



Advantages of connecting with your Soul – Your I AM Presence...

You begin to make decisions from your wisdom not your fear.

You decrease the vibration of panic in your creations.

More confidence.

You aren't afraid anymore.

You begin to learn REAL TRUST

You begin to manage your life better.

Things just get easier.

Life gets more fun.

You can't wait to get up.

You are excited for each new day.

Life has sparkle again.

Creativity just keeps coming!

Ways to plug in and stay connected...

Put your hand on your heart and drop in...meditate. Talk to your soul. Have conversations. Journal with your soul. Ask your soul every day, "Who am I?" and write down 3 attributes of you today.

Talk to your Source Light Energy Field and your cells, ask them what they need, and is there anything they want you to know.

Clear trauma.

MADE FOR MIRACLES CLASSROOM: <https://www.celestialforestinstitute.com/copy-of-made-for-miracles>

Email Suzette at suzettedms@gmail.com (Elizabeth Wood's Assistant) and ask for Free Trauma Healing Information

Read the Daily Connection Protocol EVERYDAY!

Get a Soul Story session with **Cheryl Prince** or do her free guided meditation here:

[SOUL ACTIVISM WORKSHOP | 5D Theatre](#)

Her private sessions are very reasonably priced and even one may be all you need. Or do her free guided meditation. I did a session, then the free meditation and that was my doorway in...

The SACRED GEOMETRY SERIES with Robert Gilbert on GAIA is a great resource.

Do the Long Form of the Meditation daily to connect with both 1st and 2nd Dimensions. Here's the link:

<https://sacredrhythms.s3.us-east-2.amazonaws.com/SLS+Long+form+meditation2+audio.m4a>