



Source Light School Year 2 – Module 8

With Kathy Forest

Calling In Sacred Space...

Open to receive...



Agenda

- CHECK-IN
- REVIEW
- LEARNING ABOUT THE 8TH DIMENSION
- TOOLS
- RESOURCES



Check-In

- EXPERIENCES & QUESTIONS



My Goal today is to...

Help You Stay Connected to Your Soul...

Review the First, Second, Third, Fourth, Fifth
Sixth & Seventh Dimensions

Begin learning about the 8th Dimension.

Continue to help you re-build your energy
body (Your own personal Indra's Net) so it is
functional and does what it is supposed to
do...Give you a direct line to Source!

Meditation today: Visiting Angels

First...we remember

THE MOST SACRED, THE MOST PRECIOUS OF ALL OUR DIMENSIONS ARE OUR...

- 1ST DIMENSION, OUR SOUL, located in our heart; and
- 2ND DIMENSION, The Protective Membrane that surrounds us and our electromagnetic field, and gives us access to SOURCE ENERGY AND WISDOM, AND all the other beings out there...at all times...period.

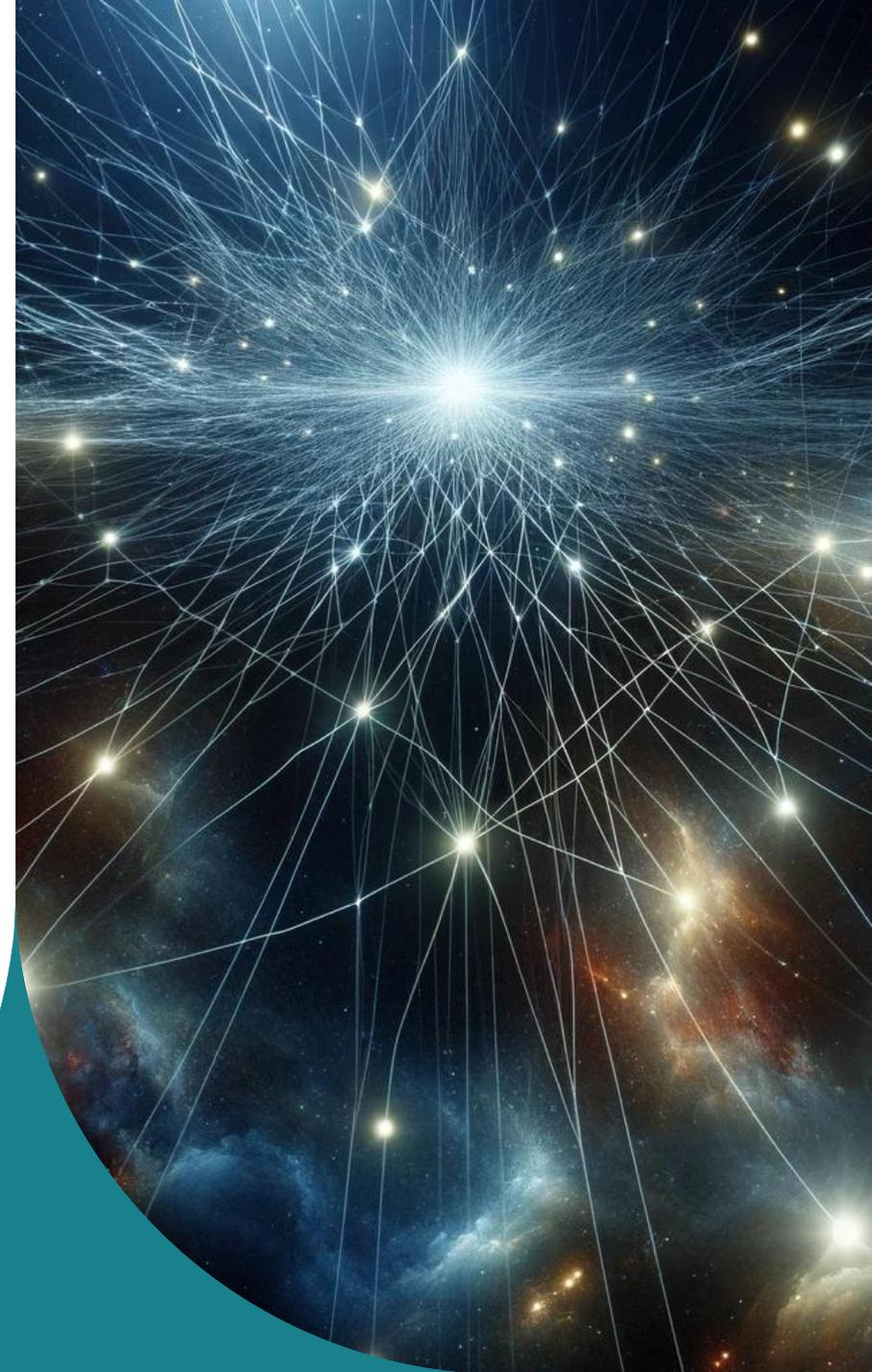
THEY ARE STRATEGIC IN EMPOWERING OURSELVES TO TAKE CHARGE OF THE UPLEVELING OF OURSELVES AND THIS PLANET.

- Our 3RD DIMENSION, our physical body and world is the playground in which we get to experience all these, and the place where we can actually do our work in the physical and see a physical outcome.
- Our 4TH DIMENSION contains all the extra fun tools we can use to make our experience of the 3RD more enjoyable.
- Our 5TH DIMENSION is the realm of ALL possibilities...tread carefully!
- Our 6TH DIMENSION is the Hall of Archetypes!
- Our 7TH DIMENSION is the Level of Angels & Demons



The Gifts of these Dimensions...

- *1st DIMENSION – Endless Prana*
- *2nd DIMENSION – Connection and Equanimity – which means we are not ALONE, and we are TOTALLY ACCEPTED*
- *3rd DIMENSION – Physical Experience*
- *4th DIMENSION – The Power to Create Reality*
- *In order to move forward, we need to be solid in at least the first 3 and practiced in 4.*
- *5th DIMENSION – The power to choose... any possibility*
- *6th DIMENSION – Access to ALL Archetypal Information*
- *7th DIMENSION – Access to Divine Help & Information*



The 8th Dimension ~ The Realm of Light

This is the first realm where we move out of the realm of Duality!

We have just moved from the most complex dimensions where we have been established and anchored. The first and second, and even the third were pretty simple. But as we progressed, the dimensions begin to be more and more complex as we go.

But now it begins to become simpler again, but first we had to understand duality. Half of the dimensions are based in duality. And as we learned in the seventh, duality is necessary for physical existence to happen. And all of the parts on the continuum are necessary. They are not at battle, they are just different spots on the continuum, and because they exist, we get to have this physical experience. I hope by now you are beginning to see what a very complex and powerful being you really are. *THERE IS NOTHING IN THE UNIVERSE LIKE YOU!*



So why go to the 8th Dimension?

We can discover parts of ourselves that may have been hidden from us...

When we encounter these beings and they mirror back to us, they may show us things about ourselves that we weren't aware of..

Example: Leslie and other experiences last week

These beings have full capability of showing us our subconscious. We have to spend a minute deciphering what they are showing us. But it is usually obvious. Remember everything they do is a reflection of us.

So, they are very compassionate beings that can show us hidden pieces of ourselves that we may not know or be aware of, both the positive and those things that we may hold deep in our subconscious that we need to bring up to heal.

We may not be aware of these things in our subconscious, yet everything around us is reacting to it.



More...

So, you may want to go and ask to be shown (certainly not all) but maybe one prominent thing that you are totally unaware of, but that other people in your world respond to all the time...

This can help us begin to both understand and ferret out the repetitive experiences that continue to frustrate us, like

- Why am I always attracting these kinds of people or events into my life?
- Why does _____ keep happening.
- Why can't I ever hold on to money?
- Why has my life seemed so hard?



You can also play here!

If you mirror joy and love in this dimension, that will also get mirrored back to you in all kinds of different ways. I know some of you were overcome with emotion last week at just getting to be there. This is part of that mirroring process.

It is a very positive and pure way to raise your vibe by being around beings like this.

They have no Intentions like what we are used to in the duality dimensions. **They are not “seeking out other energies LIKE them.”** They don't need to. They are fully embodied of all that is available in light. They are just here to maintain their frequency without judgement. They do not have any concept of disagreement or misunderstanding.

You can't be lied to here. But YOU CAN IN 3-D. So, hear this:

If you orient yourself to third dimension, you will be lied to a lot! And you may believe it. **If you anchor in your Soul, your WISDOM will always know, and you will know when someone is being truthful.**



REMEMBER WE ARE MOVING
TOWARD THE LIGHT. AS WE
MOVE INTO A PLACE IT
LOOKS TOTALLY
DIFFERENT...LIKE SOMEONE
TURNED THE RAINBOW INTO
A HUGE BEAUTIFUL WORLD!



There is every different quality of light here that you can imagine. For every frequency, there is a different quality of light. Each frequency is full of information and data that is unique to that frequency.

There are beings here for every different quality. And you may find yourself drawn to different frequencies or qualities because you too are of that same quality. There will be places that feel more like HOME than others.

There are also qualities that are totally different than you. But they won't feel like evil or darkness, they won't feel bad, just different.



Everywhere you go there are different qualities of light. **This place has no good and evil. There is no duality in the 8th dimension.**

It is a place of **information and purity. We have ended duality.** This is a place ruled by ***oneness***. It is where all the wisdom, all the power, and all the knowledge of reality exists simultaneously.

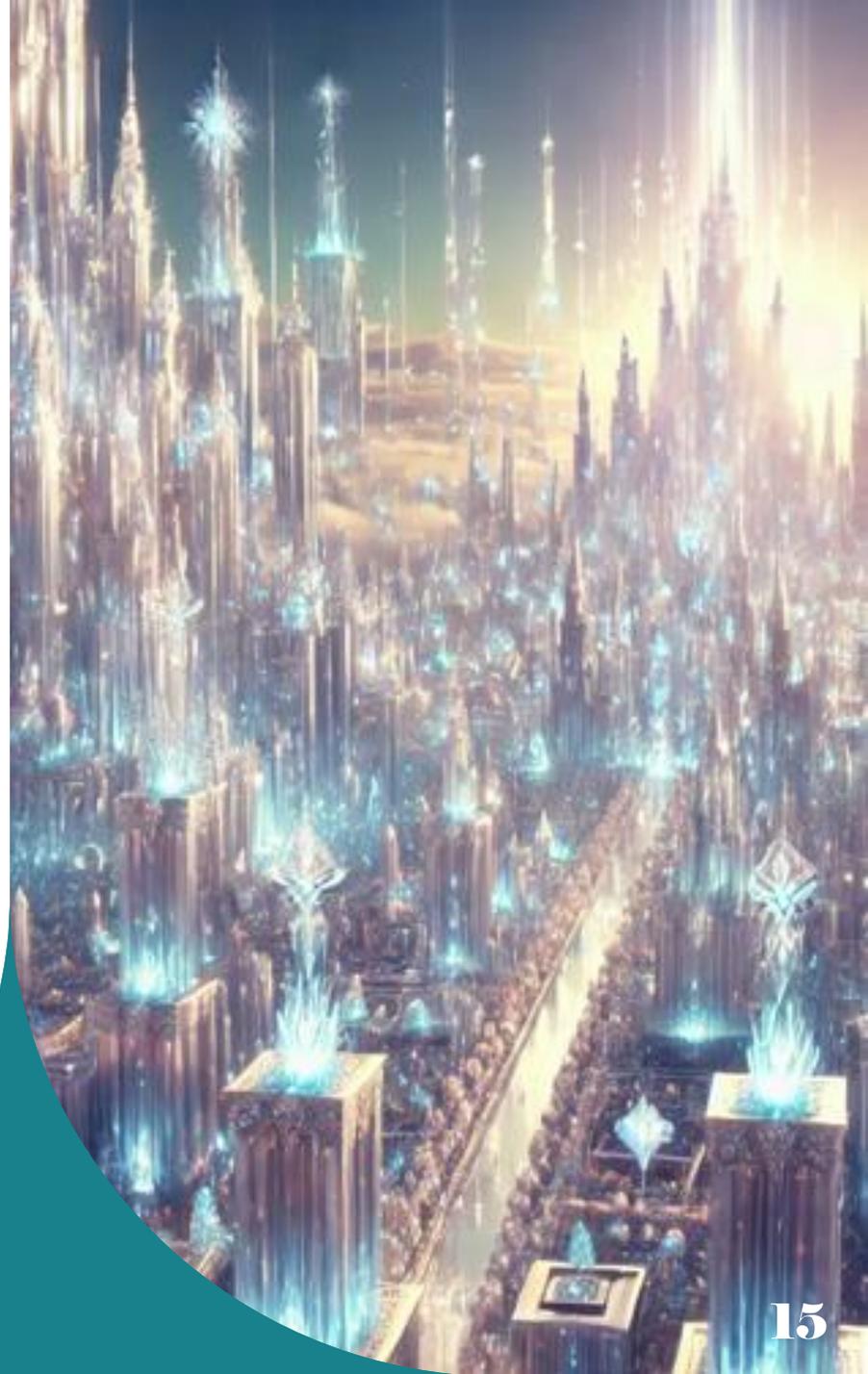


All qualities of Light offer certain qualities of wisdom and knowledge.

This is the TRUTH of this dimension.
This is a place of undistorted knowledge and wisdom. It is not tainted by anything.

This is important because you too offer a certain quality of light out to the Universe through your essence.

Your essence has a place in this Kingdom of Light.



THIS IS A PLACE OF PERFECT COMMUNICATION BECAUSE THERE IS NO DISTORTION, OR ANY SORT OF ANY SORT OF HIDDEN MEANINGS.

THERE'S NO MISUNDERSTANDING. THE PHRASE "IT IS WHAT IT IS" IS VERY LITERAL HERE.

IT IS A PLACE OF TOTALLY UNDISTORTED KNOWLEDGE AND WISDOM.



The beings here are made of light. They can and will communicate with you if you want them to. ***They will react and respond to your emotion.*** They have the full capability of having access to your subconscious. So, if you are afraid, they may try to show up as something that scares you. Nothing really scary but they will mirror back to you what you are feeling. However, if you approach them with kindness and curiosity you will find they can be very helpful. They can heal you of certain maladies.

They can show you things about yourself that you might not realize. They have the ability to mirror that back to you in different ways.

When you show them joy, kindness, love and compassion they will give it back to you in beautiful ways.



These beings do not seek out frequencies like themselves like those in the 7th dimension, because they don't need to. They fully embodied of all that is available in Light.

The light people are not here to learn or seek out anything. They are here simply to maintain. They aren't going anywhere. They aren't coming to the 3-d or help or harm anything like what we might see Angels and Demons do.

If they are ever called to another realm for help with something, it is because they can maintain a high level of knowledge and wisdom without judgement and maintain it just for its availability in consciousness – nothing more, nothing less.

They do not have any concept of disagreement or misunderstanding. This is a place of transparency. YOU CAN BE DECEIVED IN THE 3-D. But not in the other realms and especially not here.



Other beings that like to live here are **Dragons**.

Dragons like to live here because they are obsessed with knowledge and wisdom, and this is the place to come for that.

If you see them, you will notice that they may emanate a certain color. This is because they are emanating a certain quality for frequency of knowledge.

You might think that in the 8th dimension, things would get less structured. But there are entire cities of all the different colors you can imagine.

There are entire libraries of knowledge and information for one quality of light.

This is a place where you can begin to understand your own quality of light and begin to know your own quality of knowledge and wisdom that you are here to emanate to the universe.



This is a place where you can go to recognize your own quality of wisdom and knowledge...It is a place where you can go get to know yourself.

When you get here, you move way out of the movie of your 3-d life and you realize that you are heading back to ***YOURSELF...YOUR TRUE SELF—YOUR PLACE OF ORIGIN.***

Your understanding of reality is unique. In this place, like all the others, there is every different quality imaginable. ***But here, you will find some that feel like home.*** It will remind you of where you came from. It will remind you of what you came to bring.

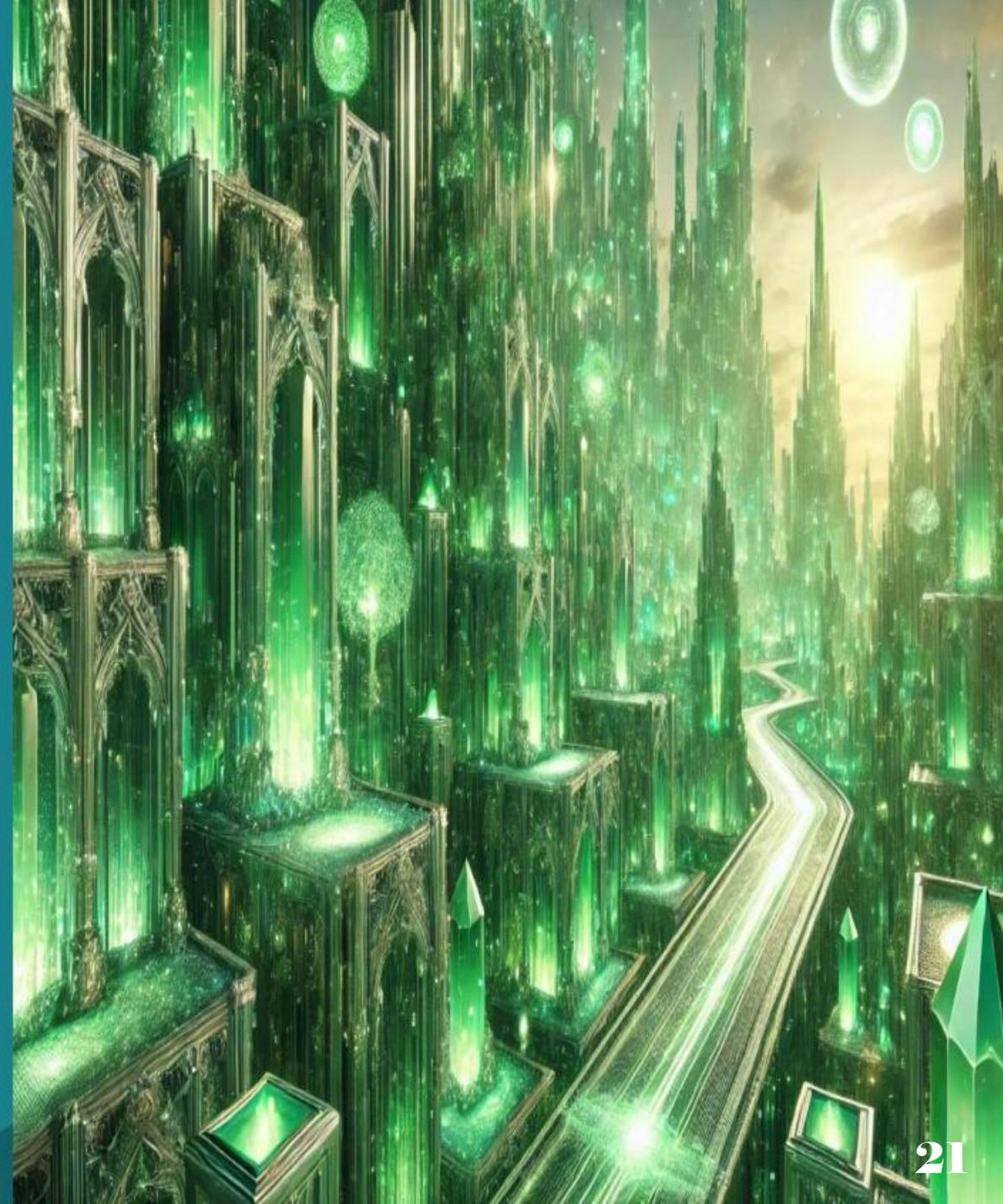


So think of what you have at your fingertips, now.
You can go to the 8th Dimension and attain
PURE WISDOM on any topic you choose.

And you don't necessarily have to take it all in with
your mind, or journal, or write down everything
so you will remember it.

You will be walking these halls using your 4-D
tools, your imagination, so you will literally be
there in your LIGHT BODY. Your light body will
absorb the information. Think of what is
possible for you, if you choose to utilize this
tool!

And you will absorb wisdom probably underneath
your conscious awareness, but you will have it!
It will come to your aid when you need it. It will
just pop up like you knew it all along.



This is a place where you can also drop what you think you know about yourself. Drop all the stories you have been told about yourself and how the world is and find out the truth.

You can drop all the lenses that others see you through, the ones you look through, and most importantly the ones you look at yourself through. You can see the TRUTH here.

This place opens up the mitochondria, it opens up your DNA. Here we can lay it all out and let it be fully seen, understood, and cleared. Once we do that, we can decide what and who we truly are and what we can truly be.



This is also a place where you can find out the truth about yourself, who you are at Soul level.

One way to do that is to go here and see where and what you are drawn to. What color attracts you? What do you see or notice? Is there a being there that mirrors something back to you about yourself? What is the message for you.

Some of it will be very exquisite and profound. Some may show you fears that you didn't know you had, or habits that might need to be adjusted.

But the cool part is that these are like little packages of information that are concentrated and contained, those "packed thoughtforms from the mind of God." So contained in the initial information is not only the initial download, but also the remedy if one is needed. And you will just absorb it through your light body. The shifts will begin to happen automatically without you having to "work on it!"



So, in our old ways of behaving and figuring out, What we need to “clear,” we may have drawn situations to us that trigger us, therefore showing us what needs to be cleared up.

And we all know it is easier to just stay in the low vibe of these transactional exchanges and just scuffle with people, rather than rise above it and see it for what it truly is. But as we continue to raise our frequency, we can just go to the 8th Dimension and work it out there, not having to even draw these situations to us.

So, think of this...we keep talking about the Golden Age. So, what is it? It is a time when all humans are operating from a place of knowledge and Wisdom! There is peace because they are not fighting with each other! That doesn't just happen randomly! ***Are you beginning to see now, the Power of the 8th Dimension and what it can do for Humanity right now? We can bring ourselves into a Golden Age RIGHT NOW?***



In truth, we are heading toward a time when we will be full-spectrum:
Homoluminous.

Right now, we are just tiptoeing in getting our feet wet, learning ABOUT each dimension. But the more you visit each one and give yourself time to play there, the more you will begin to embody each of these dimensions full. You won't just know about them, you will ***BE THEM***...ALL AT ONCE!



TODAY...

We are going to the 8th Dimension!
We will enter the same way we always have. Once again, I will remind you that this is not the way they truly look and show up. It is an open floor plan. Eventually you will be able to see how they all live together. But for now, we will take it a step at a time. And we will stay a bit longer. But remember because this is an even higher frequency, only stay as long as you feel ok: especially if you haven't been going to the outer realms much on your own.



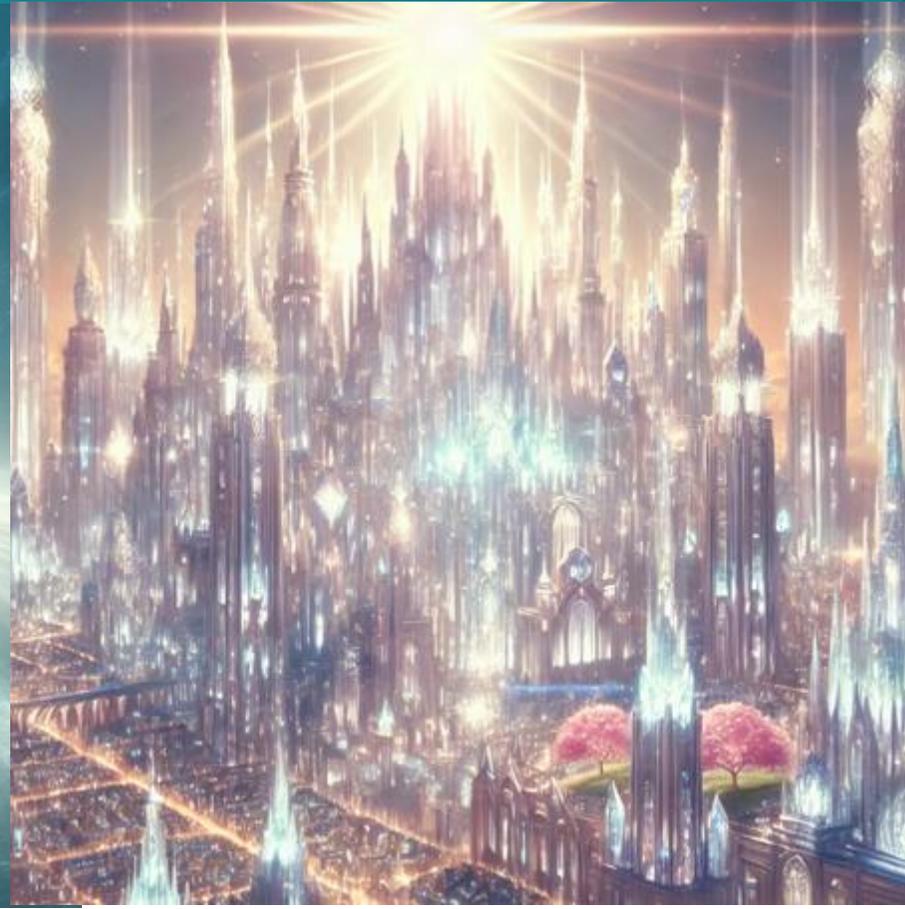
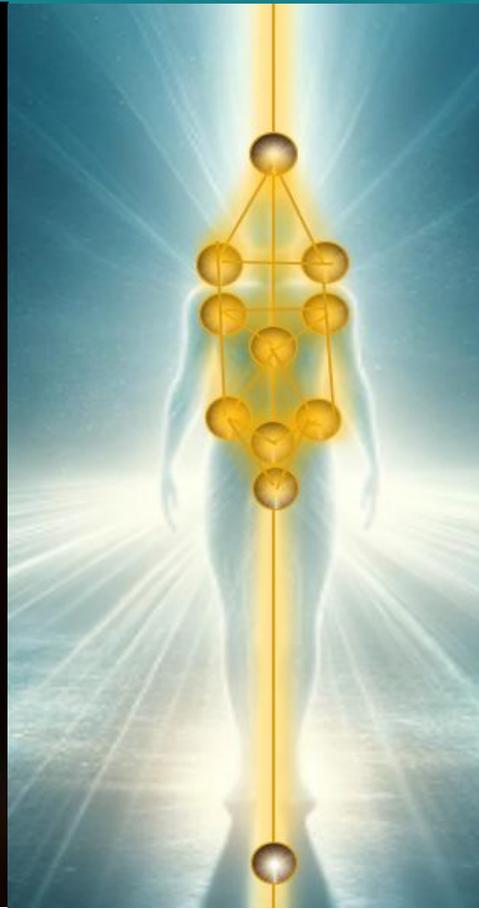
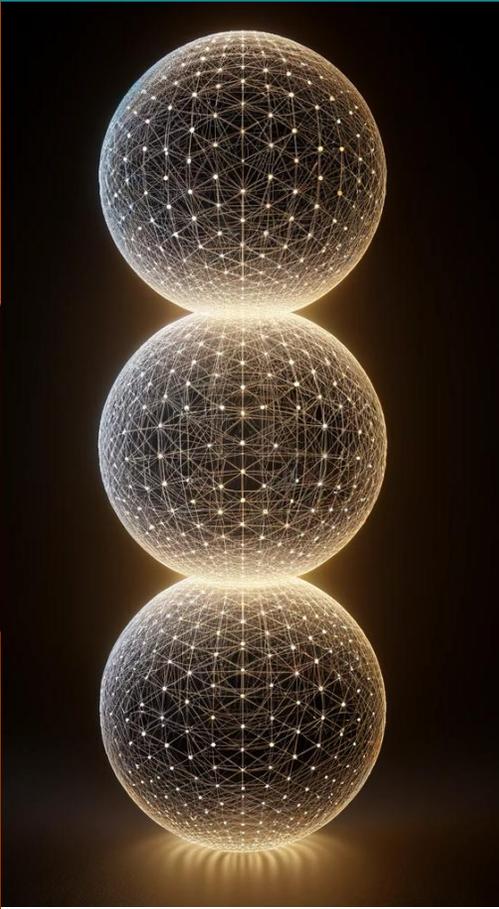
Stay with your practices...

CONNECT TO YOUR SOUL & SOURCE LIGHT ENERGY FIELD DAILY

- Read the Protocol at the beginning of your day.
- Do the clearing meditation including the body activations as often as you can, as you need to
- Do the “Building the Light Body” meditation that we did last time to anchor it in, daily for awhile.
- Keep talking to your Soul
- Record your dreams and work with them!
- IMAGINE the world you want to see, daily!
- Tiptoe into the 5th or 6th Dimension and see what you can discover.
- Clear trauma.
- Clear your subconscious.
- BODY WORK – YOGA, CHI GONG, TAI CHI, ENERGY WORK, STRENGTHEN YOUR ELECTROMAGNETIC FIELD!
- Stay Grounded



**Today we will follow this
format...**





Next time **IN SOURCE LIGHT SCHOOL...**

- Learning more about the 8th Dimension

Dance-



Close Sacred Space

NEXT CLASS:
SEPTEMBER 4, 2025