



Source Light School – Module 10a

With Kathy Forest

Calling In Sacred Space...

Open to receive...



Agenda

- CHECK-IN
- REVIEW
- LEARNING MORE ABOUT THE 10TH DIMENSION
- TOOLS
- RESOURCES



Check-In

- EXPERIENCES & QUESTIONS



My Goal today is to...

Help You Stay Connected to Your Soul...

Review the First, Second, Third, Fourth, Fifth
Sixth, Seventh, Eighth & Ninth Dimensions

Begin learning about the 10th Dimension.

Continue to help you re-build your energy
body (Your own personal Indra's Net) so it is
functional and does what it is supposed to
do...Give you a direct line to Source!

Meditation today: Practice falling back into
the 10th

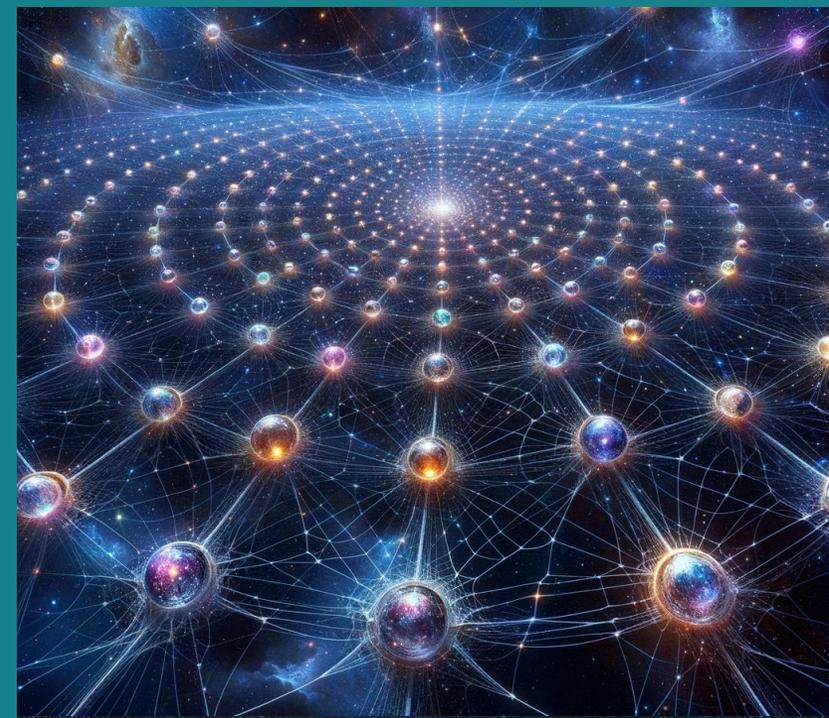
First...we remember

THE MOST SACRED, THE MOST PRECIOUS OF ALL OUR DIMENSIONS ARE OUR...

- 1ST DIMENSION, OUR SOUL, located in our heart; and
- 2ND DIMENSION, The Protective Membrane that surrounds us and our electromagnetic field, and gives us access to SOURCE ENERGY AND WISDOM, AND all the other beings out there...at all times...period.

THEY ARE STRATEGIC IN EMPOWERING OURSELVES TO TAKE CHARGE OF THE UPLEVELING OF OURSELVES AND THIS PLANET.

- Our 3RD DIMENSION, our physical body and world is the playground in which we get to experience all these, and the place where we can actually do our work in the physical and see a physical outcome.
- Our 4TH DIMENSION contains all the extra fun tools we can use to make our experience of the 3RD more enjoyable.
- Our 5TH DIMENSION is the realm of ALL possibilities...tread carefully!
- Our 6TH DIMENSION is the Hall of Archetypes!
- Our 7TH DIMENSION is the Level of Angels & Demons
- Our 8TH DIMENSION is the Level of TRUTH
- Our 9TH DIMENSION is the Level of UNCONDITIONAL LOVE



The Gifts of these Dimensions...

- *1st DIMENSION – Endless Prana*
- *2nd DIMENSION – Connection and Equanimity – which means we are not ALONE, and we are TOTALLY ACCEPTED*
- *3rd DIMENSION – Physical Experience*
- *4th DIMENSION – The Power to Create Reality*
- *In order to move forward, we need to be solid in at least the first 3 and practiced in 4.*
- *5th DIMENSION – The power to choose... any possibility*
- *6th DIMENSION – Access to ALL Archetypal Information*
- *7th DIMENSION – Access to Divine Help & Information*
- *8th DIMENSION – Access to Divine TRUTH (& Dragons!)*
- *9th DIMENSION – Access to Divine LOVE*



The 10th Dimension ~ The God-Self

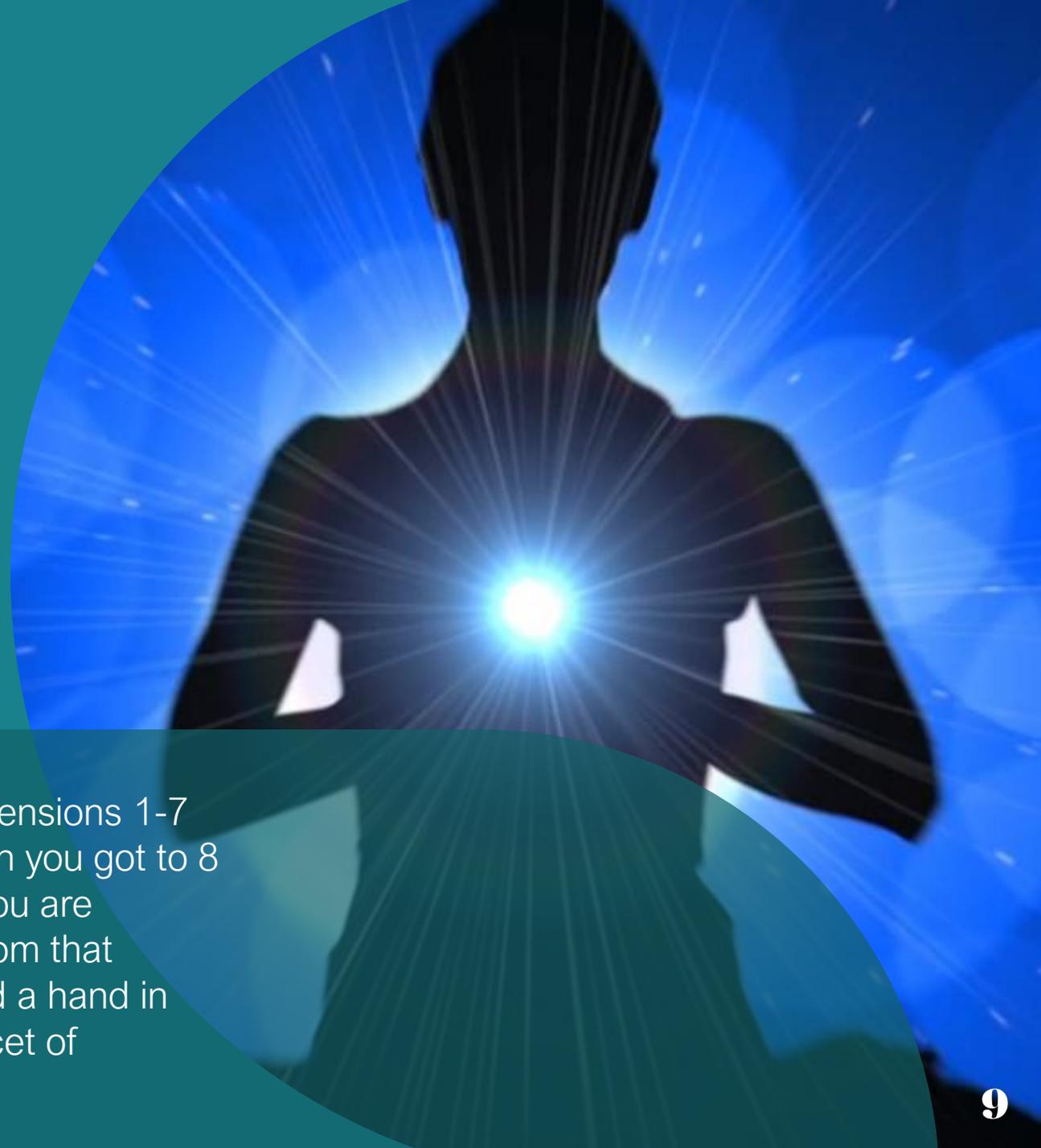
The intensity of this Dimension is like all of the others rolled into ONE – Literally!

- Up until now I have let you experience each of the Dimensions individually. This is really not how they show up, but it helps our linear minds begin to learn about them and experience them individually.
- As I have said, they really are just expansions of you like concentric rings that happen when you throw a rock in a still pond.
- Those rings are all happening “in the pond.” They are part of the body of water...and eventually as you go out farther, you just have the pond.
- It is similar with the Dimensions. They are all inside you, a part of you starting with the first one and expand outward.



**But when you get
to the 10th
Dimension
things shift
dramatically.**

Remember you have just moved through all the lower dimensions 1-7 that have taught you how to move around in duality. When you got to 8 you got to see the TRUTH behind everything. In the 9th you are beginning to see all things through the EYE OF LOVE. From that perspective, you are going to begin to realize that you had a hand in creating all of this, and that in fact, that YOU are a tiny facet of creator/creatix.



In fact...

You will also begin to realize that not only are you a part of the big creator being, but just as that big massive consciousness that creates all things has many aspects (i.e. some of those god/goddess archetypal energies you like to connect with), you are probably a part of those energies too.

In fact, you have probably been given clues to that effect all your life. For Instance, I have always been drawn to the energies of Yeshua and Magdalene. I have also been drawn to Krishna. What do all these energies have in common? Love and Service. Krishna was a “lover of the devotees.” Yeshua and Maggie – Unconditional Love from the heart. On my Invisible Garment, my Sun is in SERVICE! I have kind of known this all my life but now this is making my life make so much more sense.

Same with you. Look around for the clues. Who are you drawn to? What are the things that you do without trying? What is your specific bend?

Follow the breadcrumbs.



This will bring you back to self-inquiry...

What is your super-power?

What are things that come easily for you...thing that you don't have to really try at, they just happen?

What draws you in?

Think back to childhood. What did you like to play? What were your hobbies? These could all be clues that help you begin to zero in on your TRUE IDENTITY.

Your essence of your Soul has a function, and there are others who also have a similar function, and they are all spread out all over the world in order to play out very specific roles. Because the original plan was for you to be aware of all these things. Trauma and the distortion of our experiment in consciousness here on Earth has prevented that full awareness.

But as we have moved through all of these Dimensions, you now have access to that Higher Consciousness now.



So, we cannot enter the 10th Dimension the same way.

We can't just keep moving forward...this is our identity. Moving into this one (as well as 11 and 12) are as big as all the work we have done thus far.

In this one, we FALL BACKWARD. We fall back into the 10th Dimension. We fall back into the Arms of Love, who we are truly, our sacred identity.

And yes, it can feel scary. It can feel like we are literally losing our identity. And we are. We are losing some of the attachment to our 3-D identity to gain an awareness of our TRUE identity. The Identity of our true SOUL.



In the Ninth Dimension we learned about seeing everything through the eyes of Love.

In the 10th Dimension we back up to **BECOME** the **EYE OF LOVE**. *We BECOME THE AWARENESS OF GOD.*

To become that awareness, you have to be part of it. You are not ALL of it by any means. You are a tiny little cell. But you are a part of it. We all are.

So now we are going from that tiny seed of Light that is your Soul, your 1st Dimension, to the whole screen, the whole room, the whole Universe is full of your light. This may feel a bit difficult to take in.

So, I take you back to this: Everything in existence, exists because of YOUR awareness. What you see, what you perceive through your I AM presence, through the eyes of your soul is exactly the world that out-pictures before you. You are literally creating your world. That is not the act of a mere mortal. That is the act of your God-self.



So now it might be time for you to consider how to “think” like a God and Goddess now.

That is what makes this dimension so much different than all the others, makes it more intense than all the others. Because it is. It requires more of us.

So now, rather than going and “asking our Higher Self,” we “back up into “being our 10th Dimensional Self, owning that higher wisdom, being that wise guidance. We suddenly no longer have to “ask,” we just know.

The beings we understand as Gods & Goddesses act in Love. They ARE Love. They are Omnipotent. They seem bigger than everyone else. They have these incredible super-powers...well THAT'S YOU! This is what we express in the 10th Dimension.



If you allow yourself, you have access to all wisdom, all knowledge, the whole of Indra's Net.. all of it. And at first it can seem a bit scary, but as you keep traversing the Dimensions and becoming more adept at using them, this higher consciousness will happen gradually.

You will become more skilled at "just knowing" what to do, or what is going to happen, in the moment. And you will begin to act on it.

That probably won't happen overnight. And it won't happen if you allow your ego to override it, which it will definitely try to do.

But if you keep doing the protocol, keep creeping into each of the dimensions very slowly, eventually it will just happen naturally. And you may notice that more and more people come to you for advice...or just want to hang out with you...



SO, AS YOU MIGHT IMAGINE,
THIS PLACE IS JUST PURE
LIGHT. IT IS VERY QUIET AND
PEACEFUL. BECAUSE IT IS
YOU, YOUR GOD-SELF, YOUR
HIGHER KNOWING. HERE YOU
DON'T HAVE TO SEEK
ANYTHING, OR TRY TO SEE
THINGS, OR FIND OUT
ANSWERS TO ANYTHING.
HERE YOU GET TO LEARN HOW
TO JUST
BE... GOD... BE... TRUTH... BE...
LOVE.



TODAY...

We are going to the 10th Dimension!

We will enter the same way we always have. Except this time at the 10th Door, we won't step in. We can look, but all we will see is white light.

But today, we are just going to turn around and fall back, fall back into the arms of love. And just feel what it is like to be there, to be in that state of pure beingness without an agenda. If you want to, you can just ask, what celestial being am I a part of? But mostly just feel it. When we finish, just take a step forward, and you will be back at the threshold of your doorway.



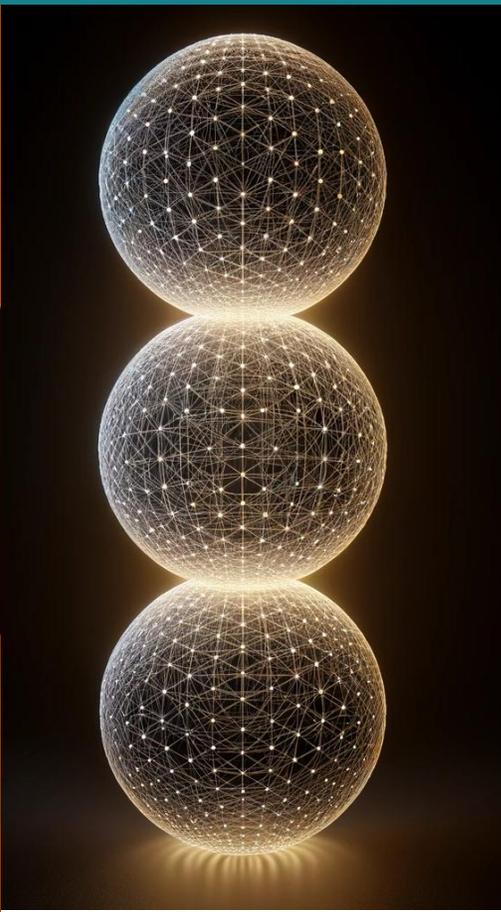
Stay with your practices...

CONNECT TO YOUR SOUL & SOURCE LIGHT ENERGY FIELD DAILY

- Read the Protocol at the beginning of your day.
- Do the clearing meditation including the body activations as often as you can, as you need to
- Do the “Building the Light Body” meditation that we did last time to anchor it in, daily for awhile.
- Keep talking to your Soul
- Record your dreams and work with them!
- IMAGINE the world you want to see, daily!
- Tiptoe into the 5th or 6th Dimension and see what you can discover.
- Clear trauma.
- Clear your subconscious.
- BODY WORK – YOGA, CHI GONG, TAI CHI, ENERGY WORK, STRENGTHEN YOUR ELECTROMAGNETIC FIELD!
- Stay Grounded



**Today we will follow this
format...**





Next time **IN SOURCE LIGHT SCHOOL...**

- We learn more about the 10th
Dimension

Dance-



Close Sacred Space

NEXT CLASS:
OCTOBER 17, 2024