



Light Infusion Therapy 201

Restoring the Connection with the Human Soul

Practitioner Training

Self-Restoration - Review

Module 2

Calling in Sacred Space~



Welcome the Sacred...





Review & Overview

- We just learned:
 - Light & Dimensional Concepts
 - The Anatomy of your Source Light System
 - Source Light Energy Fields & The Electromagnetic Field
 - Muscle Testing
 - The Connection Protocol
- Now we're going to learn:
 - Re-structuring your 2nd Dimension
 - The Process of Restoration
 - The Light Infusion Protocol
 - Additional healing protocols



Light Infusion to Activate the System

- Soul Connection
- Gentle and easy learning
- Understanding the Source Light Infusion Protocol
- Your intentions for today

Your 2nd Dimension

This is another process of this modality that we haven't really discussed that much but one you need to understand. We are literally rebuilding and restoring your 2nd dimensional field. Because we have never known that much about it or that it even existed, we haven't given it much care. I personally think that this contributes to the empathic emergency on this planet. Our personal second dimensions are ripped to shreds because we never knew they existed!

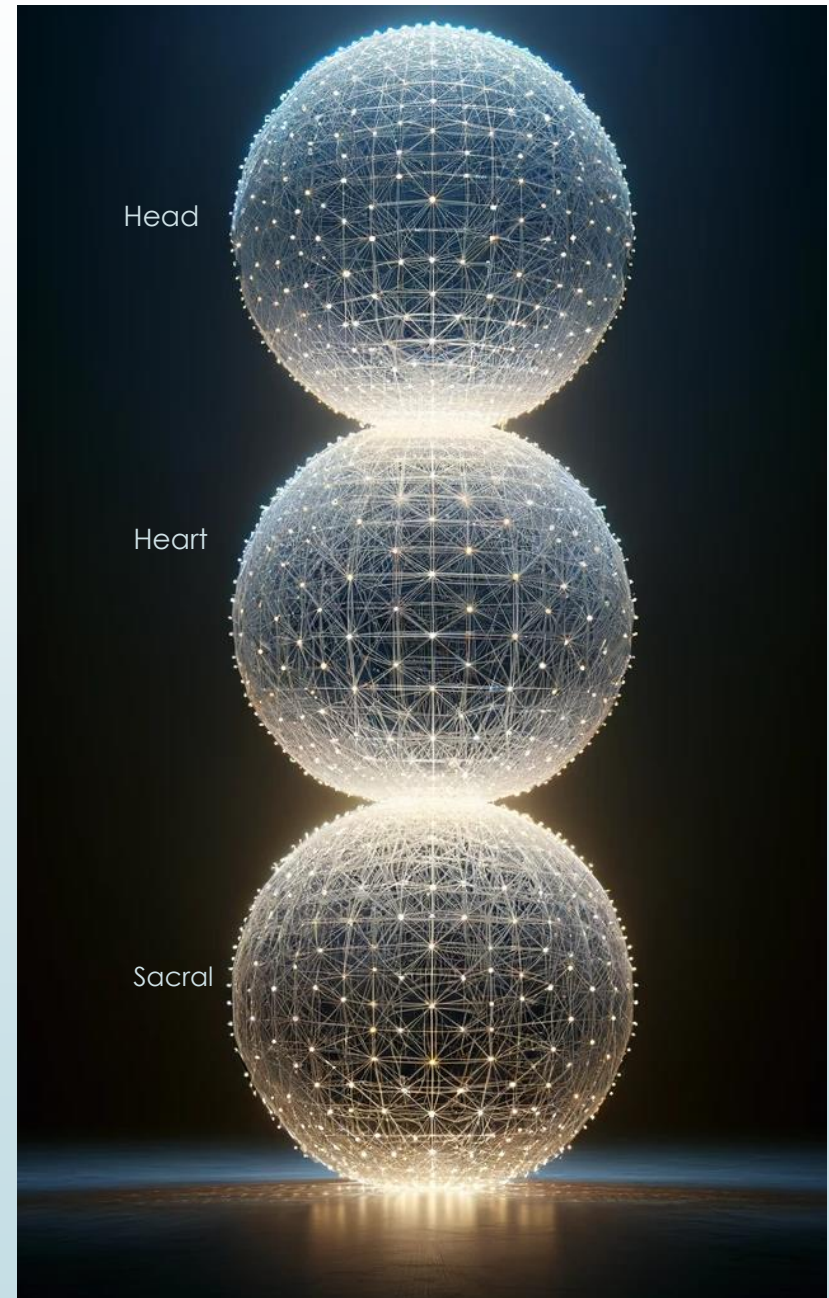


Rebuilding Our Source Light Energy Field p. 13

We refer to our 2nd Dimension as the Source Light Energy Field around our bodies. (You can also think of it as your 2nd Dimensional Light Body.) This field has probably been very damaged, mostly from lack of use and care, simply because we did not know it existed. . It is truly a protective covering and our connection to the BIG SOURCE Light we originate from.

As we learned in our study of the 2nd Dimension, by paying attention (through the guided meditations provided in Source Light School and as a bonus in this class), we can restore it and begin to work with it. We will use it as we begin to manage our field and begin our Light Infusions.

(The restoration in others begins as you do the light infusions and place frequencies in this field.)





The Three Energy Centers ~ The Three Brains p. 14

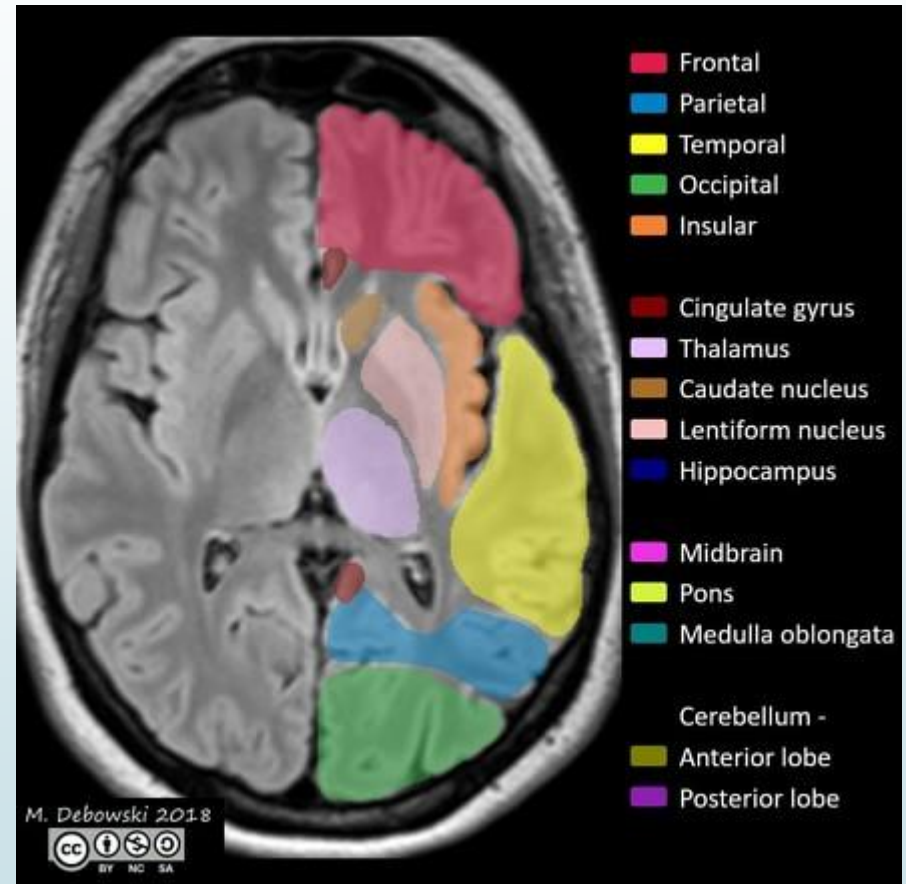
In restructuring the 2nd Dimensional Energy Field (our Indra's Net) we focus on the **3 main original energy centers** rather than the chakra system. As mentioned earlier, the chakra system is a construct of the third dimension made for the specific intention to bring more energy into the physical system. The three main control centers, known in esoteric circles as the dantien, are connected to almost all of your dimensional selves and are the main control centers or brains of all the systems of your body.

We can refer to them as

- The Head Brain
- The Heart Brain, and
- The Gut Brain

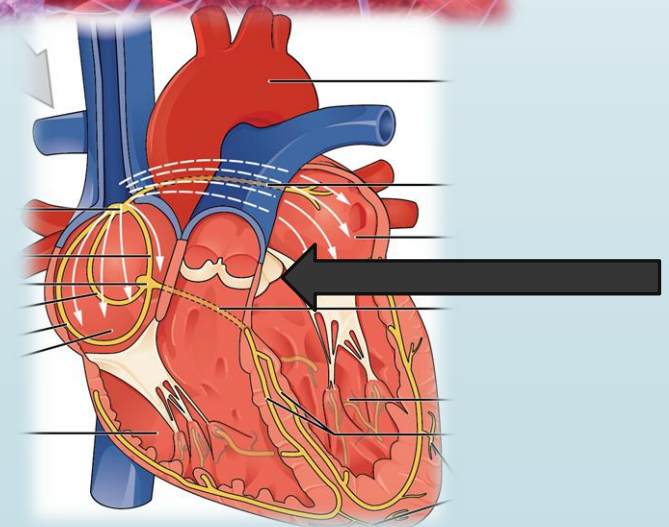
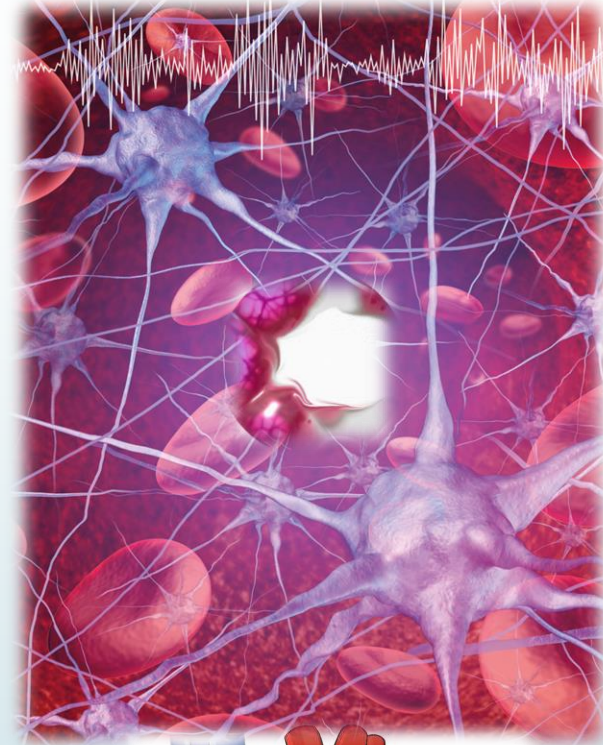
The Head Brain p. 14

- Associated with the 3rd eye chakra; element of light; insight, creativity and intuition
- Its very center is known as the Cave of Brahma and can be located in the very center of the head
- Using the third eye and the top of the head as a guide, beams of light connect this center to your 2nd dimensional energy field.



The Heart Brain p. 15

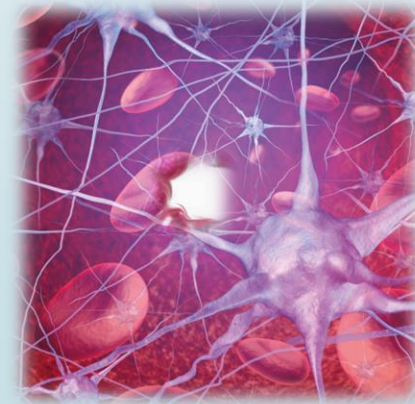
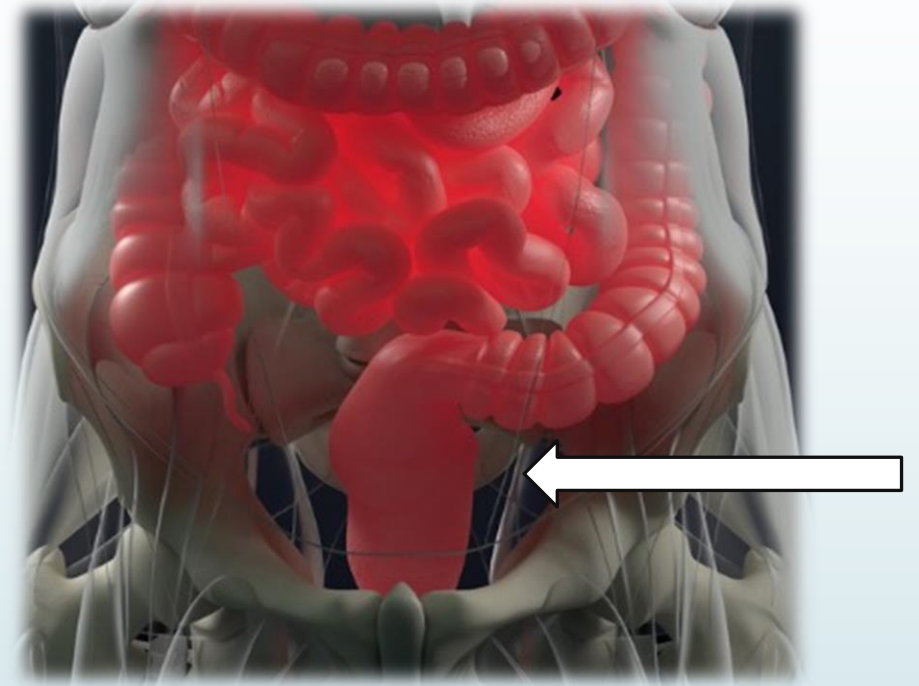
- Associated with the heart chakra; love; giving and receiving; the 5th element (holds all elements); empathic knowing
- There is a fifth chamber (a small empty space) located in the center of the heart as well.
- Using the heart and a measure of about 3-4 inches beneath the arm, beams of light also connect this center to the 2nd dimensional energy field.



The Gut Brain

p. 15

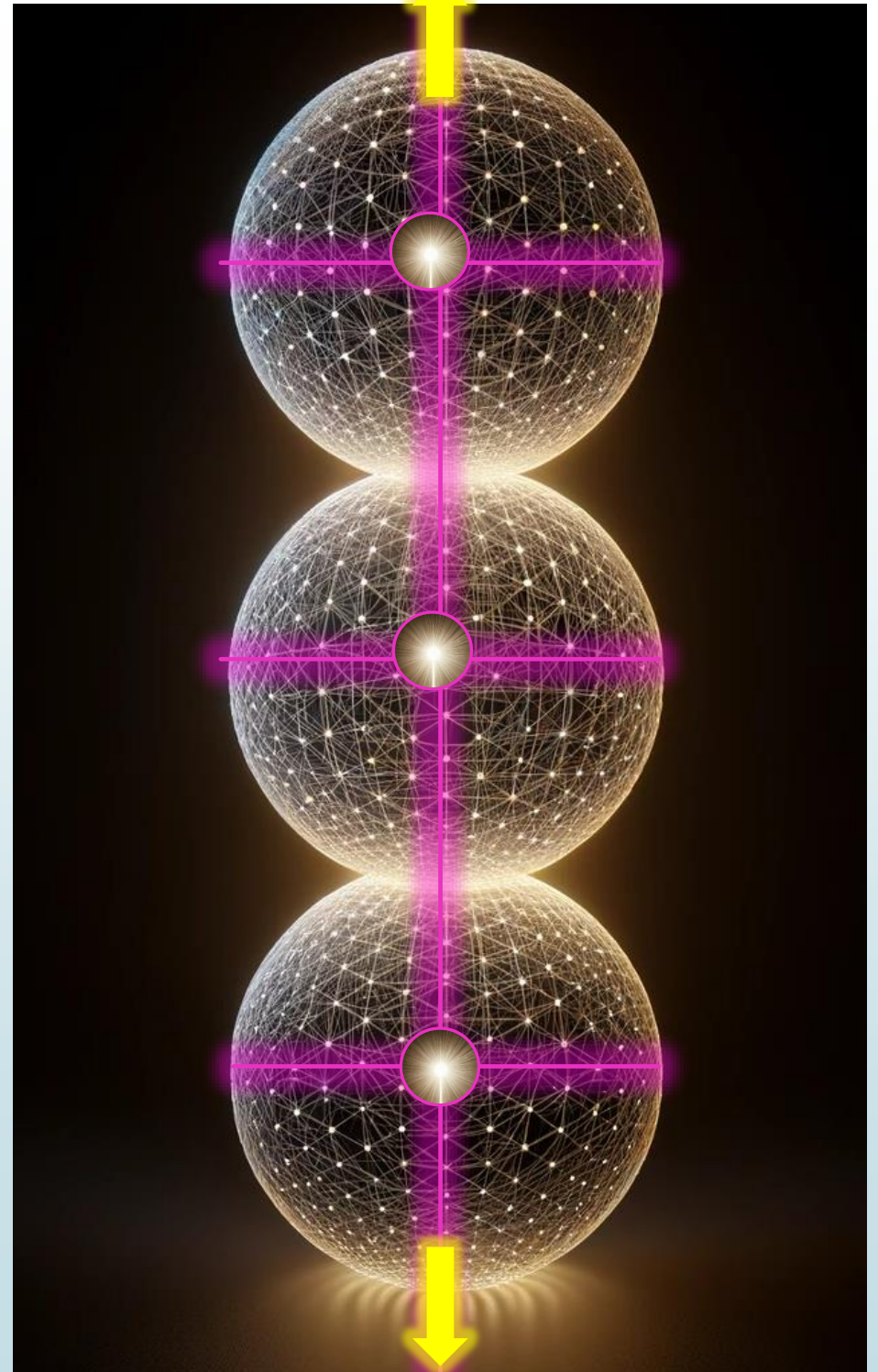
- Associated with sacral chakra and low belly; creating and manifesting in the physical; collaborating; energetic flow; embodied knowing; element of water
- Located in the center of the low belly, a beam of light connects this center to the 2nd dimensional energy field through the center of the low belly and a line right at the joints of the hip bones.



Your 2nd Dimension

This is a general representation of the energy field we are building around these places in the body.

- Notice that each inner “brain” is connected to the grid in 6 directions, and all are connected through the central pillar (Golden Spiral).
- Notice that your golden pillar is connected up to your Source Energy and below to Earth’s Source Energy.



Your Restoration Journey p. 28

- This process will lead you on a journey of self-discovery and healing like you may have never experienced before.
- Remember you are awakening systems that have been dormant for centuries.
- It has been our experience that this transformational experience follows the same path as most but is usually a bit gentler.
- ***The goal is always balance***...coming back to the middle way....at...
- Higher levels of order and organization of light
- Higher levels of energy
- New levels of consciousness and understanding...“Ah ha” moment
- Has 3 distinct steps

Step One | Connecting p. 28

- Connecting to and activating your Source Light Point and Source Light energy field.
- You begin to access much more Life Force and higher frequencies of consciousness come online.
- This allows you to release fear on all levels.
- Feels relaxing, up-lifting to the mind and emotions.



Step Two | Synchronizing p. 29

- You begin to allow your energy field to synchronize with the higher vibratory energies of Sacred Geometry blended with your Desired Outcomes.
- This can be a gentle movement unless it begins to shine through some unhealed trauma. If this happens, use your trauma clearing tools (Ho'oponopono & EFT are good ones.) to clear in the moment as often as you can.
- This step utilizes **the seven Source Light Symbols (sacred geometry shapes)** that combine their own frequencies with those that you added, along with your Desired Outcomes, **to hold and contain the frequency** and allow your Source Light Energy Field to begin to synchronize with it.



The Source Light Symbols ~ “Packed Thoughtforms” p. 18-19

► Origination ~ Source Point

- Reconnect with God Spark
- Heart Balancing;
- Body Calming



► Expansion ~ Sphere

- Expansion
- Incubating
- Holding
- Nurturing
- Growth



The Source Light Symbols ~ “Packed Thoughtforms” p. 18-19

➤ **Structure ~ Cube**

- Element of Earth
- Balancing
- Structure & Form
- Remembering Essence



➤ **Flow ~ Icosahedron (20 sides)**

- Element of Water
- Higher level of Emotions
- Energy Flow



The Source Light Symbols ~ “Packed Thoughtforms” p. 18-19

➤ Synchrony ~ Octahedron

- Element of Air
- Rhythms, seasons, cycles
- Right Timing



➤ Creation ~ Tetrahedron

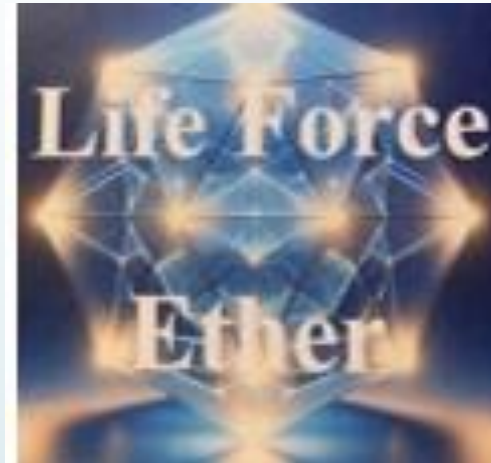
- Element of Light/Fire
- Health & Vitality
- Enlightenment



The Source Light Symbols ~ “Packed Thoughtforms” p. 18-19

► Life Force ~ Dodecahedron (soccer ball)

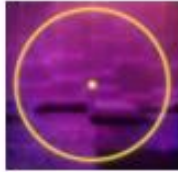
- Love
- Includes ALL Light Symbols
- Repairs the blueprints



Packed Thought-forms

All of these are basic Sacred Geometric shapes, what some call “packed thought-forms,” which means they carry their own “medicine” or information and will support the process in a particular way. Knowing what they do will help your head brain understand what is going on and what else may be needed for the outcome to come into form.

BASIC LIGHT SYMBOLS



Origination

SOURCE POINT

- *Reconnect with God Spark
- *Heart Balancing
- *Body Calming



Creation

TETRAHEDRON

- *Element of Light
- *Health and Vitality
- *Enlightenment



Structure

CUBE

- *Element of Earth
- *Balancing
- *Structure & Form
- *Remembering Essence



Life Force

DODECAHEDRON (soccer ball)

- *Ether
- *Love
- *Repairs Blueprints
- *Includes all Light Symbols



Synchrony

OCTOTAHECRON

- *Element of Air
- *Rhythms, seasons, cycles
- *Right Timing



Expansion

SPHERE

- *Incubating
- *Expansion
- *Holding
- *Nurturing
- *Growth



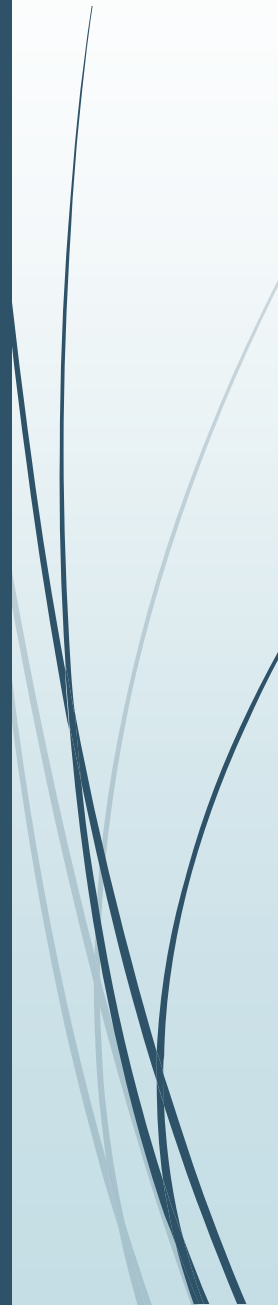
Flow

ICOSAHEDRON (20 sides)

- *Element of Water
- *Higher Level of Emotions
- *Energy Flow



The Source Light Frequencies p. 20-23

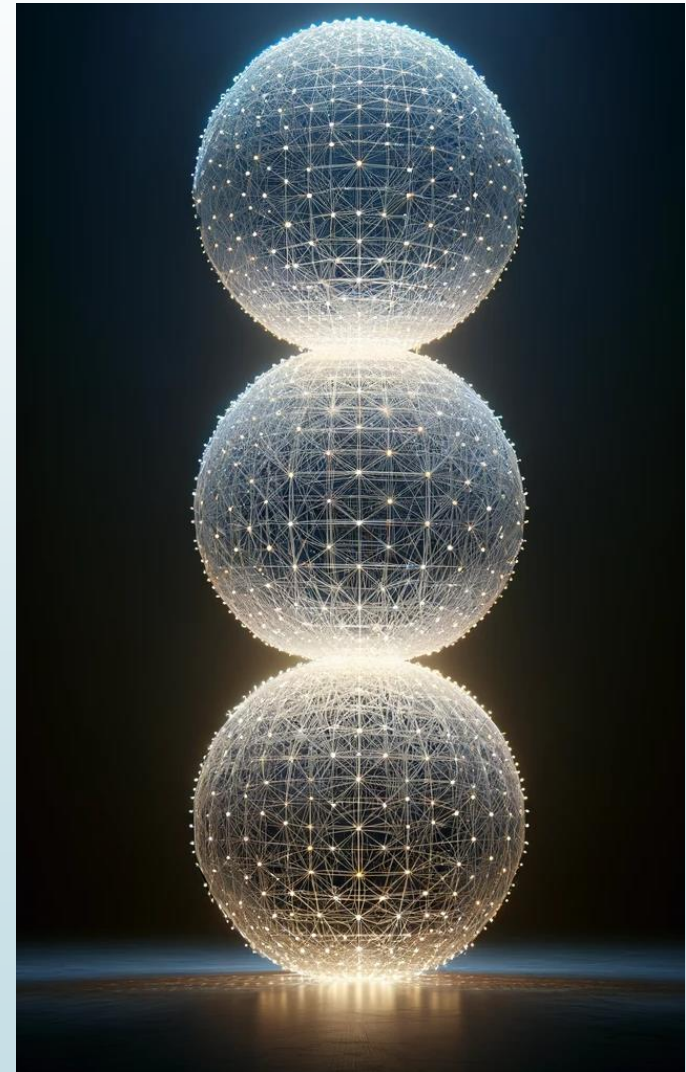


The Source Light Frequencies are high vibrational states that we can use to assist us in moving ourselves into the space of the desired outcomes that we would like to see manifest in our bodies, our outside circumstances, and our world. By placing them strategically in our 2nd Dimensional Source Light Energy Field, we can use them to synchronize our vibration to the frequency of our desired outcomes.

The Mechanics of What we are doing... “Decorating the Net”

In the Second Step, Synchronization, we...

- Determine *which, and how many* **Source Light Symbols** are going to be the “Packed Thoughtforms” or “containers” that “hold our desired outcomes, and other added frequencies we may choose;
- We place them in our “net;”
- We place our desired outcomes and other frequencies in them;
- Allow our Source Light Energy field to shift our vibration as we watch what feels like miracles happen.



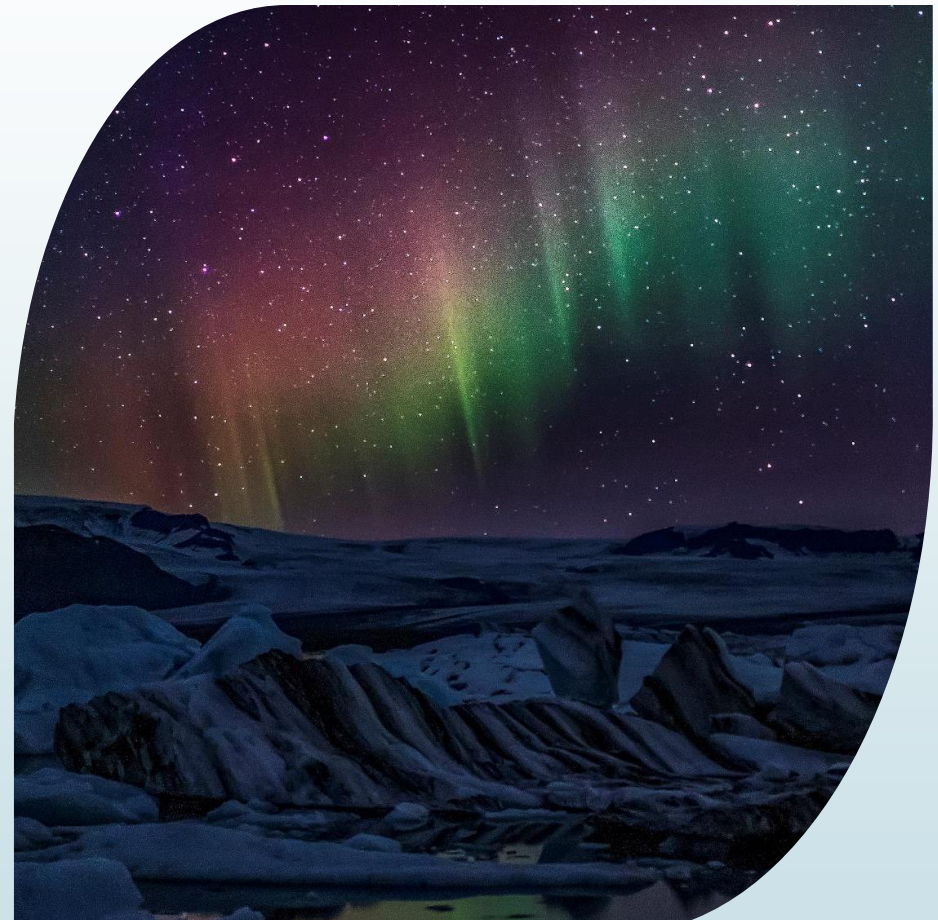


How do we know what to synchronize with?

1. **REMEMBER: YOUR BODY ALREADY KNOWS!
(Gut Brain)**
2. Review your desired outcomes. Ask yourself,
“Is this what I REALLY want?”
“What do I want to feel?”
“Will this accomplish that?”
3. What frequencies do you think you need?
4. Pull cards.
5. Muscle test.

Step Three | Completion p.29

- The End of the Restorative Cycle.
- To complete the session and bring it to right closure there is a final phase called Completion.
- This ensures the energy shift or healing becomes a permanent, new level of expression.
- You are back to balance...to stasis.





What the Light Infusion Protocol is designed to do...

- ▶ Give you a vehicle to connect with your soul and make conscious adjustments in your daily outcomes by actively adjusting the frequency of your 2nd Dimensional Self.
- ▶ Build and grow your capacity to receive, hold and digest more light in your physical body.
- ▶ Uplevel your vibration with frequencies of your own choosing.

What we are growing is tangible and measurable. ***This isn't woo-woo, it is Science!*** It is the same energy found at power sites all over the planet. We can cultivate that in our own bodies. We are literally initiating the Golden Age in our own bodies!



Review of the 3 Steps



CONNECT

SYNCHRONIZE

COMPLETE

The Source Light Infusion Protocol p. 25-27

Do the Connection Protocol first. When doing the Connection Protocol, ***at the point of stating desired outcomes, state, "Light Infusion."*** Determine the Desired Outcomes and Vibrations required for this infusion treatment while connected to Source Light. **Then, proceed with treatment:**

1. I engage my **Source Light Point** and **Source Light Energy Field** to initiate and activate opportunities for healing, growth, and restoration.
2. Use pendulum, muscle test, or pull cards to determine which Sacred Geometry Symbols and how many)
3. I anchor (#) SL _____ Symbols at my three **Source Light Energy Centers**. (Head, Heart, Sacral) (Muscle test to see if you need more. If so, repeat this step.)

I ask that these symbols hold and support the fulfillment of the following outcomes and frequencies:

Synchronizing with the actuality of: (List Desired Outcomes).

With the specific frequencies of: (choose or pull cards)

4. I declare these outcomes to be so and infuse and integrate completion into my **Source Light Point, Golden Spiral** and **Source Light Energy Field**.
5. As these energies are activated and engaged, I close this infusion in the Light. So it is.



SOURCE LIGHT TREATMENT PROTOCOL

Do the Connection Protocol first. Determine the Desired Outcomes and Vibrations required for those Outcomes while connected to Source Light. **Proceed with treatment:**

I engage my **Source Light Point** and **Source Light Energy Field** to initiate and activate opportunities for healing, growth and restoration.

(Use pendulum or pull cards to determine Sacred Geometry Symbols and how many)

I anchor (#) SL Symbols at my three **Source Light Energy Centers**. (Head, Heart, Sacral) (Check to see if you need more. If so, repeat)

I ask that these symbols hold and support the fulfillment of the following outcomes and frequencies:

Synchronizing with the actuality of: (List Desired Outcomes).

With the specific frequencies of: (choose or pull cards).

I declare these outcomes to be so and infuse and integrate completion into my **Source Light Point, Golden Spiral** and **Source Light Energy Field**.

As these energies are activated and engaged, I close this infusion in the Light.

So it is.



Track Your Progress...p. 26-27

- ▶ Most find this process easier to do if they write down everything as they go. Then they have a record of it and can keep track of their progress. There is one in the manual and one in handout form.
- ▶ Try doing a **Light Infusion**, and then track your progress. Begin with only 1 or 2 desired outcomes and see how it goes. When you complete those, try doing another one.
- ▶ Remember, every time you do one, you are infusing more LIGHT into your system, directly from ***your own connection to SOURCE as you personally understand it.*** It is very supportive to feel **UNCONDITIONAL LOVE coming directly from SOURCE to you** as you move through the process. It is a tangible way of connecting with the Divine.



SOURCE LIGHT INFUSION TREATMENT PROTOCOL Record

Date: _____

Name: _____

Do the Connection Protocol first. Determine the Desired Outcomes and Vibrations required for those Outcomes while connected to Source Light. **Proceed with treatment:**

STATE: I engage my **Source Light Point** and **Source Light Energy Field** to initiate and activate opportunities for healing, growth and restoration. (Use pendulum or pull cards to determine Sacred Geometry Symbols and how many) (Muscle test if you need more. If so, repeat)

Number of each Source Light Symbol used:

STATE: I anchor (#) SL Symbols at my three **Source Light Energy Centers**. (Head, Heart, Sacral) I that these symbols hold and support the fulfillment of the following outcomes and frequencies:

Synchronizing with the actuality of (desired outcomes:

WITH Additional Frequencies added-

STATE: I declare these outcomes to be so and infuse and integrate **completion** into my **Source Light Point, Golden Spiral** and **Source Light Energy Field**. As these energies are activated and engaged, I close this infusion in the Light. So it is.



Supporting Desired Outcomes...

There are some “Desired Outcomes” that may need a bit of support as you are shifting very deeply rooted belief systems. Here are some ways, I use:

- Tracking
- Visual Reminders
- Prayer – Affirmations
- Clearing “stuff” (on all levels)

Tips p. 29

- Do a session on yourself.
- Be sure to state desired outcomes as if it is in present time. For instance: Synchronize with “having cash” or “knowing and feeling love” rather than manifesting an outcome.
- Keep track of your session, using the handout or a journal.
- While synchronizing is taking place, pay attention to the shifts. Don't try to hang on to what may be trying to leave.
- Use your “Supporting Desired Outcomes” tools.

OTHER OPTIONS...

- Use with other healing modalities
- Get creative with your desired outcomes
 - Restore and repair” your 2nd Dimensional Field; (this would be worded, “Synchronize with a Fully Restored and High Functioning 2nd Dimensional Field.”)
 - Clear and synchronize your Three Brain System so it is fully functional;
 - Manage your life from your Wisdom Center; or
 - Upgrade your physical body to digest more Galactic Light with grace & ease.

What to do after class... p. 29-30

► **START PLAYING!**

► **3 Things to Do After the Program**

- Do the Connection Protocol in the Morning and Evening.
- Do a Light Infusion Session on Yourself.
- Track your progress.

► **What's Next**

- Light Infusion Templates
- Light Infusion 201 ~ Sharing with Others

► **LIGHT INFUSION**



Light Infusion

Gratitude Ground & Close

