



Light Infusion Therapy 103

Foundations of Sacred Geometry ~ Templates

Module 4

Calling in Sacred Space~



Welcome the Sacred...





Before we begin...

Check In

- ▶ How has your work with the templates been going up to now?
- ▶ Anything else moving?



Overview of Module 4

- Review of the Meaning and Function of the Seed of Life
- Introduction of the Soul Seed of Life Cosmic Light Infusion Template
- Homework: Send pic of the one we do in class.

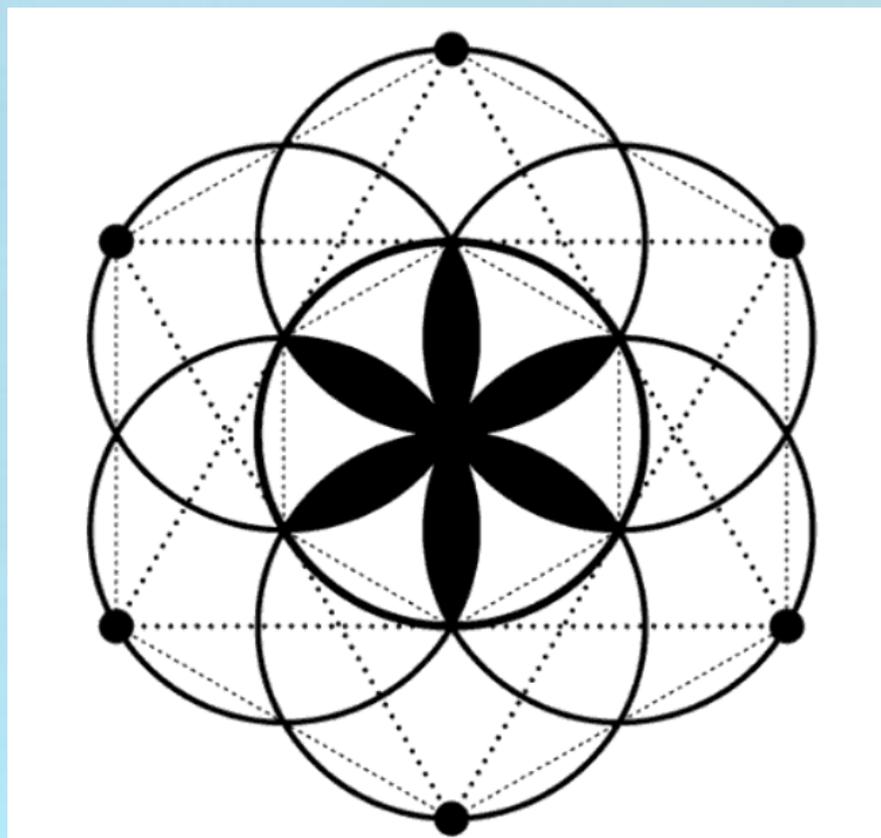
Meditate with it. Record outcomes and what you notice.

Do 1 or 2 more on your own, send pics, and notice changes.



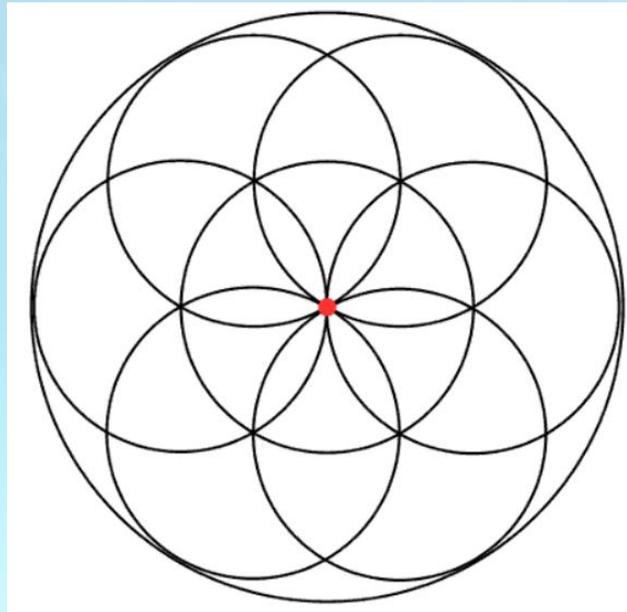
Light Infusion

- Deep Soul Connection
- Gentle and easy learning
- Understanding and using the Soul Seed of Life Template
- Your intentions



THE SEED OF LIFE

The Seed of Life is one of the most fundamental symbols of sacred geometry. Even though it is a basic pattern created using 7 overlapping circles, the meaning it contains is extremely profound. So much that entire books can be written just to explain the various meanings and symbolisms associated with it. The Seed of Life is a 2D (two-dimensional) geometric symbol consisting of seven evenly spaced circles that intersect with one another to create a symmetrical flower-like pattern. The symbol is typically depicted with an outer circle, which means that it consists of a total of eight circles (7 inner circles plus 1 outer circle).



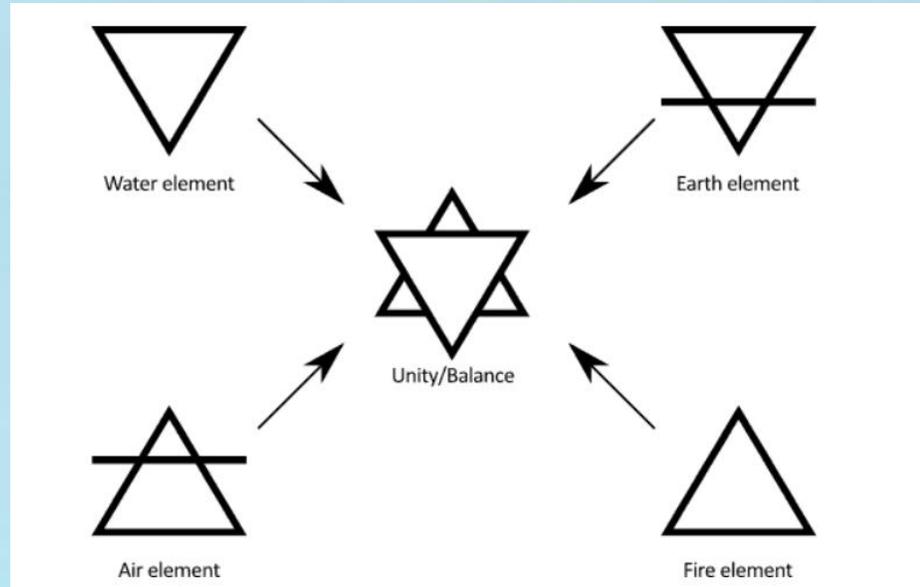
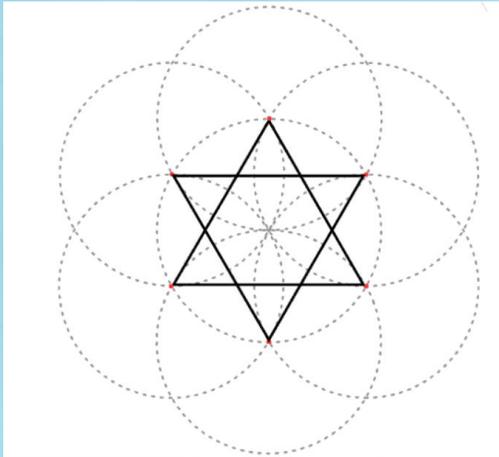
The Seed of Life is a powerful symbol of creation and is considered the first and original shape out of which all other aspects of creation emanate. One of the reasons for this is that the Seed of Life forms the base for another powerful symbol known as the Flower of Life which is considered to be the blueprint of the universe. From what we now know about the power of the Vesica Pisces, noting how many Vesica's are contained within the Seed of Life, you can see the reason for it's potency.

The Seed of Life is also referred to as the Genesis Pattern, as it is believed to symbolize the seven days of creation in the Bible. **The six outer circles represent the six days of creation, while the central circle represents the Sabbath or the Creator's consciousness.** The 7 circles also represent the 7 Major notes, 7 chakras, 7 metals of alchemy, and 7 days of the week.

The Seed of Life is an ancient symbol that has been found across diverse cultures and religions including Egyptian, Babylonian, Chinese, Hinduism, Christianity, and Islam. It has been found in historical churches, temples, synagogues, books, and other artifacts. The oldest known representation of this symbol can be seen on the walls of the Temple of Osiris at Abydos, dating back nearly 6,000 years.



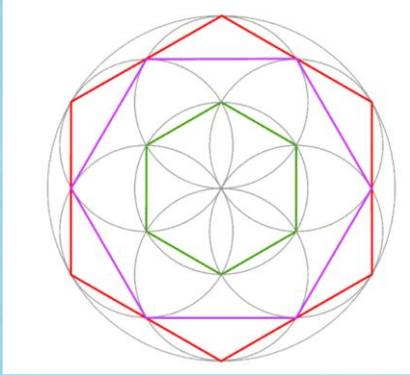
Other important forms found in the Seed of Life...



Seed of Life & the 6-Pointed Star (Hexagram)

One of the many important symbols that the Seed of Life contains within it is the 6-pointed star (hexagram).

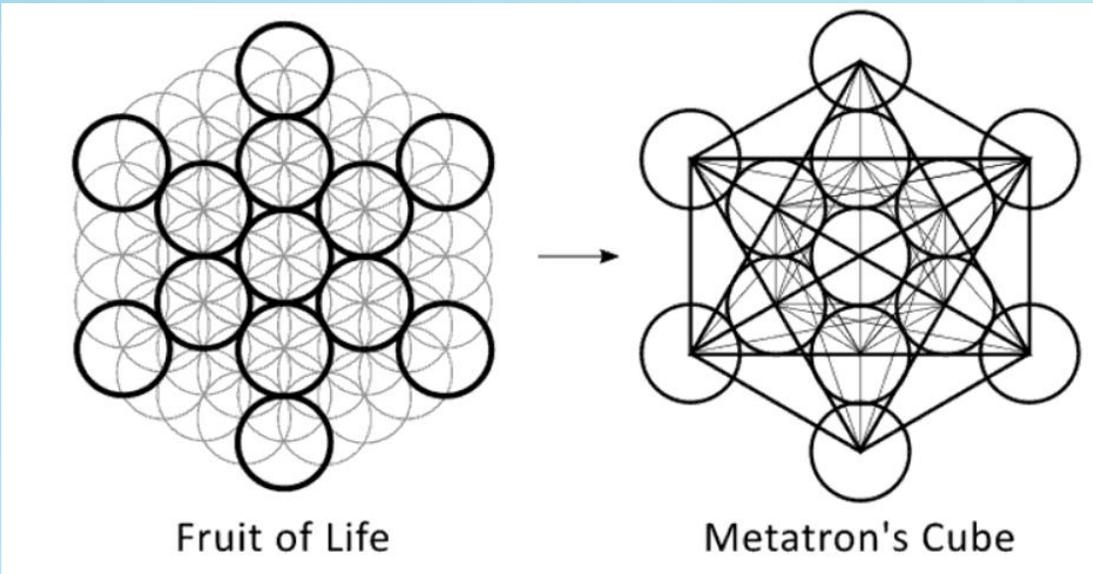
This star pattern again represents the union of masculine and feminine energies forming the basis of creation. The 3D representation of this pattern is known as the Merkaba (or Star Tetrahedron)..



Seed of Life & the 3 Hexagons



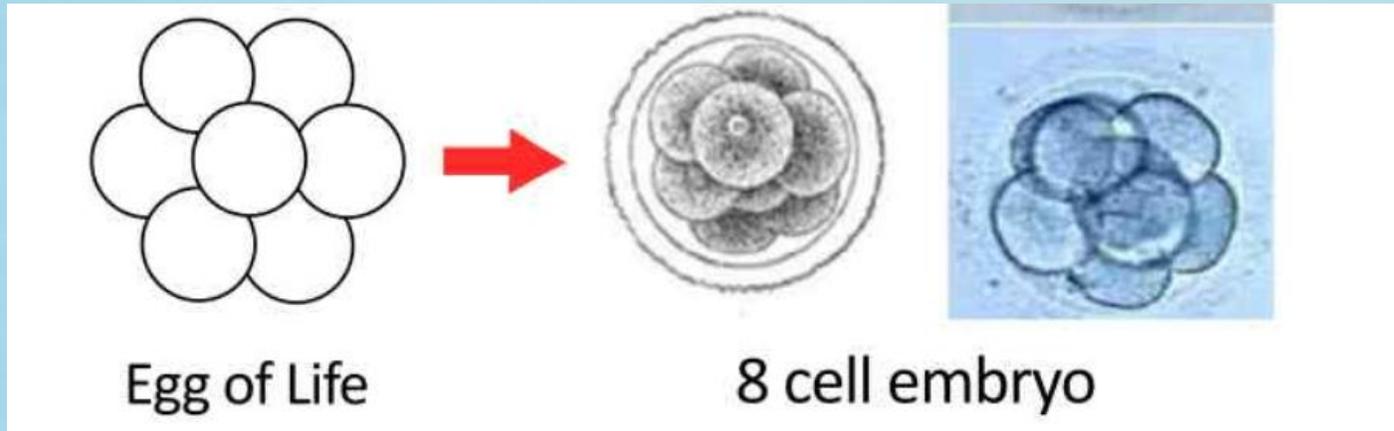
Foundation for the Flower of Life



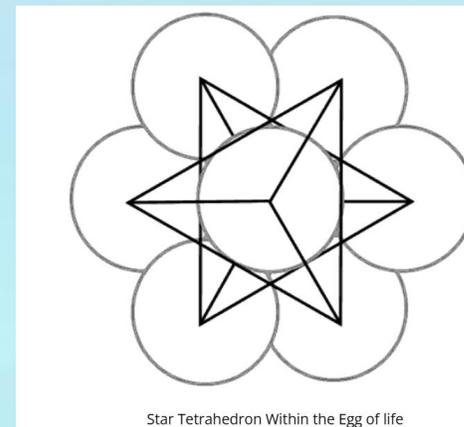
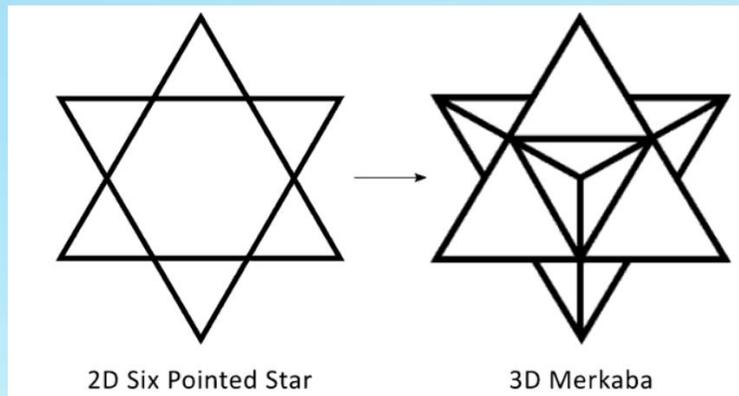
Fruit of Life

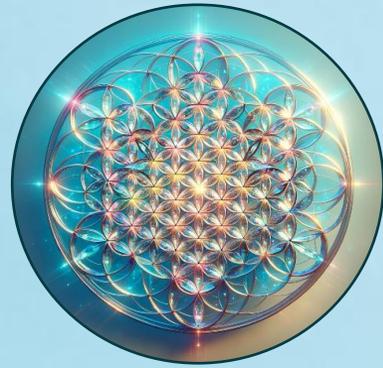
Metatron's Cube

Seed of Life & Egg of Life



The Egg of Life also contains the Star Tetrahedron also known as Merkaba (which is the 3d version of the 6-pointed star).





The Templates p. 7

The Light Infusion Soul Templates *are Sacred Geometry Shapes infused with Source Light Frequencies address complex situations and conditions involving groups and/or individuals. They sustain consistent high vibrational frequencies.*

Some things to remember...

- Each template contains its own level of potential potency consistent with the shapes embedded within it. The frequency of your Desired Outcomes and any other frequencies you add work with the Template to actualize the outcome.
- For this one we will be using the same outline for Templates that we did before. But we will first be using this one for Inner work. So we will want to be very clear about exactly what is in the center of each circle and exactly what portal we are opening and keeping open.

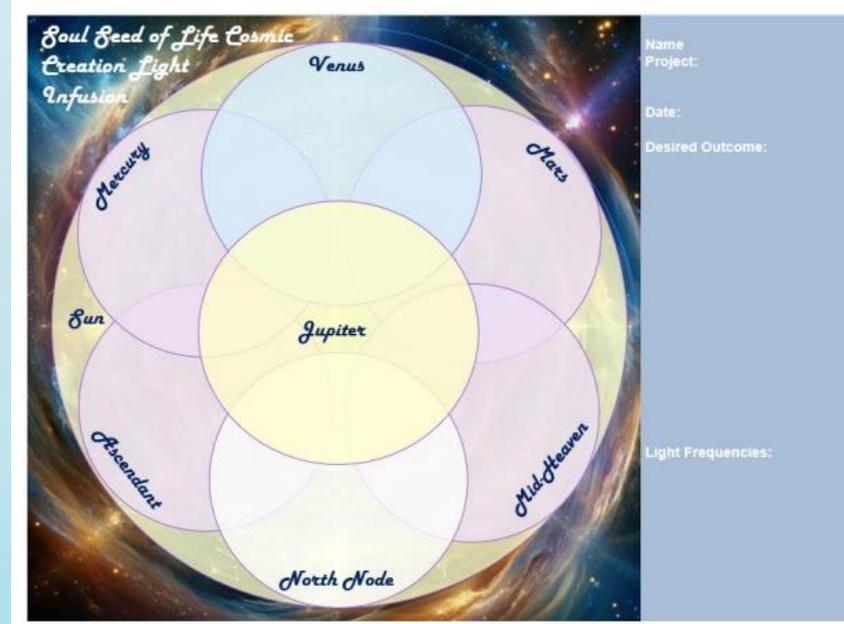
The Templates cont. p. 7-8

- If you have done the Source Light Protocol in the morning, you do not need to do it again before you do your Template.
- You will find that the more you work with the Templates, the more powerfully they work with you. They literally take on a life of their own and communicate with you.
- Your ability to receive intuitive information, increases as you work with the Templates. Templates work well for:
 - Groups, including couples, families, and organizations. **(Please note that these must be groups you are a part of.** You are not yet ready or qualified to work specifically with or for others. But you can work things out between you and others you are involved with, or any personal issues you are dealing with.)
 - Enhancing any healing issue, creative endeavor or actualizing desired outcome for yourself.
 - Enhancing intuitive guidance around a situation. The Templates can begin to inform us as we work more deeply with them.

Doing A Basic Template Session for Yourself:

1. Use any of the Templates provided for this process.
2. Make sure you have done the Daily Protocol before beginning, and that you are connected to your Soul through your heart space.
3. Write your name, the name of the project, and the date on the Template in the space provided in the upper right corner.
4. Determine your Desired Outcomes and write them using neutral but specific frequency language: Synchronize with welcoming 35 students into my next class, or synchronize with receiving \$5,000 in the month of April, or Synchronize with a healthy body, or a healed ankle, synchronize with a healed relationship with..., etc.
5. **Be sure to include “Receiving Intuitive Guidance,” and “Allow PS DO” (postscript desired outcomes), in your Desired Outcomes.**
6. Draw a small circle with a dot in the middle to indicate Soul Connection. (You can use the oval on the picture provided for this or write it anywhere on the picture.) Drop into your Soul. State, *“I connect to my Source Light Center Point or My Soul.”*
7. Draw another circle next to it and say, *“I activate opportunities for healing, growth, and restoration.”*
8. Pull a Source Light Symbol Card and muscle test for how many.
9. Draw a triangle on the template and write the Name & Number of Source Light Symbols beside it saying, *“I anchor in (number, name) Source Light Symbols.”*
10. Muscle test to see if you need anymore. If so repeat steps 7-8 but use the same triangle.
11. Pull Source Light Frequency cards and record them on your sheet.
12. Write DO on the Template and state: *“I synchronize with the actuality of: (state Desired Outcomes) with: (state all frequencies).”*
13. Close by drawing a star and stating, *“I infuse and integrate completion.”*
14. Draw a small heart, and state, *“I close this Infusion with Gratitude, in the Light.”*
15. Put Template somewhere you can see it or [refer back](#) to it and observe what shifts and changes.

Soul Seed of Life Cosmic Creation Template



Can be used for:

- Works specifically with the planets governing your creations going forward (Moon and South Node not included in this one.)
- Knowing the signs these planets are in on your Birth Chart can be helpful but not necessary.

Any kind of inner work:

- 7-Day transformative treatment of any habit, resistance, or unwanted or desired behavior. Do steps 1-14 on center circle (Spirit) on the first day, then steps 6-15 on each subsequent circle – 1 a day for the next 6 days.
- 21-Day Treatment for situations needing long, sustaining energy (same as 7-day)
- Anything else that utilizes concepts of 4 or 7. Be creative.

Creating Alignment with these Planets and the Transitional Elements between Them
Write your name, project: Creating Alignment between myself and these Planets and the transitional elements between them, and the date on the Template in the space provided in the upper right corner.

*Soul Seed of Life Cosmic
Creation Light
Infusion*

Venus

Mars

Mercury

Moon

Sun

Jupiter

Mid-Heaven

Ascendant

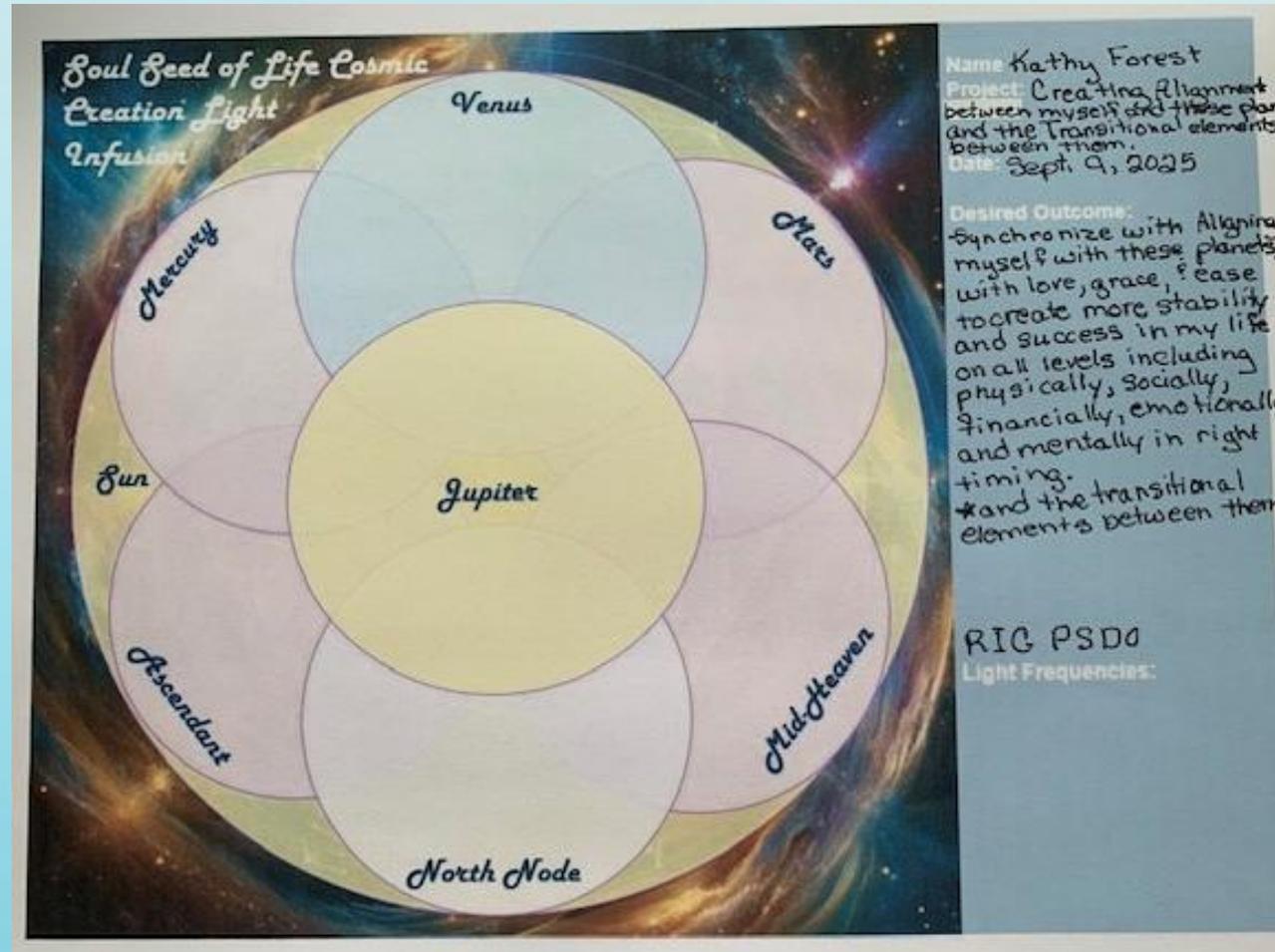
North Node

Name *Kathy Forest*
Project: *Creating Alignment
between myself and these planets
and the Transitional elements
between them.*
Date: *Sept. 9, 2025*

Desired Outcome:

Light Frequencies:

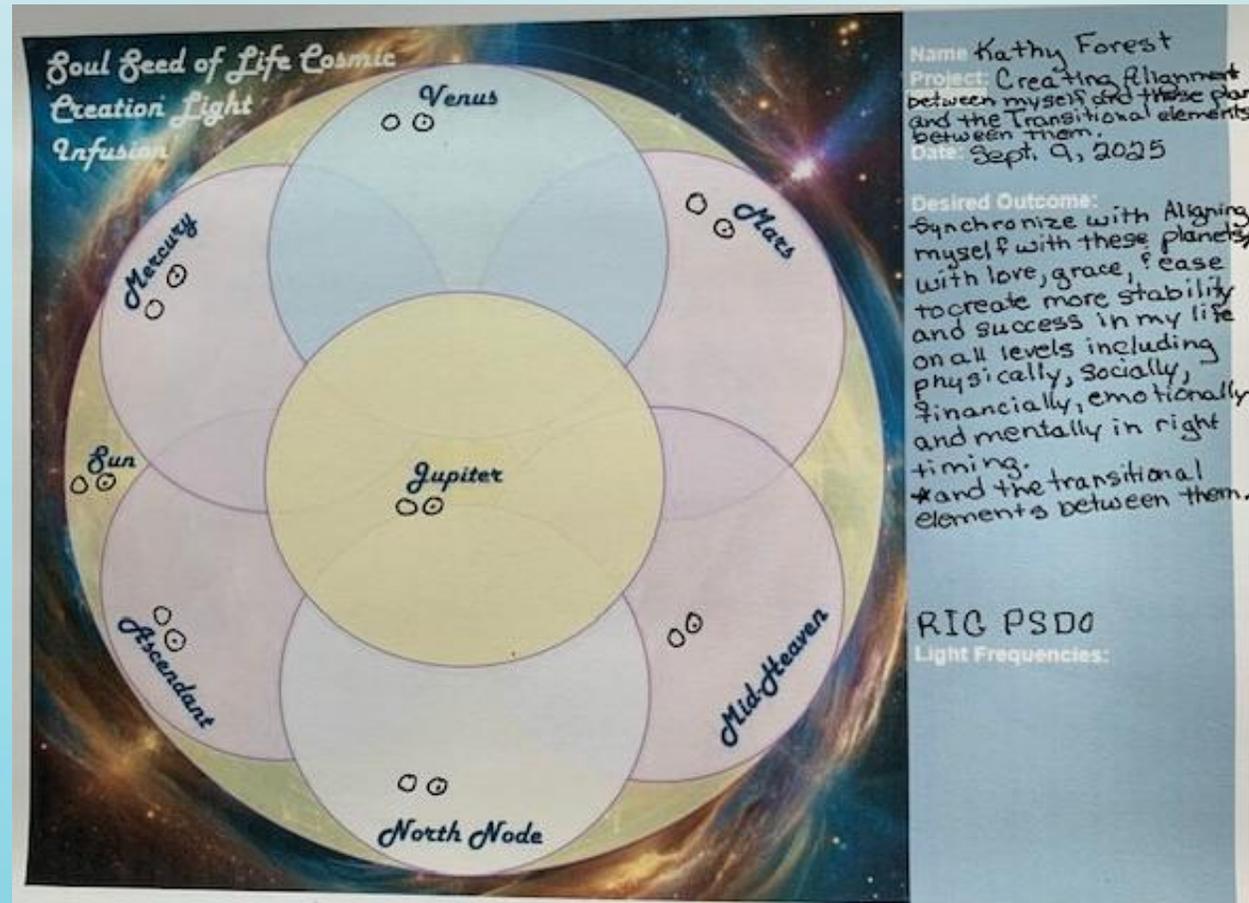
Determine your Desired Outcomes and write them using neutral but specific frequency language: Synchronize with Aligning myself with these planets and the transitional elements between them with love, grace, and ease to create more stability and success in my life on all levels including physically, socially, financially, emotionally and mentally in right timing, and anything else you want to add. Include, "Receive Intuitive Guidance" and "Allow PS DO."



You will be working every circle, and the large encompassing circle, the Sun. You can begin with Venus and go clockwise. Finish with Jupiter and then the Sun.

Beginning with Venus, Draw a small circle with a dot in the middle to indicate Soul Connection. Drop into your Soul. State, ***"I connect to my Source Light Center Point or My Soul."***

Draw another circle next to it and say, ***"I activate opportunities for healing, growth, restoration and creation."*** Go all the way around and complete with the Sun.



Pull a Source Light Symbol Card and muscle test for how many beginning with Venus.

Draw a triangle on the template and write the Name & Number of Source Light Symbols beside it saying, ***"I anchor in (number, name) Source Light Symbols."***

Muscle test to see if you need anymore. If so repeat steps 8-9 but use the same triangle.

Soul Seed of Life Cosmic Creation Light Infusion

Venus
4 Sync/Air
5 Creation/Light

Mars

Mid-Heaven

North Node

Ascendant

Sun

Mercury

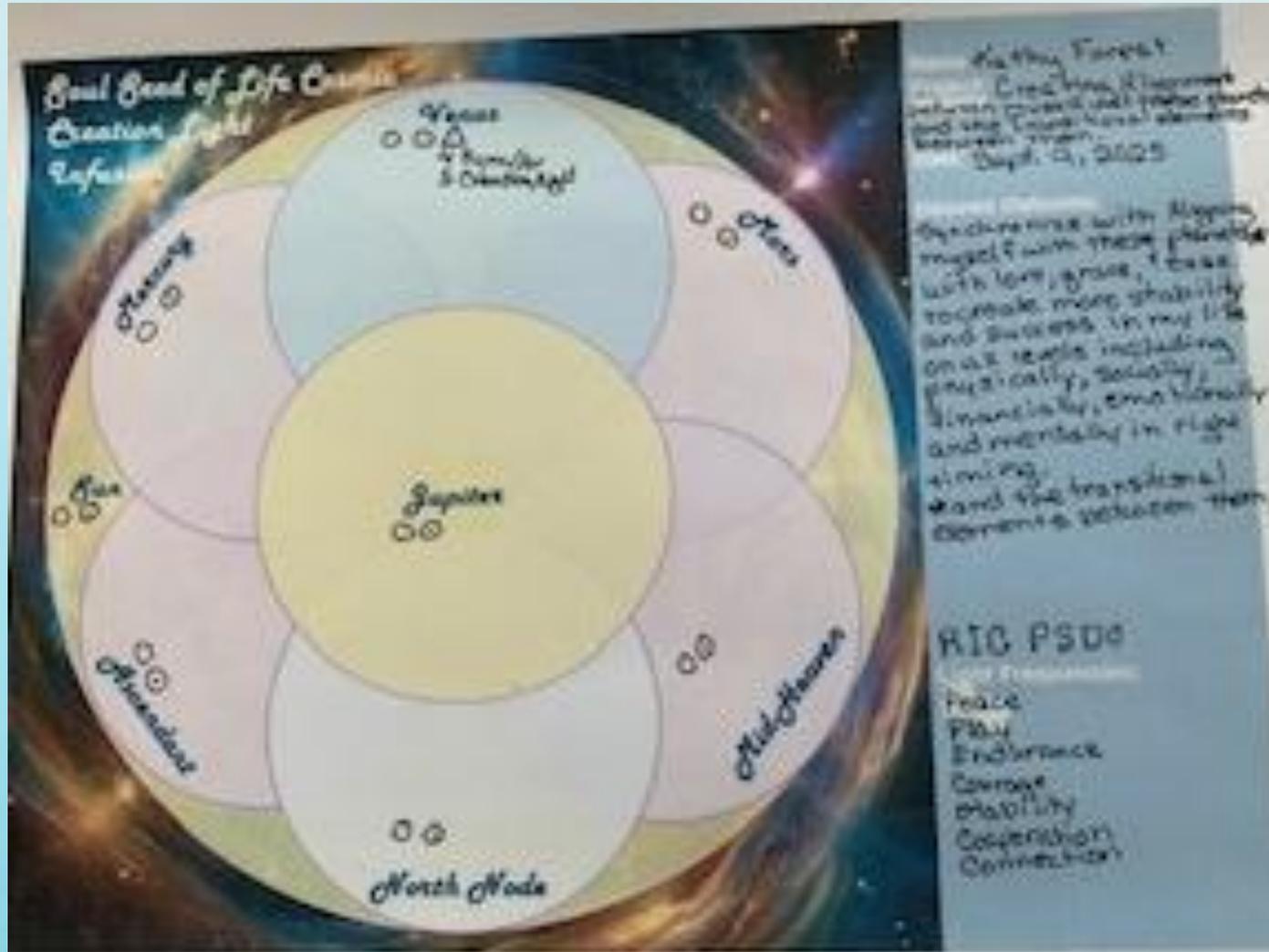
Jupiter

Name: Kathy Forest
Project: Creating Alignment between myself and these planets and the Transitional elements between them.
Date: Sept. 9, 2025

Desired Outcome:
Synchronize with Aligning myself with these planets* with love, grace, & ease to create more stability and success in my life on all levels including physically, socially, financially, emotionally and mentally in right timing.
*and the transitional elements between them.

RIG PSD0
Light Frequencies:

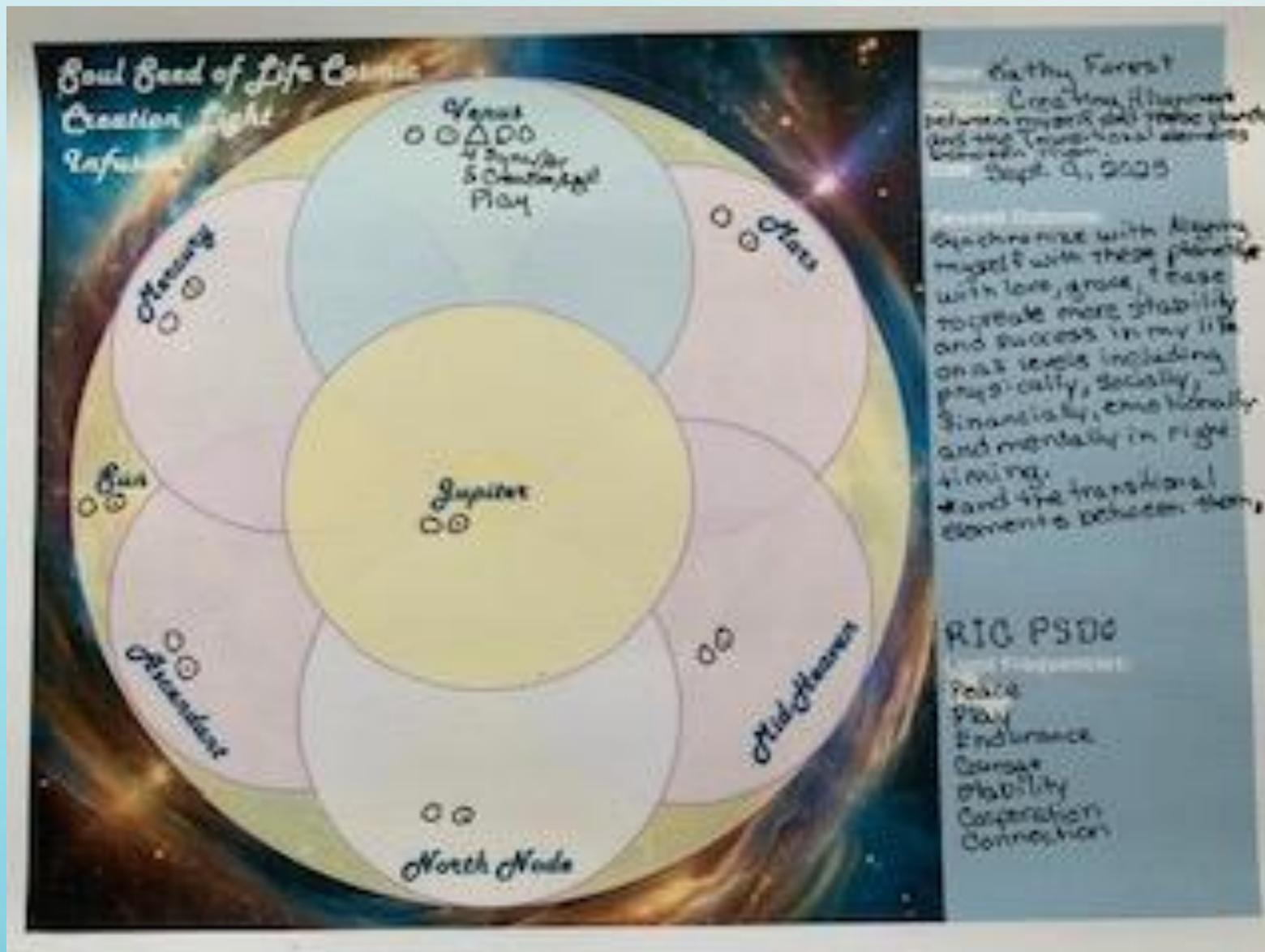
Pull Source Light Frequency cards and record them on your sheet.



Write DO on the Template on the Spirit circle and state: ***"I synchronize with the actuality of: (state Desired Outcomes) with: (state all frequencies)."***



Draw a frequency card for the Venus Circle.



Continue with all the rest of the circles and the Sun in the same manner, reading the intentions with each one and pulling a frequency card for each one in turn.



Then do Circles 4, 5, 6, & 7 for the Emotional body all at once. Use the same Source Light Symbols, and frequency cards for all 4 of these.

**Soul Seed of Life Creation
Light Infusion**

3. Mind
Expansion Service

4. Courage
Creation Light Rest

5. Commitment
Creation Light Rest

7. Spirit
Creation Light Contribution

7. Clarity
Creation Light Rest

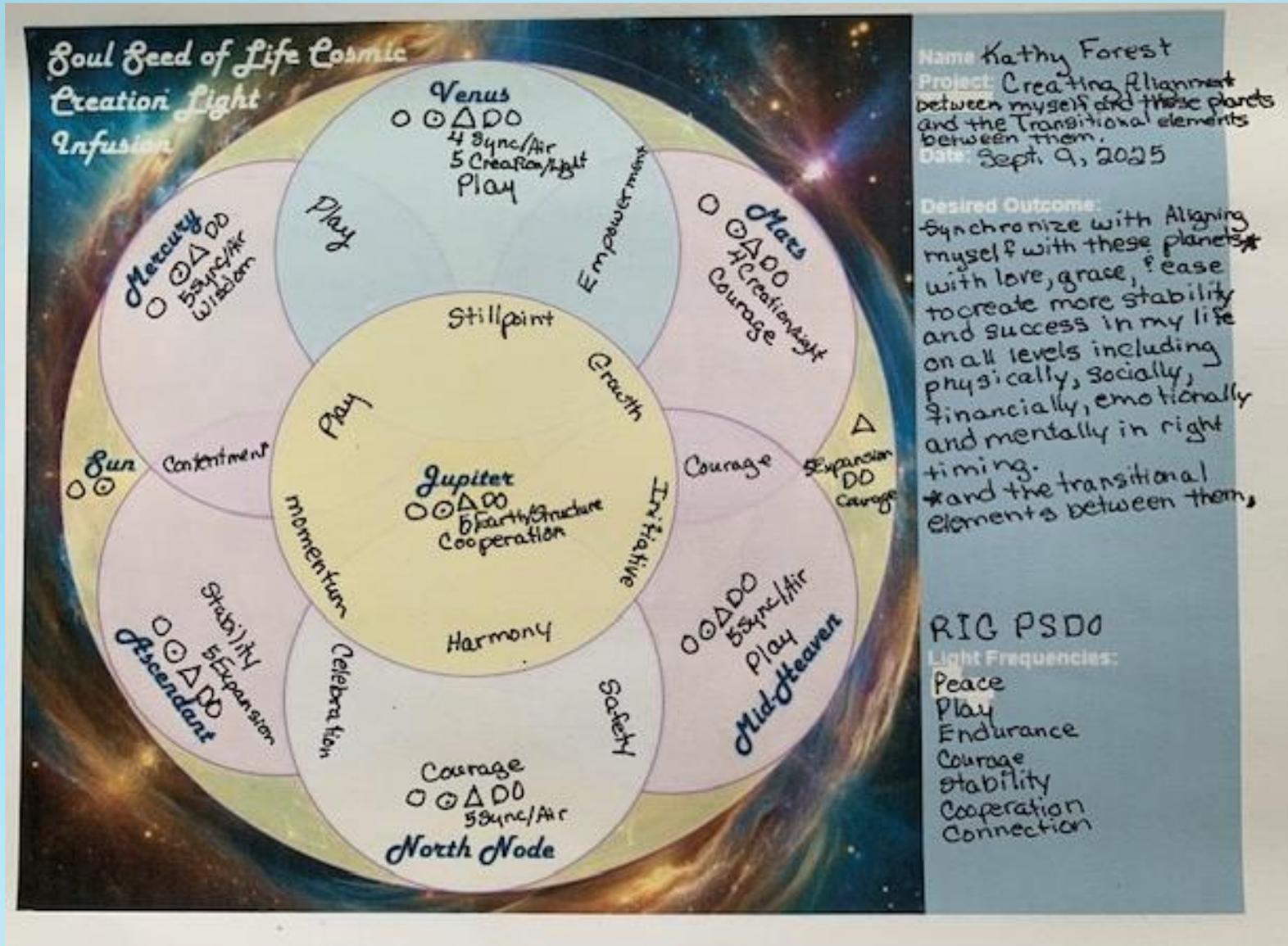
6. Constancy
Creation Light Rest

2. Body
Ink for ether Play

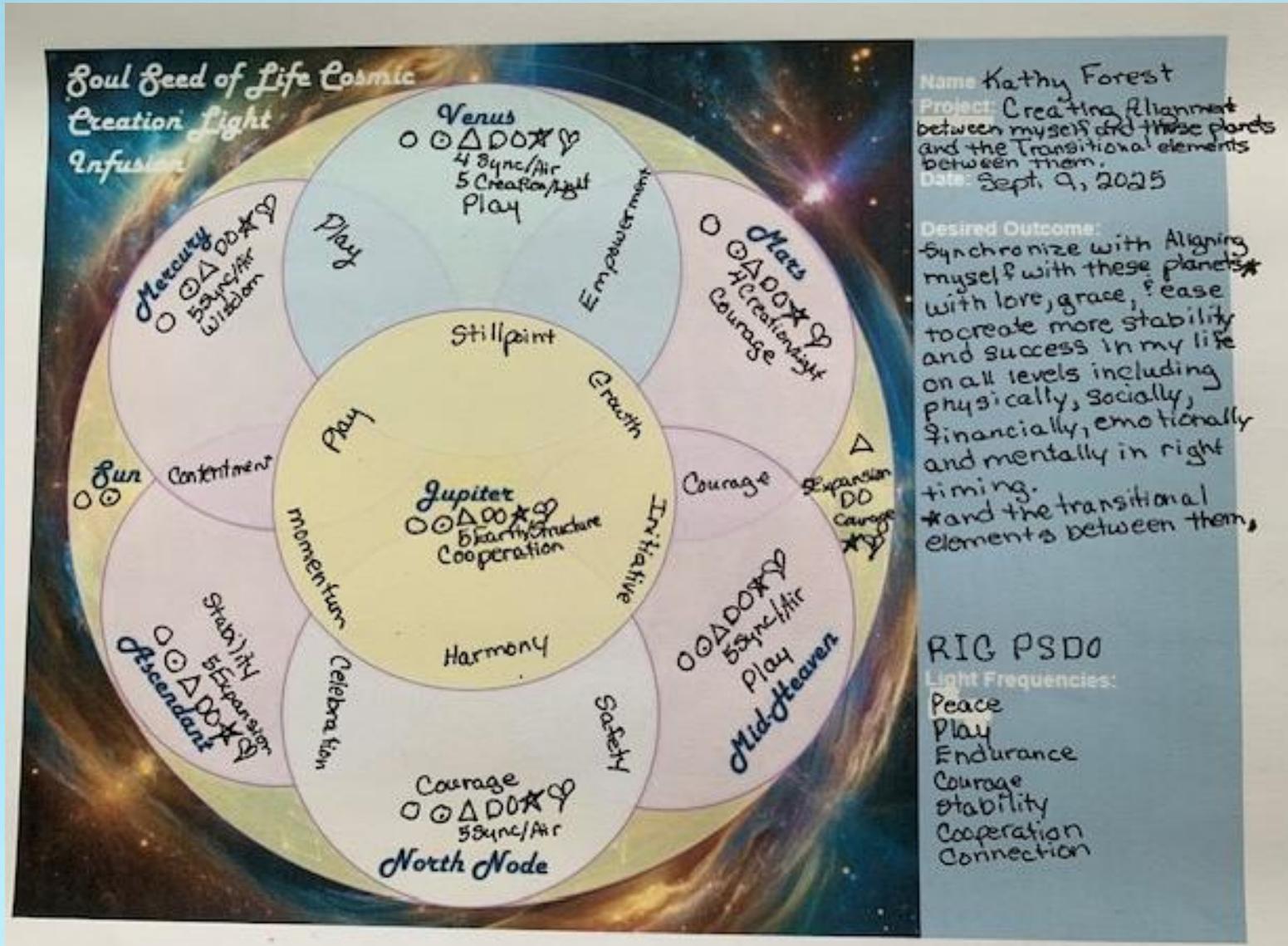
Name: Kathy Forest
Project: Clearing, Healing, Balancing the 4 Subtle Bodies and the transitional elements between them
Date: Aug. 14, 2025
Desired Outcome: Sync with Clearing, Healing and Balancing the 4 Subtle Bodies and the transitional elements between them.

RIG PSDO
Light Frequencies:
Sacredness
Protection
Safety
Strength
Growth
Endurance
Creativity
Synchrony
Receptivity

Draw a frequency card for all the Vesicas.



Close by drawing a star in all circles and stating, ***"I infuse and integrate completion."*** Draw a small heart in both circles and the Vesica, and state, ***"I close this Infusion with Gratitude, in the Light."***





15. Put Template somewhere you can see it or refer back to it and observe what shifts and changes. . Look at the patterns that have manifested, and journal with what you are seeing.

PRACTICE MEDITATING WITH THE TEMPLATE OR EVEN JUST THE REGULARLY.

Questions...



Tips and Homework

- Before using doing any Light Infusion technique, have a clear intent what you are doing.
- Try some of the other techniques and see how they work for you.
- Be sure to go deeply into the Center of all Circles so you have an idea of the resonance to hold in each.
- Double check your Template to ensure you have completed each step.
- Send a picture of class Template to me

Gratitude Ground & Close

