus energy geek language. Other times, people want to know the difference between Reiki and Light Infusion. Your clients are mostly interested in the results not the path that got them there.
- When working with others, wait for the energy to shift between each energy center when anchoring in their frequencies and desired outcomes.
- Do not give them a session while they are driving.
- Don't rush through the phases. Each session takes about 30-50 minutes.
- Be sure to invite them to observe how they feel right after the session and in the week to come. Help your clients monitor their healing:  
Tell them to watch:
  - What's inspiring them?
  - What are they creating?
  - Have they reached their desired outcomes?
- **Results can be:**
  - Accelerated
  - Lasting
  - Accessing higher levels of healing
  - Empowering
  - Enhanced results of other traditional or allopathic forms of healing
  - Decreased negative side of effects of drugs and allopathic treatments
- **Feeling states can be:**
  - Protected and connected (the Daily Protocol)
  - Quickening or uplifting
  - A deep-felt sense recognition or resonance (sacred geometry)
  - Empowered (Desired Outcomes clear and stated)
  - Bliss, joy or sense of accomplishment
  - A sense of lightness

## **Doing A Group Session**

There may be occasions when you want to do a Light Infusion for a whole group of people (for instance to enhance learning in a class or a group healing). In this case, you will probably want to prepare the Desired Outcomes yourself before the session. You can include the personal desired outcomes of the individuals in the group along with others that you want to include.

To do this you will simply plan the desired outcomes before the session (if you are doing it with the group) and do the session as you normally would, pulling Source Light Symbol and Frequency cards for the group, as well. If you are doing it out loud (in person or zoom) you will want to change the verbiage to include the whole group and not just one individual person. You can also play music and allow the whole group to “have a meditative experience.” You simply read both the Connection Protocol and the Healing Protocol out loud for the group.

## **Professional Certification**

Professional certification is available to those who complete the additional requirements upon completing the Practitioner Training.

Certified Light Infusion practitioners are expected to adhere to professional standards in the healing arts industry. If you are unclear about those guidelines, please download the professional guidelines as suggested by NCBTMB (National Certification Board for Therapeutic Massage and Bodywork). You can access their ethical code here: <https://www.ncbtmb.org/code-of-ethics/>

## **Follow Up Homework**

Certified Light Infusion Practitioners are required to do 5 practice sessions with others and have this confirmed via email to me at [three-feathers@hotmail.com](mailto:three-feathers@hotmail.com). In their email they can also give any feedback on their session and would they recommend you/the healing session to other people. Please have your 5 practice clients send the email as soon after the session as possible. (You can have them send it from your or their phone immediately following the session.) Upon completion of the 5 sessions, you will receive a Light Infusion Certified Practitioner Certificate.

## **Top 3 Things to Do after Class**

1. Continue to do the Daily Protocol
2. Do a Healing Session on Yourself and 5 Others
3. Practice Muscle Testing

## **What's Next**

- Light Infusion Templates ~ Part 1
- Light Infusion Templates ~ Part 2

## Appendix



### **SOURCE LIGHT DAILY CONNECTION PROTOCOL for others**

I acknowledge and connect (all of) you to your **Source Light Center Point**.

I ask that you open and shine your **Source Light** through your **Golden Spiral** and activate your **Source Light Energy Field** for this light infusion/day/activity.

I activate within your Merkabah the harmony of the original Sacred Geometries of this planet.

I activate all the **Source Light Symbols** and the 60 light frequencies in your **Source Light Point, your Golden Spiral, and your Source Light Energy Field**.

I infuse into your **Source Light Point, your Golden Spiral, and your Source Light Energy Field** the actuality of this **Light Infusion Treatment** or (State Desired Outcomes/other activity).

I activate the harmonies of these geometries, outcomes, and frequencies within your Source Light Energy Field, and shine these energies into your world to bless everyone, everything, and every situation you meet.

I ask that we connect individually to our personal **Source Light Points** and **Source Light Energy Fields** and that our fields connect to and through the **Source Light Energy Field of Gaia**.



## **SOURCE LIGHT TREATMENT PROTOCOL for others**

Do the Connection Protocol first. Determine the Desired Outcomes and Vibrations required for those Outcomes while connected to Source Light. **Proceed with treatment:**

I engage your **Source Light Point** and your **Source Light Energy Field** to initiate and activate opportunity for healing, growth, and restoration.

(Use pendulum or pull cards to determine Sacred Geometry Symbols and how many)

I anchor (#) SL Symbols at your three **Source Light Energy Centers**. (Head, Heart, Sacral) to hold and support the fulfillment of the following outcomes and frequencies:

Synchronizing with: (List Desired Outcomes)

With the specific frequencies of: (choose or pull cards)

(Insert other Healing Modalities here if necessary.)

I declare these outcomes to be so and infuse and integrate completion into your **Source Light Point, Golden Spiral** and **Source Light Energy Field**.

As these energies are activated and engaged, I close this Infusion in the Light.

And so it is.



# SOURCE LIGHT INFUSION TREATMENT PROTOCOL

## Record

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Do the Connection Protocol first. Determine the Desired Outcomes and Vibrations required for those Outcomes while connected to Source Light. **Proceed with treatment:**

**STATE:** I engage your **Source Light Point** and **Source Light Energy Field** to initiate and activate opportunities for healing, growth and restoration. (Pull cards to determine Sacred Geometry Symbols and muscle test how many)

Number of each Source Light Symbol used:

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**STATE:** I anchor (#) SL Symbols at your three **Source Light Energy Centers**. (Head, Heart, Sacral) to hold and support the fulfillment of the following outcomes and frequencies:

Synchronizing with the actuality of (desired outcomes:

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**WITH** Additional Frequencies added-

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**STATE:** I declare these outcomes to be so and infuse and integrate **completion** into your **Source Light Point, Golden Spiral** and **Source Light Energy Field**. As these energies are activated and engaged, I close this infusion in the Light. So it is.

## **Source Light Connection – Short Version**

I acknowledge and connect to my Source Light Center Point (my Soul)

I shine my Source Light through my Golden Spiral and Activate my Source Light Energy Field.

I choose the frequencies of Safety, Contentment and Harmony throughout this day.

I activate within my Merkabah the harmony of the original Sacred Geometries of this Planet.

I activate all Source Light Symbols and Source Light Frequencies.

I synchronize with the actuality of: \_\_\_\_\_

I shine these frequencies out into my world to bless everyone and every situation I meet.

I connect to my Source Light Point and my Source Light Energy Field and connect my field to and through the Source Light Energy field of Gaia.