

*Welcome to..*



*Stalking the Divine Sophia*  
*Understanding the true Nature of the Divine Feminine*

**MODULE 12**



# SOPHIA

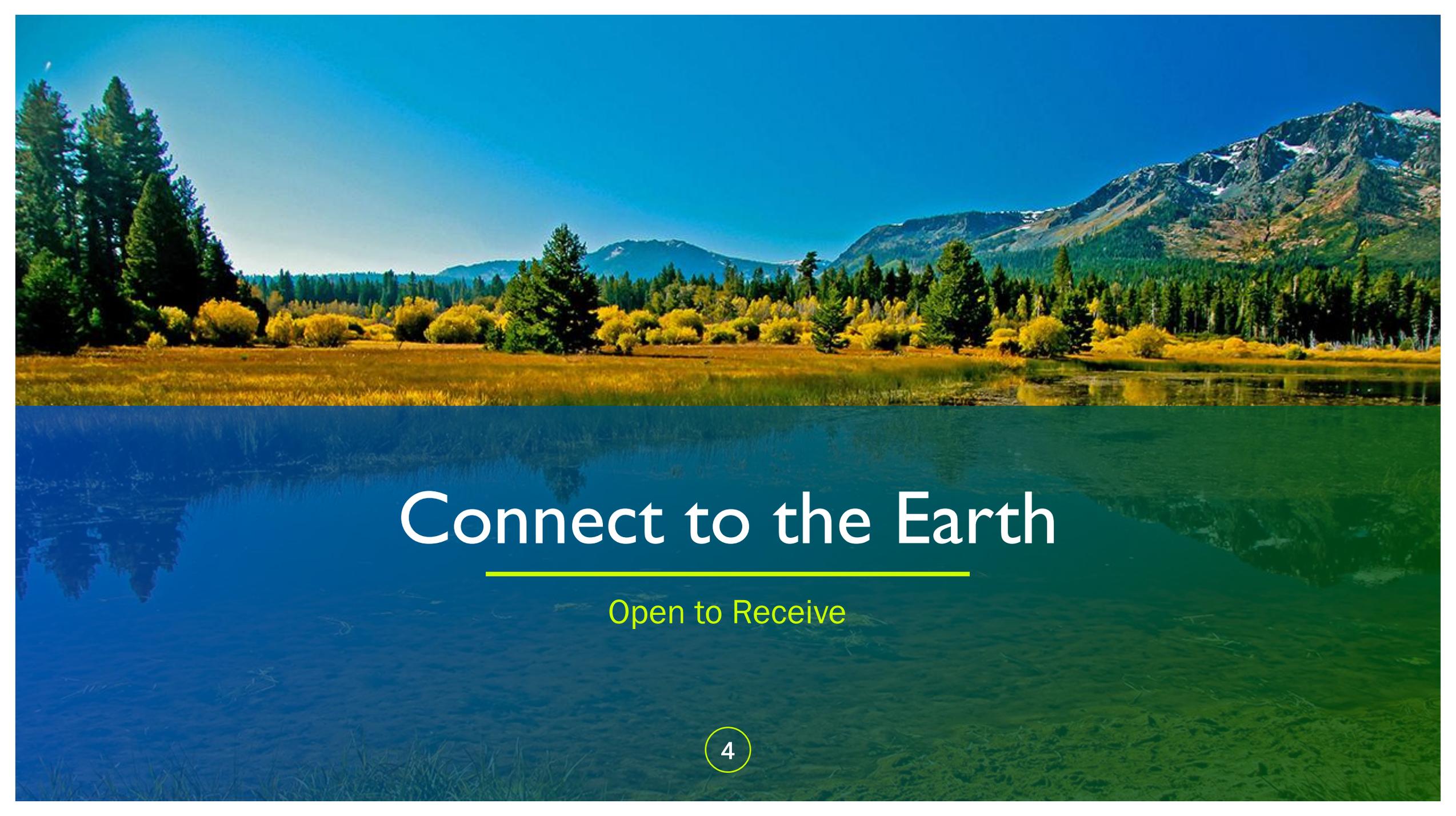
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Looking at Energy Flows

# Calling In Sacred Space

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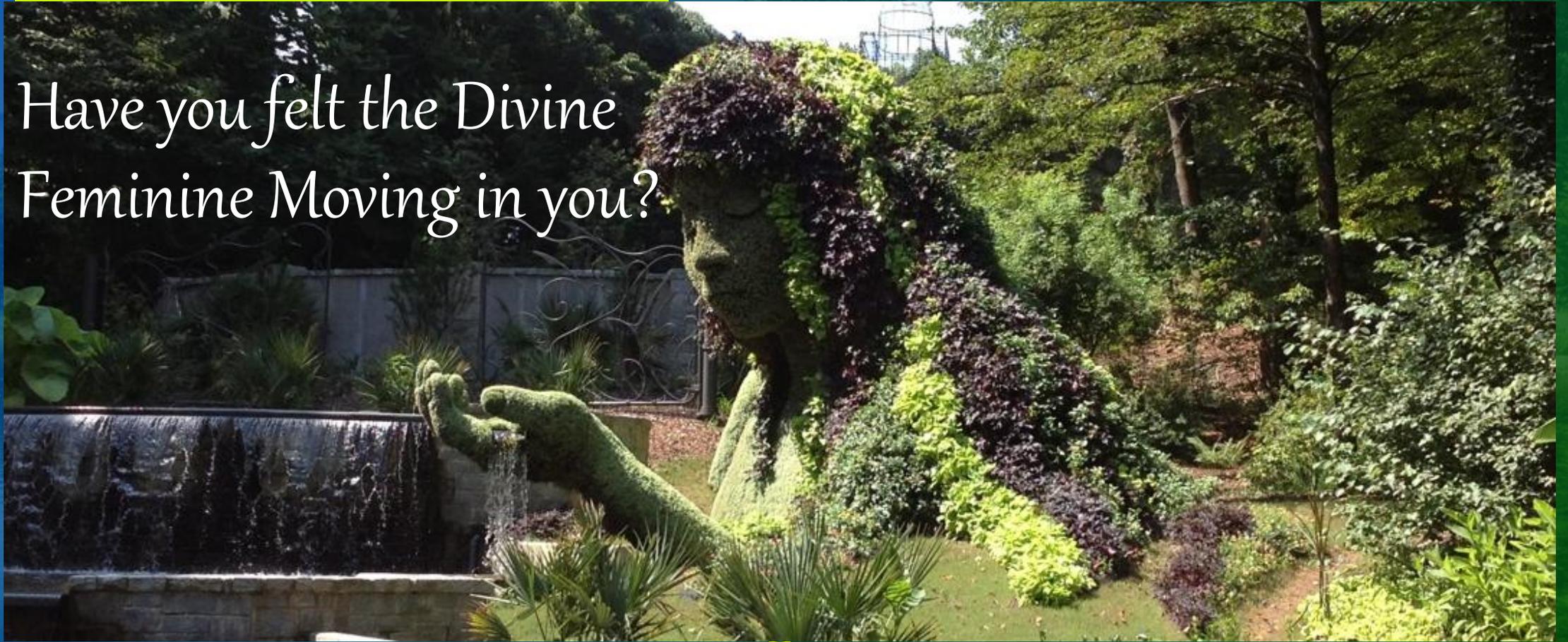
# Connect to the Earth

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Open to Receive

# Check-in ~

*Have you felt the Divine  
Feminine Moving in you?*



# I WANT TO KEEP REMINDING US...

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In the *Pistis Sophia*, Sophia is *the first feminine principle*, a goddess. – **THE GODDESS!** Sophia is Holy Wisdom. She is **DIVINE MOTHER**.

She is the **Unseen** Energy that weaves in and out of everything. She moves **silently**. She is the **In-Between** – the “**substance that thinks.**” She is the **bond between us all**. She is the essence that breaths us. She creates energetic exchange ...between the elements...between us. She is the **Love** that you feel when you look into your child’s eyes, or at a sunset, or when you are held by your lover. She is the **tantric connection** between and through everything.

In truth, **SHE IS HOLY WISDOM**. She existed before anything physical existed, and **SHE birthed it all!**



# She is the mystical magical glue that holds everything together.

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As such she also manifests as energy flows throughout every living thing. Her essence is so magical because it is the untouchable, the unknowable, the mysterious glue that forms it all through frequency alone.

There is a natural progression, a natural flow to life on this planet. *We are inextirpably bonded to this world and exchange energy with all of it.* Every living being has its own signature of this exchange. Every living structure in your body also has its own signature.

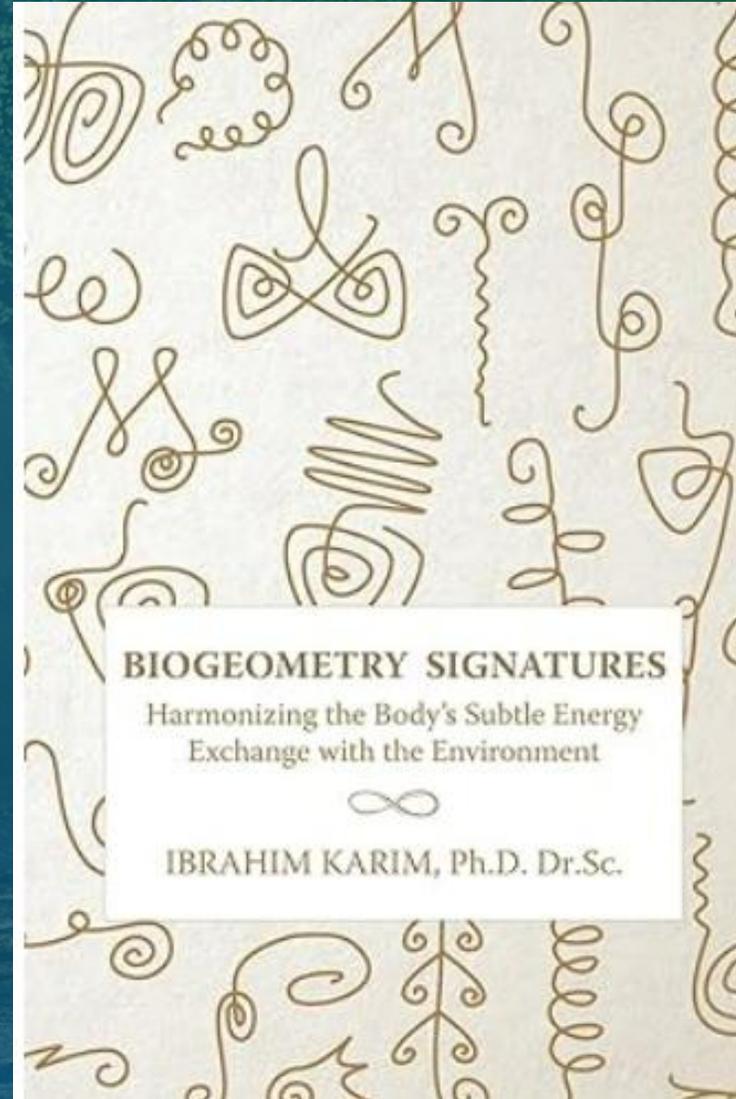
Sometimes, especially now, our flow can be disrupted. But simply reminding those structures of their natural flow can jump start the car and move them back into place.



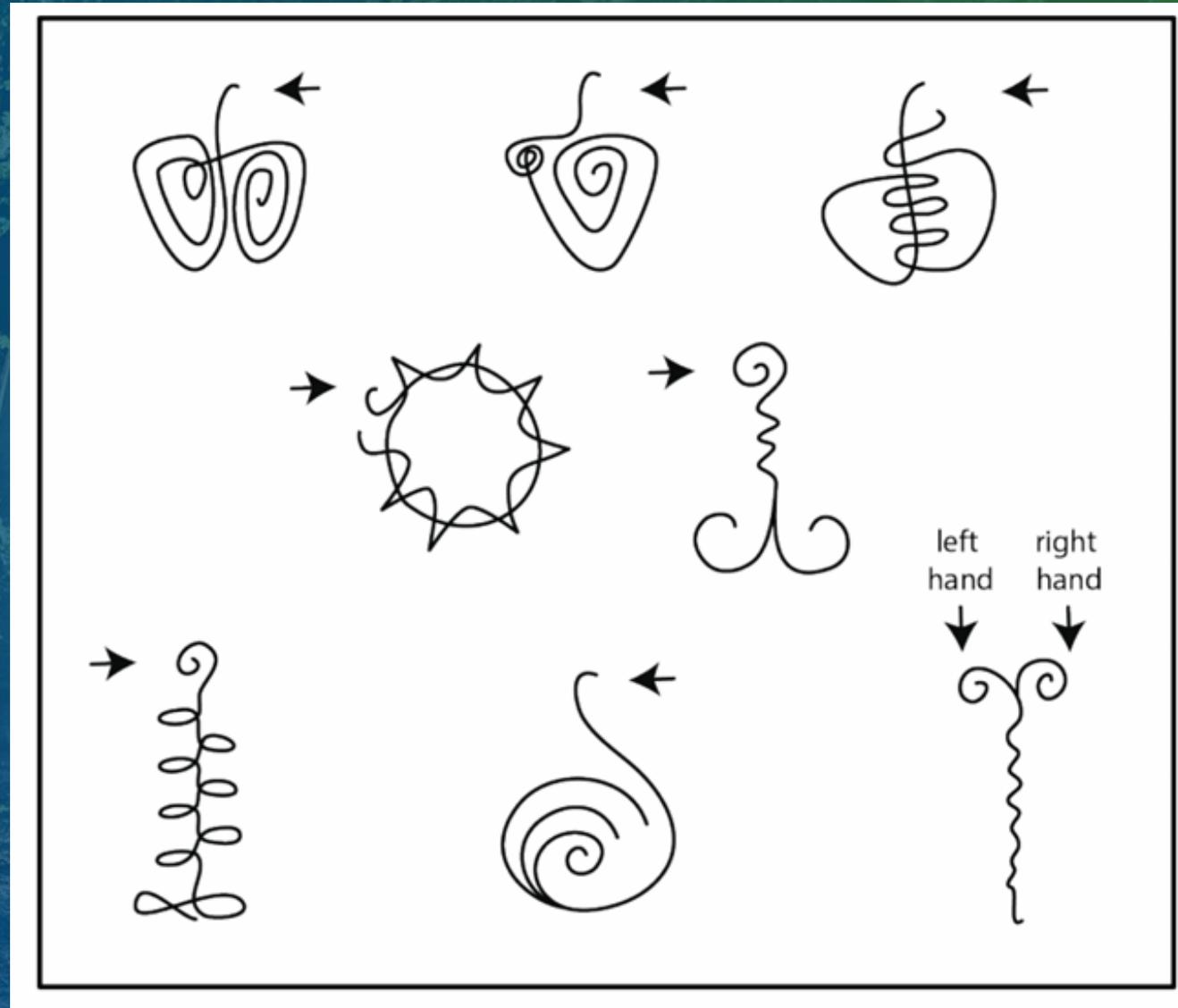
# Using Bio-Signatures

How to “Harmonize the Body’s Subtle Energy Exchange with the Environment.

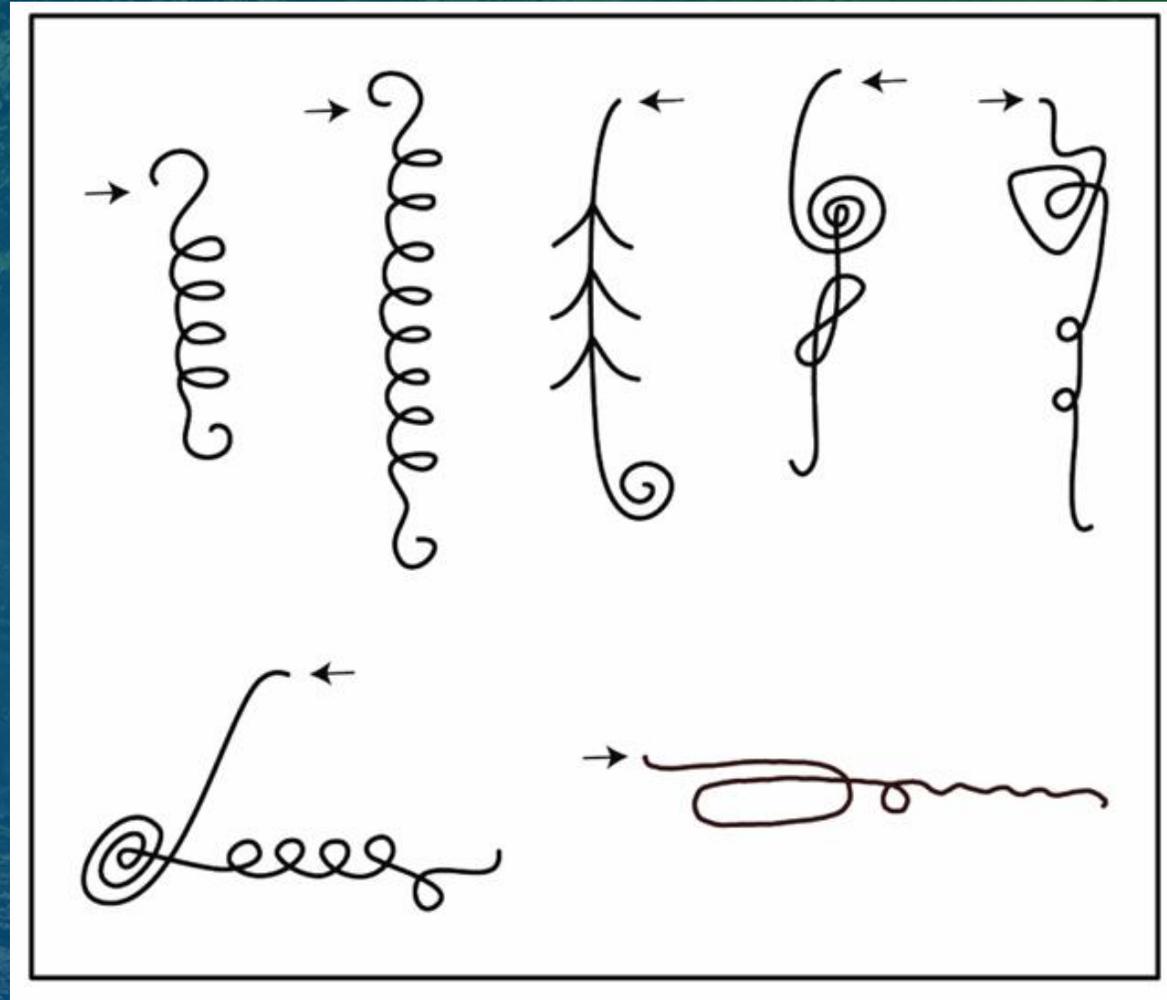
This requires us to become cognizant that there is one. When we say, “We are all connected,” we have to believe and KNOW that we really and truly **ARE!**”



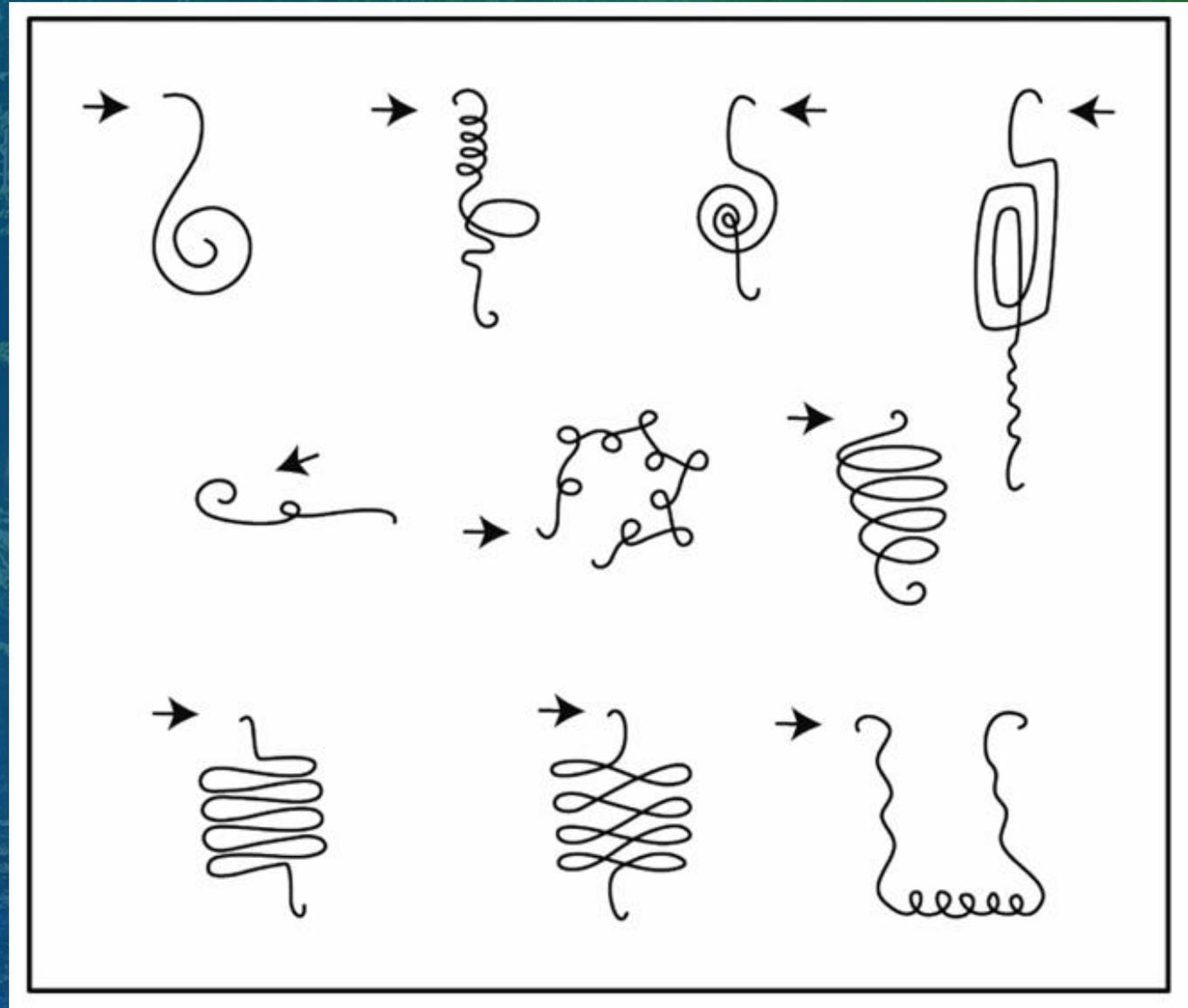
# Some Heart Signatures



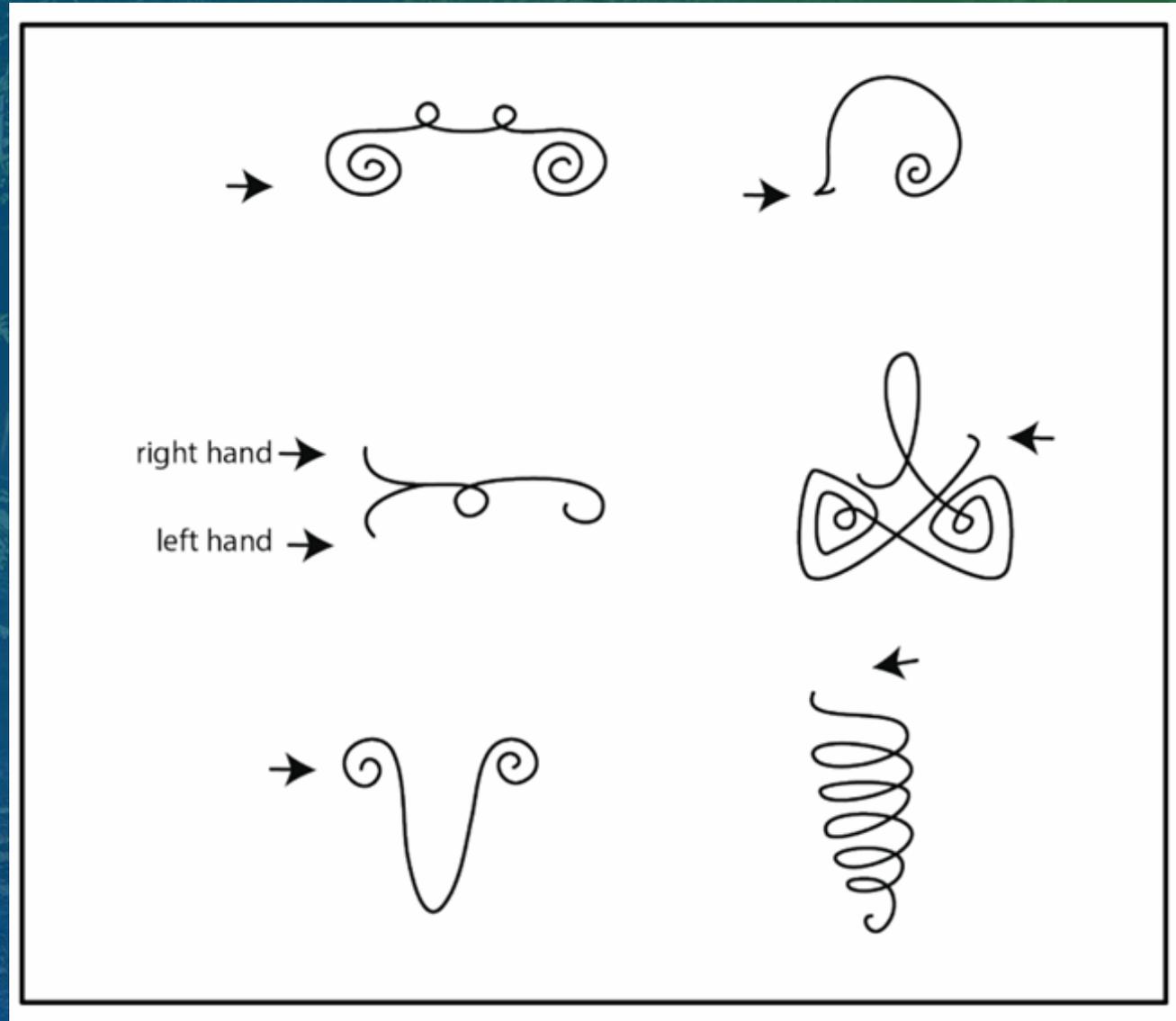
# Signatures for the Spine



# Digestive Signatures



# Endocrine Signatures



# The Emergency Card

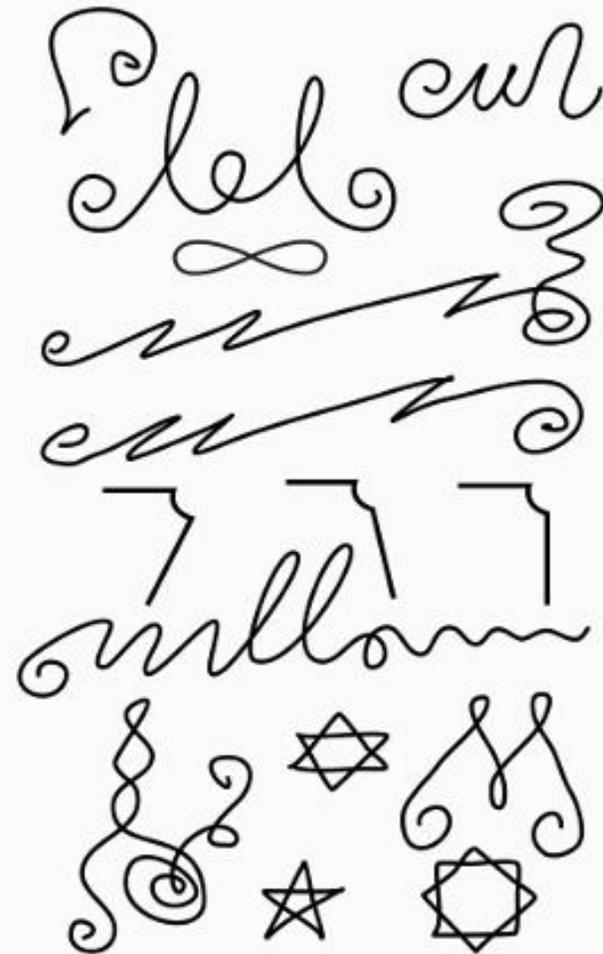


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# The Clearing Card



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*And now the question becomes: How do you know what you need? HERE'S HOW...*

## Making a Witness

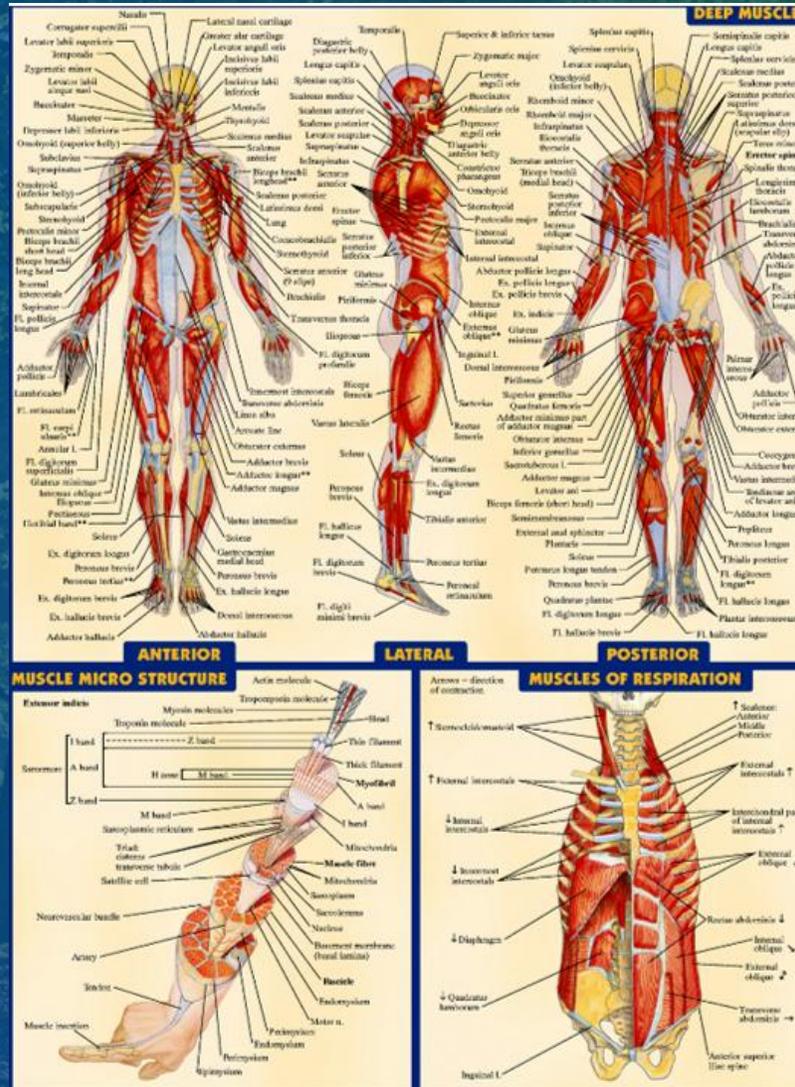
You will need a small piece of paper and a pen.

Later, you may want to acquire some graph paper. The best kind is the kind with no holes and gridlines on the front and back.

Sometimes that is hard to find so use what you have. This will be used for protecting the witness once you have created it.

Basically, you just rub the small piece of paper on your face, or lick it, giving it some of your DNA. Then you sign it. It is now a representation of you

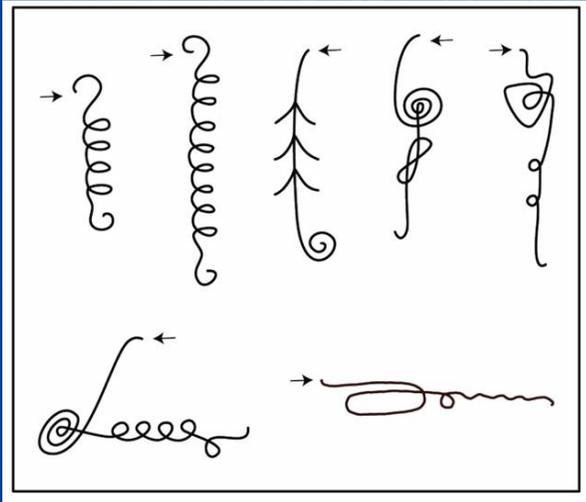
# Anatomy Charts



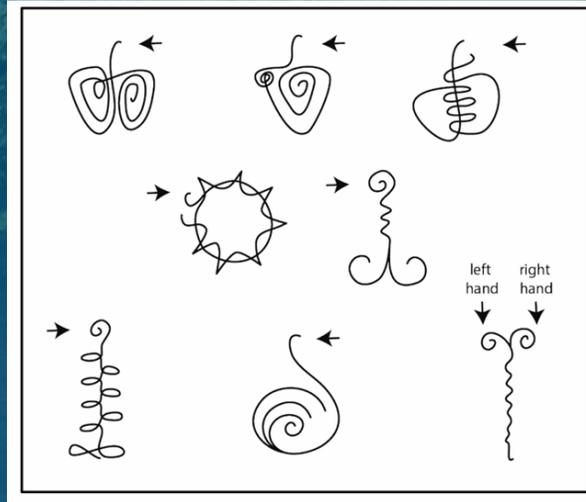
1. Use your Witness to get a read on your frequency by using your pointer.
2. Once you have a good spin, you are going to focus your attention on your Witness with your pendulum in your right hand.
3. Then you are going to use the pointer on the anatomy chart to get a read on any areas that might need attention.
4. This will be indicated by the spin slowing down at certain spots that you point to on the chart.
5. Right now you have biosignatures for the heart, digestion, endocrine and spine.
6. Check those and see what you need.
7. Then choose one to trace and then recheck.
8. You can also draw the symbol on medical tape and tape it to your body.



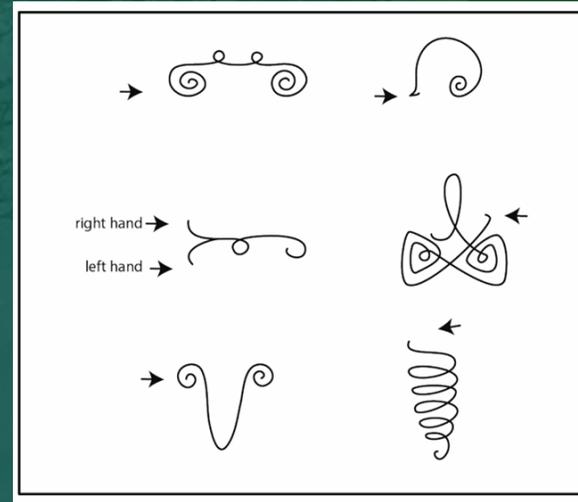
# Spine



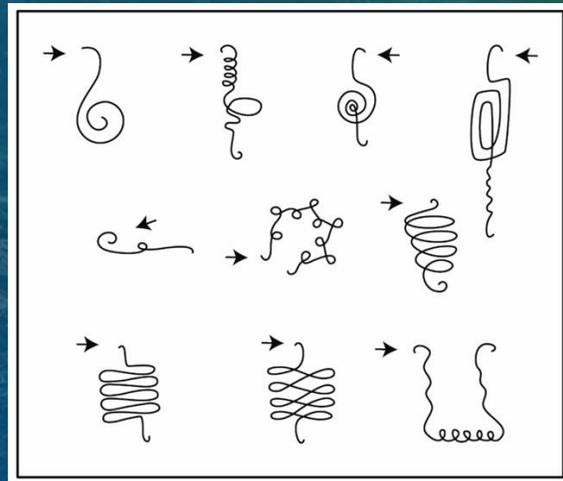
# Heart



# Endocrine



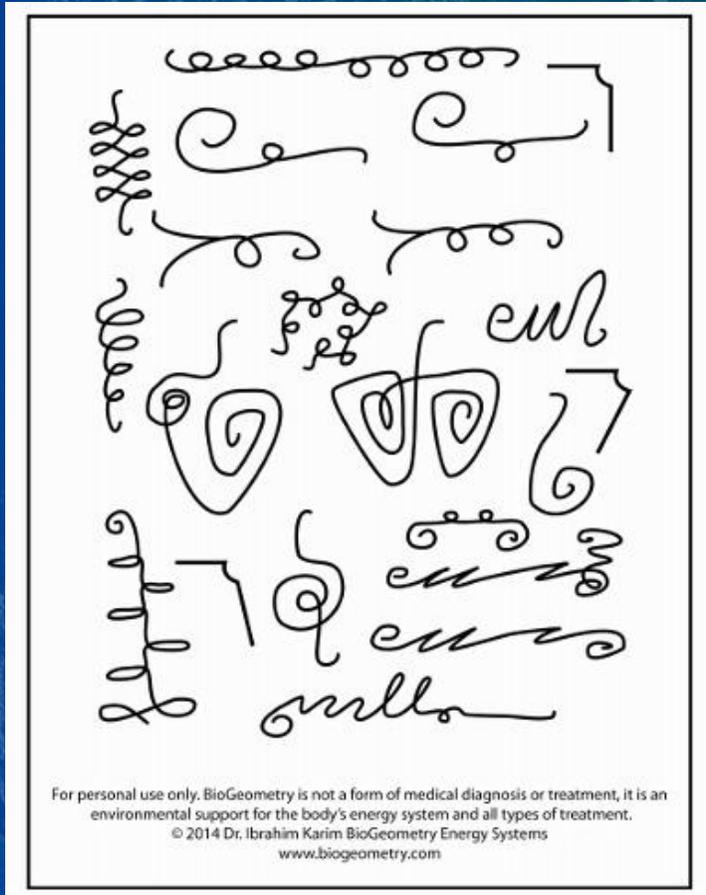
# Digestive



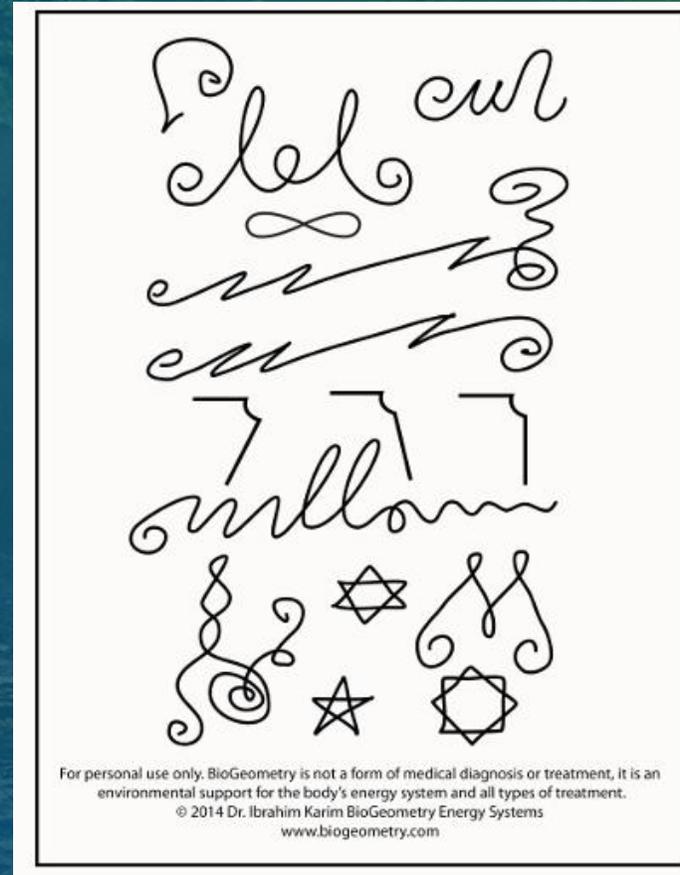
# Alternative Method

Place the Clearing Card or Emergency Card over your witness for a few minutes. Check the witness with the pendulum to see if you restored the spin.

The Emergency Card



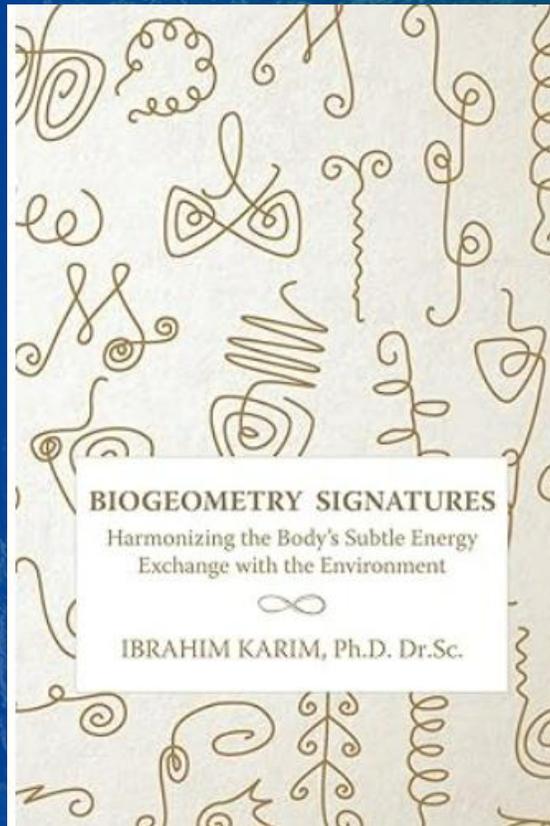
The Clearing Card



Ideally, if you want to continue, you will need to purchase:

The book...

Anatomy QuickStudy Laminated Reference Guide (QuickStudy Academic) Pamphlet – Illustrated (\$6.26 on Amazon)



Other Optional Items:

- Wooden Cooking Skewers
- Graph paper
- A recipe box to store witnesses in.
- A light board to trace biosignatures

# Going forward...

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- Practice this one...a lot.
- Do a body scan once a week
- Make any adjustments necessary
- Practice drawing the symbols
- Make several copies of the Emergency Card and the Clearing Card and laminate them
- Use them to clear yourself, rooms and objects.



Remember, the more we practice doing this, the more we increase our own vibration with the Sophia Frequency!

By doing this gradually, and allowing acclimation time, you can avoid transformational upheaval.



# PRACITCAL PLAYTIME - The BG16 Pendulum!

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How has your practice been going?

Questions?



Ibrahim Karim Universal  
BG16 Pendulum

# Homework this week:

Keep Practicing with both!

- Keep checking your personal wave-length and checking in with things that benefit you.
- Look for GOLD!
- Try out your carpet patterns
- Start using the BioSignatures
- PRACTICE, PRACTICE, PRACTICE!



# Dance and Integrate

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# CLOSE SACRED SPACE

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NEXT CLASS: December 16, 2025