

*Source Light Priestess*



*Module 7*

*With  
Kathy Forest*



# Module 7

Priestess Connection to the core of alchemy and creation the Elemental Forces.  
The Priestess Elemental Power of Water.



Connect,  
Call in Sacred Space,  
Call on Priestess Oversoul,  
Open to Receive

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**YOUR CREATION VESSEL**

**OPEN TO RECEIVE**

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How has  
the Divine  
Feminine  
been  
moving in  
you?



*The Elements: Earth, Air,  
Water, Fire, and Spirit or Ether  
are the messengers from  
Original Source: SOPHIA!  
They have a consciousness  
bigger than their outward  
appearance, just like you!*

They were born billions of years ago out of the primeval life force. They understand creation and destruction. They have had time to learn how to come into alignment with their neighbors and to help their children—the planets—and their great-grandchildren—life-forms upon Planet Earth. They can teach us lessons of right relationship with one another – all sentient beings.

Most modern humans have forgotten our essential connection to nature to our peril. We have grown strong and powerful and are capable of affecting, through our collective actions, the natural balance of our planet. In our arrogance and greed, we have taken our species and many others to the brink of destruction.

This is why it is imperative for us, as Priestesses, to develop a relationship with our Great Grandparents, the elements. We are the leaders that will lead the human race to begin to take responsibility for our actions.



# Alchemy Core

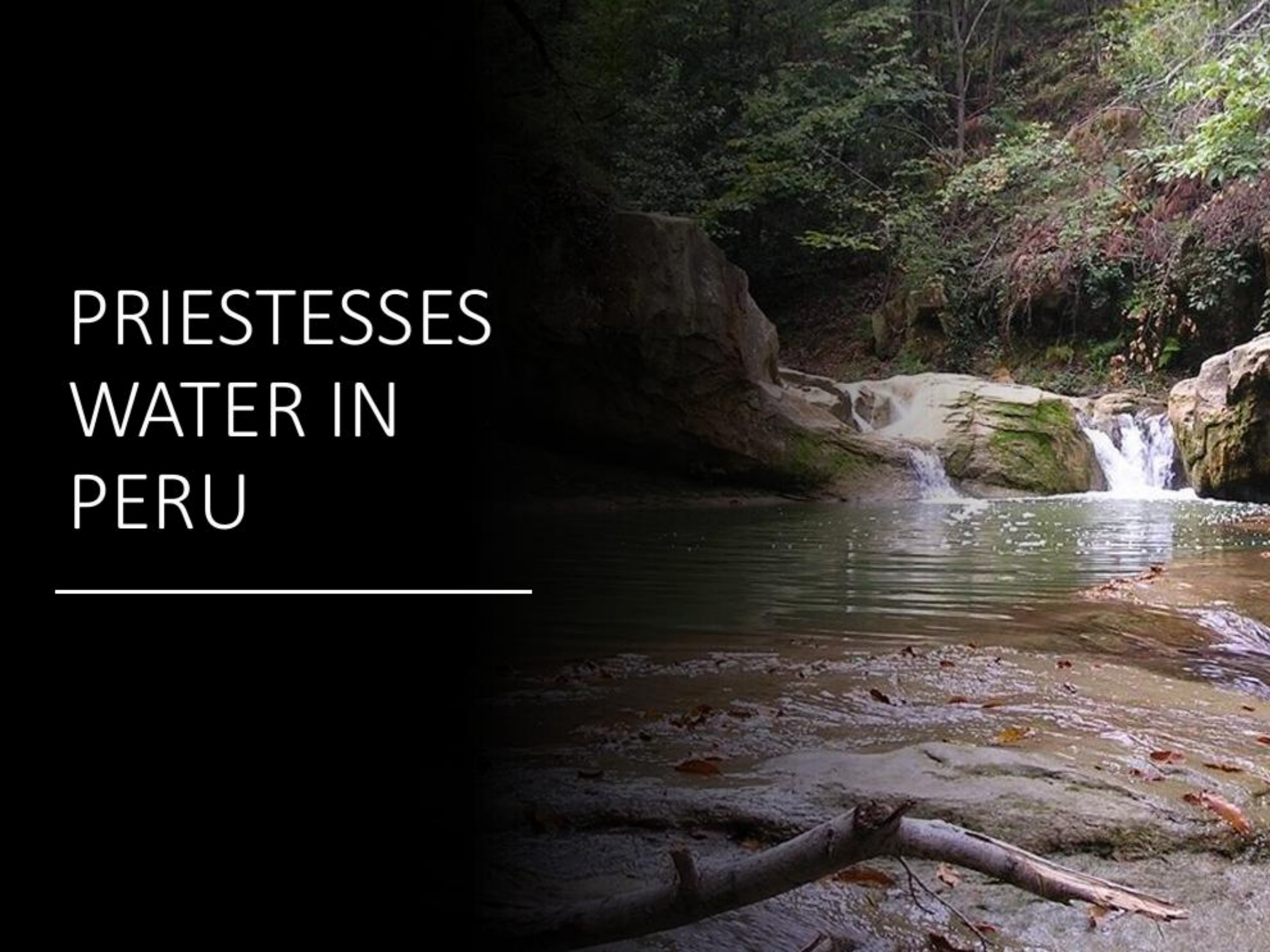
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- Water in Alchemy
- Dissolves
- Clears
- Combining Liquid



# PRIESTESSES WATER IN PERU

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**CLEAR,  
CLEAN, &  
CURRENT**

Water's developmental task involves learning to run clear, clean, emotional current.



## Clear

As a priestess learn to  
clear old emotional  
patterns and programs

So you can become  
“current & clean”



Water teaches you to respond to situations and life instead of react.

Sometimes a reaction can be unconscious because the energy was it was simply the family emotional pattern.

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Part of Water's developmental task is learning to identify and clear an "emotional charge."

Charges are like debris in your emotional water.

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Your task is to learn to follow the thread of consciousness inside until you find what it is and clear it out of yourself so there is no more charge.

Cellular Shift

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Clearing charges frequently takes time, as often there are layers.

Your job is to just begin noticing where you have one and begin developing the ability to clear them.

The word "FEAR" is displayed in large, glowing wooden blocks. Each block is a light brown color and has a dark, shadowed top surface. The letters are in a bold, black, serif font. The blocks are arranged in a slightly curved line against a dark background.

## *4 Faces of Fear*

- Flee
- Fight
- Freeze
- Faint

How this impacts your creation energy.

# Ego States



## Child Ego State

If our child consciousness or ego state is reacting, for example, we may demand that our needs get met right now by those around us. We may feel small and weak or guilty. We may be unwilling to take responsibility for the situation in which we find ourselves and become withdrawn, detached, distant, or overly insistent about our needs.



## Adolescent Ego State

If the part of us that contains our adolescent energy reacts, we may sound sarcastic and feel rebellious. From this level of consciousness, we frequently act in ways that do not support our larger life vision. We may refuse to be told what to do. Sometimes we may clearly say we won't fulfill a request, or we may just passively avoid doing it. We may be unwilling to express how we truly feel about a situation and think others have control over our life.



## Critical Parent Ego State

We sometimes approach life from our inner parent. This part of us can sound as though we know what is best for others, more than they know for themselves. From this ego place, we can be inflexible, hypercritical, disapproving, righteous, and judgmental with ourselves and with others. When functioning from our inner parent we also can try to defend, shield, and rescue those around us, thus becoming the overly responsible hero parent.



## Adult Ego State

From our adult state, we are able to consider our options and respond effectively to a situation. We are connected to our own sources of wisdom -- our feelings, inner guidance, and intuition. We are able to take healthy responsibility, rather than too much or too little. Instead of acting out of unconscious emotional states from the past, we make choices about situations from the present moment.

**PRIEST/ESS  
ABILITY TO HOLD  
SPACE AND  
CREATE SAFE  
EMOTIONAL  
SPACE**

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The power of  
love exists in the  
element of  
Water.

The clearer your  
emotions, the  
more space  
there is for love  
to move in your  
life.

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In the emotional realm  
you learn to love yourself  
fully, to nurture, to heal  
the inner child, and to  
create a space for clarity,  
flow, and love to move  
freely in your  
relationships with  
others.

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Increasing self-love begins to reflect in your outer world. Find ways to appreciate and fill yourself with love.

It is helpful to make conscious choices to love yourself no matter how else you are feeling.

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# Magnetic Ability of Water

Feel, move, and clear emotions without wallowing in the them.

# Activate Water's Primary Power as a Priestess

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- Primary Power of Love as a Force
  - Connect to the flow of love as a force in your body.
  - Ask if that flow of love has anything to tell you, if so write it down.
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# Move

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Stand up and move to integrate the energy & dance with Water.





Appreciate and honor Water. Ask it to show you how and why holding space for emotional safety is so important to you as a Priestess or Priest.

Ask Water what deeper emotional safety you need a Priest/ess in your life at this time.

A  
Water  
Ritual





Contribute to Your  
Tracking Sheet

Gratitude  
&  
Closure

Ground

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