



# PRIESTESS MASTERMIND

MODULE 3 – THE BEGINNING

CALLING IN  
SACRED  
SPACE





# CHECK-IN

HOW HAS THE DIVINE FEMININE BEEN MOVING THROUGH YOU?



# YOUR VISION

- WHY DID YOU FEEL YOU NEEDED TO BE HERE?
- DO YOU KNOW WHAT YOU WANT TO BEGIN WORK ON?
- WHAT IS YOUR VISION FOR YOUR FUTURE?

JOURNAL WITH THESE QUESTIONS



# AREAS YOU MIGHT NEED SUPPORT IN...

Setting up structures so you are moving forward on

- Regular Personal Ceremony
- Starting your own Priestess Circle
- Any kind of business endeavor
- Supporting your health, eating habits, exercise, etc.
- Relationships and Home Life
- Fiscal/Financial Responsibility and Growth
- Your choice





“ KNOW, FIRST, WHO YOU  
ARE, AND THEN SUPPORT  
YOURSELF ACCORDINGLY. ”



# BALANCING THE LEDGER...

Many of us struggle to feel sovereign and in control of our lives. Many of us have been working on ourselves for years and life may still feel difficult in some areas.

The reason this is difficult is that our body keeps score. It knows when we are overriding our own authority, when there is dissonance in the field.

But we have been taught to ignore its signals.



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# YOUR BODY IS THE INFRASTRUCTURE OF YOUR SOVEREIGNTY



You cannot be sovereign if you don't bring your body with you. If your body is constantly in fight or flight, you can't be sovereign. You may have an intellectual awareness of sovereignty, but if you don't feel safe in your body, then anything coming at you that the system is throwing at you, takes you off your pivot and keeps you at a low frequency. (Even and especially constant HEALING of TRAUMA)

You have been trained not to trust your body wisdom, to no longer recognize it. It is the Sophia Frequency that you were taught to ignore. But your body still runs on it. It is an underground economy that lives inside of you. Your intuition still speaks through it.

Your energetic body is the only part of you that the system cannot fully colonize, but it is trying to! We are in a spiritual war for your consciousness. This is why embodiment work is so important now. It can run interference for your consciousness and intuition. It is now time to protect your consciousness and your embodiment at all costs. How?

By having protocols & practices in place that are non-negotiable! Daily habits that make your energetic field impenetrable to the fuckery!



ARE YOU LIVING & WORKING FROM  
YOUR VALUES?  
AN EXERCISE...



1. WHAT DO YOU PROTECT AT ALL COSTS?
2. WHAT DO YOU REFUSE TO COMPROMISE ON, EVEN WHEN IT'S INCONVENIENT?
3. WHAT FEELS LIKE A BETRAYAL OF YOUR SPIRIT WHEN YOU SAY "YES" TO IT?
4. WHEN DO YOU FEEL THE MOST *ALIGNED IN YOUR BODY* — GROUNDED, SPACIOUS, AND TRUE?
5. WHAT ARE THE RITUALS OR PRACTICES YOU NATURALLY RETURN TO WHEN EVERYTHING ELSE FALLS AWAY?
6. WHAT WOULD FEEL LIKE A LIFE HALF-LIVED IF YOU NEVER EXPRESSED IT?



YOUR NATURAL WEALTH  
ARCHITECTURE WAS INTERRUPTED  
SYSTEMATICALLY. ANCESTRAL  
WISDOM WAS DISCREDITED UNLESS IT  
PRODUCED REVENUE.

Your nervous system has been under attack since before you were born because of the impact on your mother and grandmother. Your power has been rerouted. Your energetic blueprint was interrupted, and your body has been tallying every distortion. It is time to correct the ledger!



# THE VELVET LEDGER...

For each statement score 0-3; 0=NOT TRUE, 3=VERY TRUE

1. I begin my day inside my field, not emails, FB, text, or others energy.
2. I maintain a daily spiritual practice that strengthens my discernment and decision making.
3. I can feel when Spirit is speaking vs. when my conditioning is speaking.
4. I nourish my body in ways that support clarity, vitality, & wealth generation.
5. I honor my cycles, mental, lunar, rest, restoration in how I schedule and create.
6. My body signals through fatigue, lethargy or data, not inconveniences.
7. I make decisions based on intuition & clarity not urgency or pressure.
8. I have a personal wealth system I trust: savings, investing, spending, circulating, that is aligned with my values
9. My money practices reflect who I am becoming – not who I was conditioned to be.
10. I replenish my energy after emotional labor—not just move on.
11. I know where my attention goes and I allocate it with intention.
- 12.. My boundaries are clear, active, and upheld without explanation or guilt.
13. I allow myself to want what is actually mine and not what is considered socially acceptable.
14. I follow my creative impulses rather than suppress them.
15. I have a relationship with vision that is alive, active and embodied.

# SCORING

40-45 – Your natural wealth system is already running natural wealth architecture. All that is Needed is structure, strategy and scale. You have matured spiritually past needing a savior.

30-39 – Your body remembers the truth – some parts are still catching up.

20-29 – Power is active but there are still patterns shaped by the artificial economy.

0-19 – You can see clearly where the extraction patterns are still operating.

THIS CAN SHOW US  
WHERE WE NEED TO  
FOCUS...

QUESTIONS...



# NEXT TIME

We will meet next week because of the holidays.

We will meet on Thursdays in December ONLY. In January we will move back to this time slot.

Do I have volunteers for the hotseats?

Be prepared to share your offerings. I will start a What's App group this week.





# DANCE AND INTEGRATE





WE LOOK FORWARD  
TO SEEING YOU

DECEMBER 11, 2025