



Light Infusion Therapy 103

Going Deeper

Light Infusion Templates ~ Level 2

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**Note: The healing techniques are only to be performed by a
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**Light Infusion 103 is a Source Light™ class, a dba of
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Dedication~

From the deep recesses of my soul, my sincere love and gratitude goes out to Jamelle Zablow-Moloney for her constant support, relentless exuberance about the work, diligent encouragement, wordsmithing, attention to detail, training in the nuances of writing legalities, and research. Without her, this work would still be in my brain.

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LIGHT INFUSION THERAPY 103 ~

Going Deeper...

Hopefully, by now, you have had a chance to do some Light Infusions for yourself and are beginning to see some real change in your life. You may also have been doing some early versions of the Templates and know how well they can work to help you transform your world.

You may be wondering why we need anything else? Remember, **Light Infusion Therapy** is a strategy you can use to activate innate tools lying dormant in your body, that can assist you in moving through challenges, healing your body, and shifting your life and business. And the Templates give us a way to get those down in a form we can see and relate to, as well as record and readjust as needed.

As the influx of more and more galactic light continues to grow, and the erratic weather patterns produced by solar flares from our Sun continue to help our planet restructure herself, tools like this are going to become even more important...not just personally but globally. Having more tools like this can assist us in making these transitions with much more grace and ease. It also helps us do it deliberately, rather than just waiting for life to carry us along, or continually “putting out fires.”

As we learned in Light Infusion 101, the many challenges of light sensitivity have been due in part to the fact that we have never been taught how to activate our own **Inner Light** on a regular basis. Especially in the western world, this has been relegated to the realm of religion, and has been considered “optional.” Our Soul’s wisdom has not been any louder than the still small voice of our conscience. So, when we actually listened, things might have gone ok. But we probably never really turned our life over to our own Inner Wisdom. And the times we did listen to our conscience, may not have been enough to outweigh our not so enlightened choices.

Through **Light Infusion Therapy** we have been learning to re-establish a connection and relationship with our TRUE self, our SOUL, and re-structure our energy field so we can tap into this unending source of Life Force and utilize it to reshape our lives and our world. We have been “turning on” our own inner light, so we can begin to “digest” the bigger solar and galactic light that is going to be bathing our planet on a regular basis.

The Templates

Now that we have the basic map of how to restructure and reshape our physical world by adjusting our frequency and raising our light quotient, we can begin to really get serious. We can begin to use Sacred Geometry in a more informed way, and actually **ADD** more of its potency to our Desired Outcomes.

Sacred Geometry

From our earlier work with Templates, we remember from our first class, that contained in the light that we are bathed in every day is information, nutrition, lifeforce, energy, and so much more. We can think of **Sacred Geometry** as the building blocks and instructions that form and inform that light to create literally everything we see. The more we understand about how it works, the more equipped we are to use it intelligently to restructure our life and create the New Earth.

So, here's the basics. Energy in its primordial form (what Wallace Wattles calls “the substance that thinks,”) can take on any shape, can create anything...So, how do we program that fundamental energy to create a specific function? How does nature do it? Remember SACRED GEOMETRY is Nature's design language.

It programs the energy by making it move in a *particular energy movement pattern*. When we see the finished energy movement pattern, that is what we call today: SHAPE.

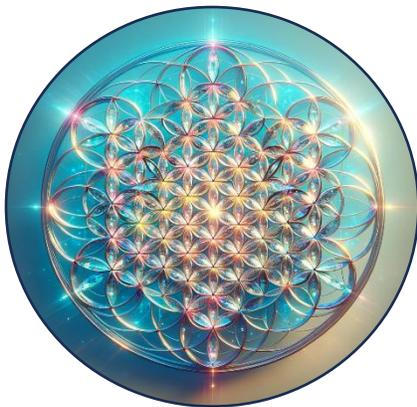
Shape programs energy for all our specific life functions.

For anything to exist in the physical world, something from the primordial planes had to take on a specific structure... it had to take on a specific *SHAPE*...

(remember that shape forms through MOVEMENT!)

In our work with Templates, we know we utilize even more shapes and energies from nature to hold and contain specific frequencies and desired outcomes for our Light Infusions. We use the same format that we use for any Light Infusion. We just record them on what we call a Light Infusion Template, which are beautiful pictures made up of geometric shapes. These not only add more Sacred Geometry to our Desired Outcomes, but they also inform the energies and guide them. They make our hopes and wishes come alive as the Templates take on a life of their own.

We are now going to be diving DEEPER into the literal meaning of the Sacred Geometries we use, so we can make informed choices about which Templates to use and how you want to use it. You can always muscle test if you are unsure which one to use, but this will allow you to be creative as you will be more informed about what you are doing.



Light Infusion Templates ~ Level 2

Sacred Geometry Shapes infused with Source Light Frequencies address complex situations and conditions involving groups and/or individuals. They sustain consistent high vibrational frequencies.

The above symbol is a form of Sacred Geometry known to most as the Flower of Life. It is known to contain all the Sacred Geometry shapes, and some have suggested it be called the Flower of Creation, because that is exactly what it does. Embedded within it are several of the patterns we will use in these beginner Soul Templates.

Some things to remember...

- Each template contains its own level of potential potency consistent with the shapes embedded within it. The frequency of your Desired Outcomes and any other frequencies you add, work with the Template to actualize the outcome.

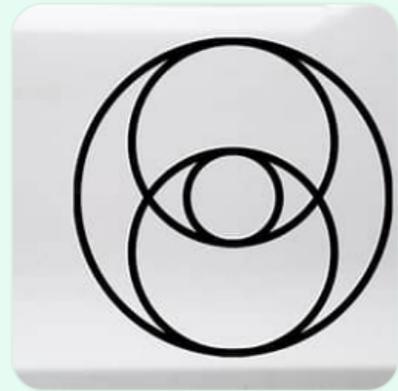
- If you have done the Source Light Protocol in the morning, you do not need to do it again before you do your Template.
- You will find that the more you work with the Templates, the more powerfully they work with you. They literally take on a life of their own and communicate with you.
- Your ability to receive intuitive information, increases as you work with the Templates.
- Templates work well for:
 - Groups, including couples, families, and organizations. (Please note that these must be groups you are a part of. You are not yet ready or qualified to work specifically with or for others. But you can work things out between you and others you are involved with, or any personal issues you are dealing with.)
 - Enhancing any healing issue, creative endeavor or actualizing desired outcome for yourself.
 - Enhancing intuitive guidance around a situation. The Templates can begin to inform us as we work more deeply with them.

Doing A Basic Template Session for Yourself:

1. Use any of the Templates provided for this process.
2. Make sure you have done the Daily Protocol before beginning, and that you are connected to your Soul through your heart space.
3. Write your name, the name of the project, and the date on the Template in the space provided in the upper right corner.
4. Determine your Desired Outcomes and write them using neutral but specific frequency language: Synchronize with welcoming 35 students into my next class, or synchronize with receiving \$5,000 in the month of April, or Synchronize with a healthy body, or a healed ankle, synchronize with a healed relationship with..., etc.
5. **Be sure to include “Receiving Intuitive Guidance,” and “Allow PS DO” (postscript desired outcomes), in your Desired Outcomes.**
6. Draw a small circle with a dot in the middle to indicate Soul Connection. (You can use the oval on the picture provided for this or write it anywhere on the picture.) Drop into your Soul. State, *“I connect to my Source Light Center Point or My Soul.”*
7. Draw another circle next to it and say, *“I activate opportunities for healing, growth, and restoration.”*
8. Pull a Source Light Symbol Card and muscle test for how many.
9. Draw a triangle on the template and write the Name & Number of Source Light Symbols beside it saying, *“I anchor in (number, name) Source Light Symbols.”*
10. Muscle test to see if you need anymore. If so repeat steps 8-9 but use the same triangle.
11. Pull Source Light Frequency cards and record them on your sheet.
12. Write DO on the Template and state: *“I synchronize with the actuality of: (state Desired Outcomes) with: (state all frequencies).”*
13. Close by drawing a star and stating, *“I infuse and integrate completion.”*
14. Draw a small heart, and state, *“I close this Infusion with Gratitude, in the Light.”*
15. Put Template somewhere you can see it or refer back to it and observe what shifts and changes. When your Desired Outcomes have been met or you feel the Template is complete, you can file it away.

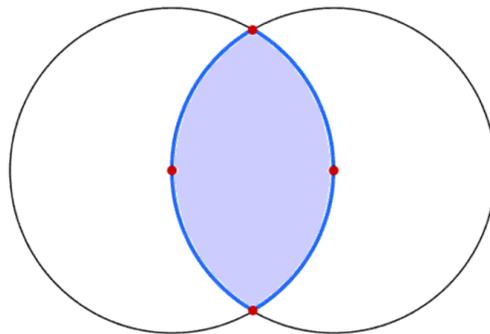
The Vesica Piscis

The **vesica piscis symbol** is formed by the intersection of two congruent circles, creating a shape that resembles a fish or an almond. The term "vesica piscis" translates from Latin to "bladder of a fish," reflecting its shape. This symbol has significant spiritual meanings, often associated with **creation, life, rebirth, renewal, and divine feminine energy**. It has been used in various cultures and religious contexts throughout history, symbolizing the interconnectedness of life and the universe. [↪ Wikipedia](#) [+3](#)



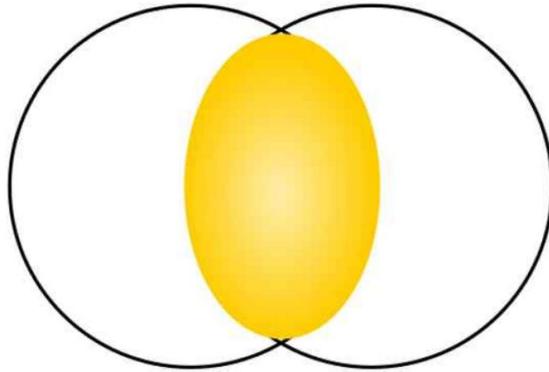
This is a basic definition. In truth this is THE MOST POWERFUL SYMBOL. It is always going to manifest change – AND SOMETHING NEW!

The Vesica Piscis is one of the most powerful sacred geometry symbols. This is because it is the primary or foundational symbol from which all other sacred geometry symbols are derived! Despite its seemingly simplistic design, consisting solely of two intersecting circles, the meaning it contains is extremely profound. It has historical significance, hidden meaning and holds 12 secret sacred geometry symbols within it. So, without even going into the precision of the mathematics behind it, which is a whole other class in itself, the potency cannot be ignored.



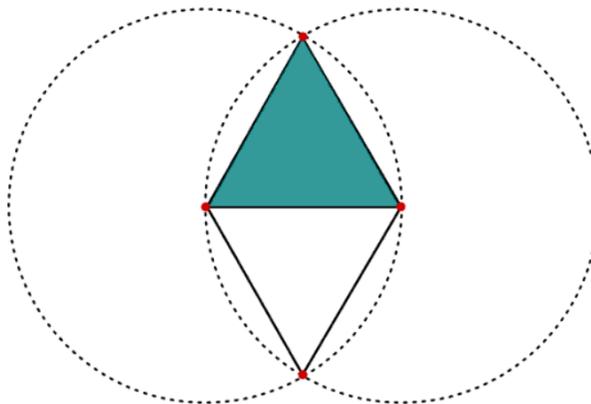
Let's look at a **few of the important symbols found within the Vesica Piscis** and the various symbols that can be created using it.

1. Cosmic Egg



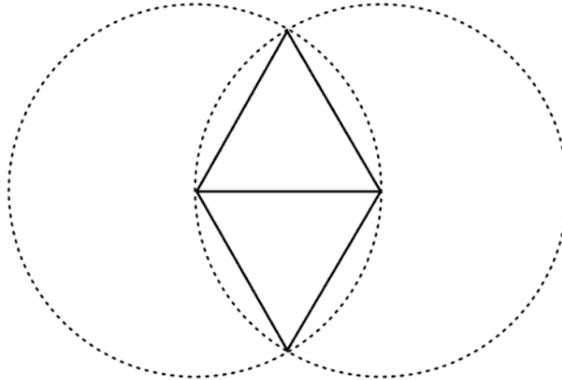
When viewed in 3D (3 dimensions), the Vesica Piscis resembles the shape of the cosmic egg. The Cosmic Egg is an ancient symbol that has appeared in various cultures around the world, representing the concept of creation and the birth of new life. For instance, in Hinduism, it is believed that Brahma, the Hindu God of Creation, was born out of the cosmic egg. In fact, the Sanskrit word for the Universe translates to the Egg of Brahma. Overall, the cosmic egg symbolizes the idea of creation and renewal across various cultures and mythologies. It represents the cyclical nature of life and the eternal process of birth, growth, death, and rebirth.

2. Equilateral triangle



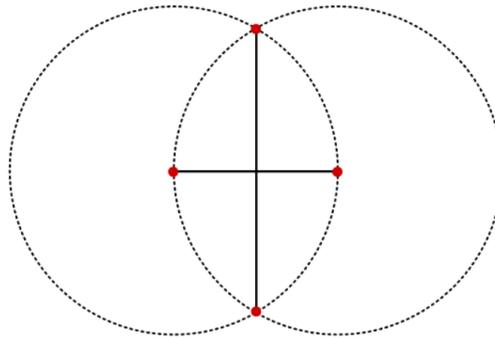
One of the most prominent symbols found within Vesica Piscis is the equilateral triangle, which is formed by connecting the point where the two circles intersect with the centers of the circles. The equilateral triangle is a powerful symbol in many cultures and is often associated with concepts such as unity, balance and harmony.

3. Vesica Diamond



Another symbol that can be found within the Vesica Piscis is the rhombus or diamond shape. The rhombus (known as Vesica Diamond) is created by connecting all the four points where the circles overlap. The rhombus is often used as a symbol of balance, symmetry, fertility, purity, and protection. The rhombus consists of two equilateral triangles, one facing upward and the other facing downward which represent the concept of Yin and Yang. Similarly, in some cultures, the four corners of the rhombus are associated with the four elements with the central dot representing Ether, God, or Source Energy.

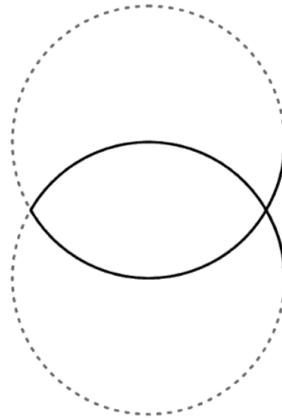
4. Pagan Cross



Cross inside Vesica Piscis

The cross can be found within the Vesica Piscis by extending the lines of the intersection points between the two circles to create a central axis. **The cross within the Vesica Piscis is believed to represent the union of heaven and earth, the spiritual and physical realms, and the balance between opposing forces.** The cross is also a powerful symbol in Christianity, representing the crucifixion and resurrection of Jesus Christ

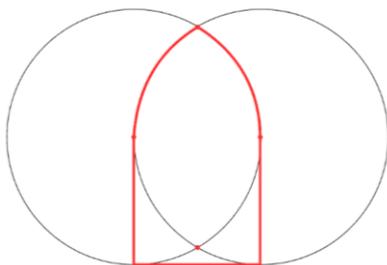
5. Jesus Fish



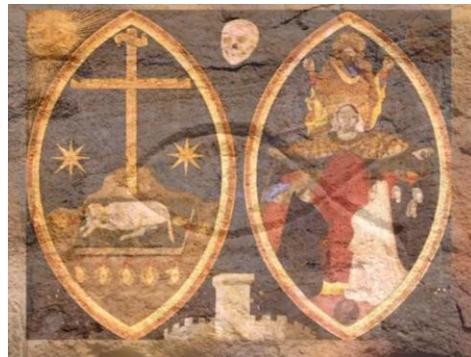
Jesus fish inside Vesica Piscis

The Jesus fish, also known as the Ichthys, is another important symbol in Christianity. The Jesus fish can be found within the Vesica Piscis when it is viewed horizontally by placing one circle on top of the other. The two circles create a shape that resembles a fish, with the center of the fish intersecting the central axis of the Vesica Piscis. The Jesus fish within the Vesica Piscis represents the divine nature of Christ and his union with the physical world.

6. Gothic Pointed Arch

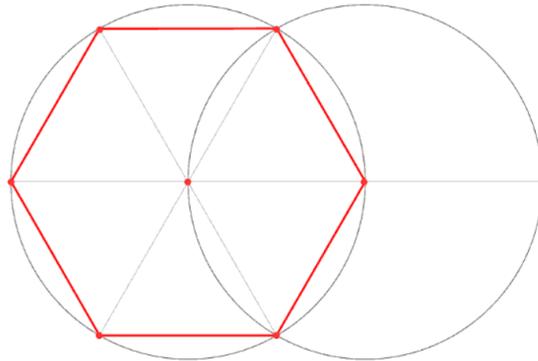


Gothic pointed arch inside Vesica Piscis



Another important symbol found within the Vesica Piscis is the Pointed Arch. During the Gothic period, the pointed arch pattern was frequently used to design the entrances of cathedrals and represented the gateway to heaven (because it literally is!). This design was not only symbolically important, but it also served a practical purpose as it was more capable of supporting weight.

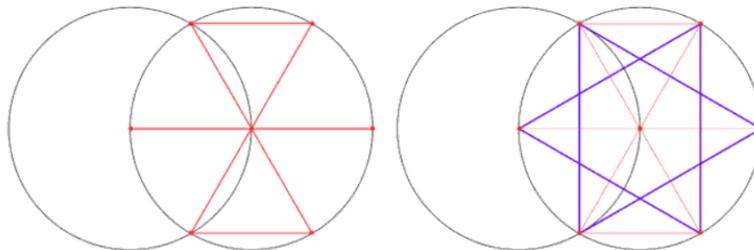
7. Hexagon



Hexagon inside Vesica Piscis

The Vesica Piscis has within it the hexagon and within the hexagon, you can see the six-pointed star. The hexagon is a powerful symbol in sacred geometry, representing balance and harmony. The hexagon is a six-sided polygon, with each side and angle being equal. This creates a shape that is both symmetrical and balanced, reflecting the idea of equilibrium and interconnectedness. In addition, the hexagon also has significant connections to nature. **It is seen in the honeycomb patterns of beehives, in the crystalline structures of many minerals, like quartz, snowflakes, Basalt Columns, and many more.**

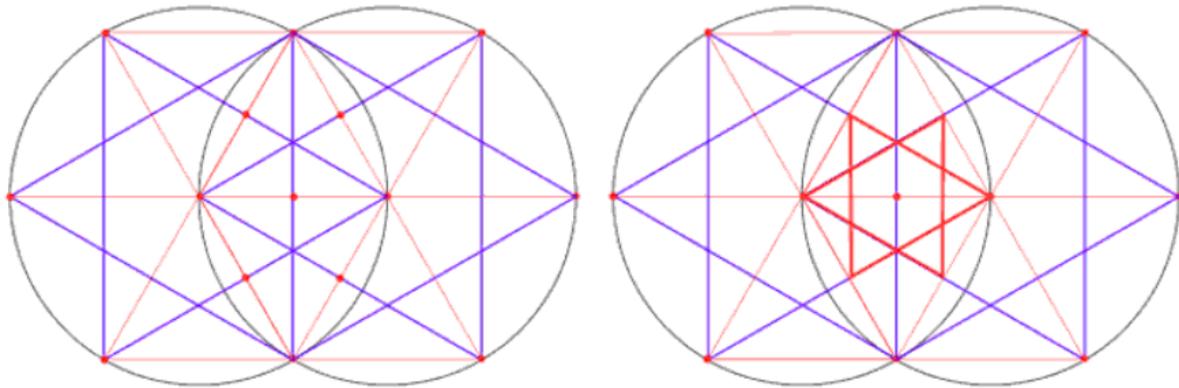
8. Hexagram or the Six-Pointed Star



Hexagram within the Vesica Piscis

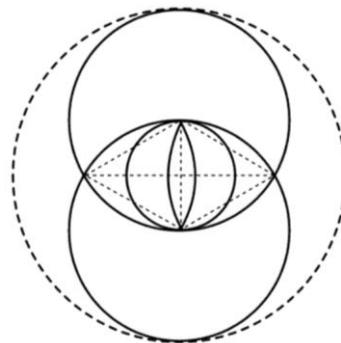
As depicted in the image above, the Six-Pointed Star is found within the Vesica Piscis. The Six-Pointed star consists of two equilateral triangles, one facing upward and the other facing downwards. **The upward-facing triangle represents the divine masculine energy, and the downward one represents the divine feminine.** Their merging together symbolizes the act of creation. This is an ancient symbol found across various religions. **For instance**, in Judaism the Six-Pointed star is known as **Star of David** and in Hinduism, it is known as **Shatkona**.

What's even more intriguing is that within each circle of the Vesica Piscis lies a Six-Pointed Star. As these stars converge at the center, they create another Six-Pointed star right within the Mandorla, as illustrated in the image below.



3 hexagrams within the Vesica Piscis

9. Cosmic Eye & the Third Eye Chakra

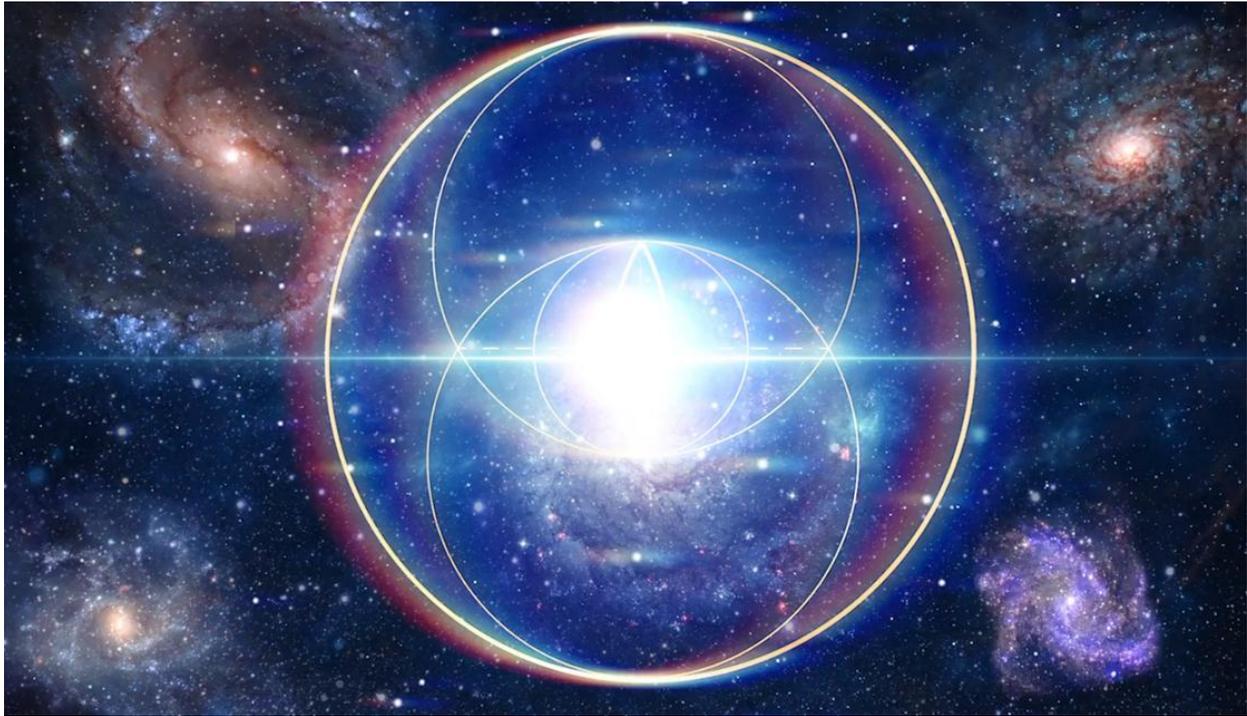


Vesica Piscis - Cosmic Eye

When viewed so that the lens is horizontal with overlapping circles placing one on top of the other, the Vesica Piscis **symbolizes the All Seeing Eye of the divine**. This symbol is often associated with the concept of enlightenment and the ability to see beyond the physical realm into the realm of the spiritual. The Cosmic Eye symbolizes the ultimate truth and knowledge that exists beyond the physical realm, and the insight and awareness that can be gained through spiritual practice. **It also represents the third eye (inner eye) or the pineal gland**. In fact, the Pineal Gland is said to be ovoid in shape similar to the shape of an almond. The pineal gland is thought to be the seat of the soul and the gateway to higher states of consciousness. Thus, the Vesica Piscis can be seen as a powerful symbol of spiritual awakening and the opening of the third eye.

“This pattern holds the secret of creating a portal to the divine by balancing opposite polarities.”

~ Robert Gilbert



The Secret Superpower of the Vesica lies in what we know about bio-geometry. When two different energies merge, there will come a point when the outer edge of one of them meets the center (life-force/Source Light Point) of the other, and vice versa. If they are positioned and proportioned in such a way that this happens to both at the same time, it is an explosion of creation. It's like a light current moves between them and LIGHT is emitted. Suddenly there are 3 not 2 and even the original 2 are changed forever.

The perfect Marriage of 2 different things. The truth is, every single time we engage in ceremony, we are merging 2 different forces.

The closer you can get both the center points to meet at the exact time, the more true to the mark your desired outcomes are going to be. And how do you do that? By going to your heart... and staying there. Keeping it alive and active through the process. Letting the whole process come from your heart and not your head.

In truth this combining of opposing forces is literally what is keeping us all alive and keeps this dimension functioning. It happens everywhere. When we eat. When we pray. When we meditate. When we breathe. All the bodily functions are doing it constantly. *When we call in sacred space*, we are engaging that action.

Abwoon deba shimiya: We are calling in the above frequencies, and the below frequencies, the Spirit and the Physical, we are asking it to meet in our hearts and we are inviting it to explode all around us in a bubble of light. Don't think Yeshua didn't know. He did. He could see it! Then the second line of his prayer – **Nit ka dishemo** - Make space for the big self (SOUL) inside this Bubble!

By using this template. We can assist in directing that flow. But we better make sure it is coming from the Soul. Make sure it includes the highest outcome for all concerned.

Why Does This Symbol Matter Spiritually?

At first glance, the Vesica Piscis might seem like just another geometric figure. But when you delve deeper into its meanings, you find that it represents profound spiritual concepts:

- **Unity and Duality:** The two circles represent two separate entities, often seen as opposites—such as the physical and spiritual, male and female, light and dark. However, their intersection symbolizes unity and balance. It's a reminder that dualities exist, but harmony can always be found in their overlap.
- **Creation and the Womb:** The shape created by the overlapping circles has often been compared to the shape of a womb. It's a universal symbol for creation, fertility, and the birthing of new ideas or realities. Many ancient cultures viewed this as the divine feminine, the space where new life emerges.
- **Divine Proportion:** The Vesica Piscis is related to the mathematical concept of the Golden Ratio, which appears throughout nature—in seashells, flowers, and even galaxies. It's seen as a reflection of the divine order of the universe. The symbol serves as a reminder that everything in life has a purpose and is part of a larger, sacred geometry.

So, there are some **HUGE DEEPER KNOWINGS** that we need to pay attention to when we use this template!

Deeper Knowing 1:

What is the significance of hitting the center of each of the circles? What do we know lies in the center?

Life Force – BG3 – the **most concentrated form** of BG3 **in the frequency** of one circle, is touched by the outside edge of an object of a different frequency, while the exact same thing is happening in the other circle.

THIS IS HOW LIFE HAPPENS – how everything on this planet STAYS IN FORM! OPPOSING ENERGY HITTING THE CENTER, THE HEART OF another constantly is what keeps us from evaporating.

Deeper Knowing 2:

When positioned so that these **Life Force** centers connect, **this opens a portal to another realm, full of...MORE...more life force, more possibilities...MORE.**

Thus, keeping this portal open:

- Allows more life force into the system,
- Keeps the system functioning optimally,
- Allows for change and growth of BOTH sides.

So, knowing how to manage the energy coming from the center and keeping the sides in balance so they are always plugged in to the heart of the other also is going to be key when we set up a Template.

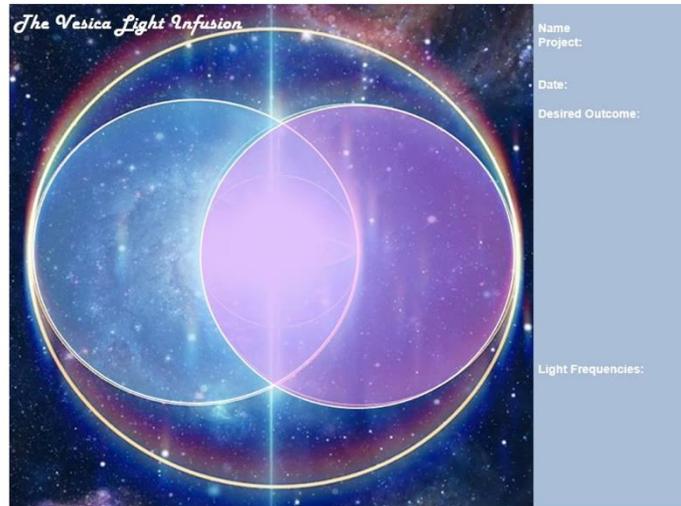
The concern here is always, ***“EXACTLY WHAT are you going to bring through that portal*** – Case in point: CERN.

And in truth, we never really truly know what the outcome is going to be when we bring 2 posing and opposite forces together, especially in 3-dimensional reality right now. **Thus, it behooves us to go even deeper into our Soul for Holy Wisdom, before we use this very powerful tool to shift our outward landscape.**

And it may also be a wiser move to go within – **open that Portal within rather than without first...**

Which is how we are going to begin to use this new Template first.

The Vesica Light Infusion



For now, begin with:

- Any kind of inner work:
- Sacred Union with Higher Self/Soul
- Sacred Marriage
- Internal Shifts necessary for External Outcomes
- “Who do I need to be to create...”
 - *Physical Health
 - *Healthy Relationship
 - *Thriving Business”

Sacred Union with Higher Self

1. Do steps 1-3 on page 9 of this manual.
2. Write your name, the name of the project, and the date on the Template in the space provided in the upper right corner.
3. Determine your Desired Outcomes and write them using neutral but specific frequency language. Include, “Receive Intuitive Guidance” and “Allow PS DO.” Examples might include:
 - Keep my Soul in Charge
 - Balance My Soul Self (Higher Self) with Physical Needs & Desires

- Deeply know who I am at Soul Level
 - Allow my Soul Self to support my Physical Self
 - Allow myself to receive from my Soul
 - Honor my Physical Self and Needs
4. Write Soul Self/Higher Self in one circle; write Physical/Ego Self in the other circle; write what divine energy you want to be in the Vesica (Source Light, Higher Self, etc.)
 5. Do steps 6-7 on page 9 of this manual in each of the circles including the Vesica Pisces.
 6. Do steps 8-12 on page 9 of this manual in each of the circles including the Vesica Pisces.
 7. Anchor the main Desired Outcome in each of the circles and the Vesica Pisces by stating them and writing DO in each of the circles. Be sure to use the verbiage: *“I synchronize with the actuality of: (state Desired Outcomes) with: (state Source Light Frequencies).”*
 8. In the Vesica Pisces also include the desired outcome of Balance Dualities.
 9. Pick at least 1 Source Light Frequency card for each circle including the Vesica Pisces.
 10. Do steps 13-16 in each circle and the Vesica Pisces to close.

Sacred Marriage

1. Do steps 1-3 on page 9 of this manual.
2. Write your name, the name of the project, and the date on the Template in the space provided in the upper right corner.
3. Determine your Desired Outcomes and write them using neutral but specific frequency language. Include, “Receive Intuitive Guidance” and “Allow PS DO.” Examples might include:
 - a. Balance my Inner Masculine & Inner Feminine
 - b. Allow my Inner Masculine to fully support and be in service to my inner feminine (not my brain default).
 - c. Allow My Inner Feminine to Fully Receive from my Inner Masculine in all Areas

4. Write Inner Masculine in one circle; write Inner Feminine in the other circle; write what divine energy you want to be in the Vesica (Source Light, Higher Self, etc.)
5. Do steps 6-7 on page 9 of this manual in each of the circles including the Vesica Pisces.
6. Do steps 8-12 on page 9 of this manual in each of the circles including the Vesica Pisces.
7. Anchor the main Desired Outcome in each of the circles and the Vesica Pisces by stating them and writing DO in each of the circles. Be sure to use the verbiage: *“I synchronize with the actuality of: (state Desired Outcomes) with: (state Source Light Frequencies).*
8. In the Vesica Pisces also include the desired outcome of Balancing Dualities.
9. Pick at least 1 Source Light Frequency card for each circle including the Vesica Pisces.
10. Do steps 13-16 in each circle and the Vesica Pisces to close.

Later this one can be used for more Inner Work

- Transforming Belief Systems.
- Dissolving harmful emotions like anger, fear, greed, etc.
- Any other inner transformation.
- Any of the other situations covered in the Sacred Union Light Infusion
- Transitions

Transforming Belief Systems

This process will work well for any kind of inner belief system shift.

1. Do steps 1-3 on page 9 of this manual.
2. Write your name, project (specific transition) and the date on the Template in the space provided in the upper right corner.
3. Determine your Desired Outcomes and write them using neutral but specific frequency language. Be sure to include: “Synchronizing with healthy, positive, or accurate belief systems regarding ____ (money,

- relationships, masculine/feminine, etc.” Consider any other outcomes you would like to see happen and include them. Include, “Receive Intuitive Guidance” and “Allow PS DO.”
4. Write “Old Perspective” in one circle, and “New Perspective”, in the other. In the Vesica Pisces write, “Source Light Portal of Transformation.”
 5. Do steps 6-7 on page 9 of this manual in each of the circles including the Vesica Pisces.
 6. Do steps 8-12 on page 9 of this manual in each of the circles including the Vesica Pisces.
 7. Anchor the main Desired Outcome in each of the circles and the Vesica Pisces by stating them and writing DO in each of the circles. Be sure to use the verbiage: *“I synchronize with the actuality of: (state Desired Outcomes) with: (state Source Light Frequencies).”*
 8. In the “before” circle you can include this Desired Outcome: “Synchronize with an energetic bridge to transition in the frequencies of love. Synchronize with letting go, right timing, safety, and grace”, if appropriate.
 9. In the “after” circle you can include this Desired Outcome: “Synchronize with balance and stabilization after transitioning” if appropriate.
 10. In the Vesica Pisces, write: *“Synchronize with the bridge of transition.”*
 11. Pick at least 1 Source Light Frequency card for each circle including the Vesica Pisces and write them in the respective circles.
 12. Do steps 13-16 in each circle and the Vesica Pisces to close.

Dissolving Harmful Emotions

This process will work well for releasing any kind of toxic emotions.

1. Do steps 1-3 on page 9 of this manual.
2. Write your name, project (releasing the toxic emotions of) and the date on the Template in the space provided in the upper right corner.
3. Determine your Desired Outcomes and write them using neutral but specific frequency language. Be sure to include: “Synchronizing with releasing ____ (toxic emotions and replacing them with ____.” (Pull SL

Frequency cards here if you need help.) Consider any other outcomes you would like to see happen and include them. Include, “Receive Intuitive Guidance” and “Allow PS DO.”

4. Write “Release toxic emotions of ____” in one circle, and “Replace with____”, in the other. In the Vesica Pisces write, “Source Light Portal of Transformation.”
5. Do steps 6-7 on page 9 of this manual in each of the circles including the Vesica Pisces.
6. Do steps 8-12 on page 9 of this manual in each of the circles including the Vesica Pisces.
7. Anchor the main Desired Outcome in each of the circles and the Vesica Pisces by stating them and writing DO in each of the circles. Be sure to use the verbiage: *“I synchronize with the actuality of: (state Desired Outcomes) with: (state Source Light Frequencies).”*
8. In the “Release” circle you can include this Desired Outcome: “Synchronize with an energetic bridge to transition in the frequencies of love” or other frequencies, if appropriate.
9. In the “Replace” circle you can include this Desired Outcome: “Synchronize with ease and grace through this transition.” if appropriate.
10. In the Vesica Pisces, write: *“Synchronize with the bridge of transformation.”*
11. Pick at least 1 Source Light Frequency card for each circle including the Vesica Pisces and write them in the respective circles.
12. Do steps 13-16 in each circle and the Vesica Pisces to close.

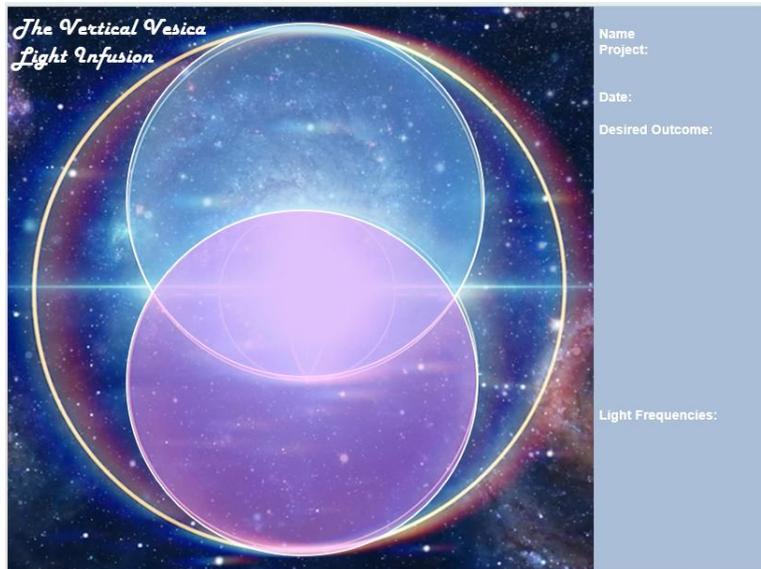
Transitions

This process will work well for any kind of transition such as a job, moving to a new location, changing seasons, etc.

1. Do steps 1-3 on page 9 of this manual.
2. Write your name, project (specific transition) and the date on the Template in the space provided in the upper right corner.

3. Determine your Desired Outcomes and write them using neutral but specific frequency language. Be sure to include: "Synchronizing with transitioning with safety, grace and right timing." Consider any other outcomes you would like to see happen and include them. Include, "Receive Intuitive Guidance" and "Allow PS DO."
4. Write your name in one circle with the words "Now" or "before transition" and your name with the words "after transition" or something to indicate that, in the other. Also, muscle test to see what goes in the Vesica Pisces. It could be the Higher Selves of both parties, Source Light Consciousness, Divine Light, Divine Love, etc. See more in the Appendix.
5. Do steps 6-7 on page 9 of this manual in each of the circles including the Vesica Pisces.
6. Do steps 8-12 on page 9 of this manual in each of the circles including the Vesica Pisces.
7. Anchor the main Desired Outcome in each of the circles and the Vesica Pisces by stating them and writing DO in each of the circles. Be sure to use the verbiage: *"I synchronize with the actuality of: (state Desired Outcomes) with: (state Source Light Frequencies).*
8. In the "before" circle be sure to include this Desired Outcome: "Synchronize with an energetic bridge to transition in the frequencies of love. Synchronize with letting go, right timing, safety, and grace."
9. In the "after" circle be sure to include this Desired Outcome: "Synchronize with balance and stabilization after transitioning."
10. In the Vesica Pisces, write: *"Synchronize with the bridge of transition in appropriate timing."*
11. Pick at least 1 Source Light Frequency card for each circle including the Vesica Pisces and write them in the respective circles.
12. Do steps 13-16 in each circle and the Vesica Pisces to close.

The Vertical Vesica Light Infusion



This one can be used for any of the following where this one makes more sense to you:

- Align with your highest organic timeline (NEW)
- Any kind of inner work: (p. 19-24)
- Sacred Union with Higher Self/Soul
- Sacred Marriage
- Shifting Timelines
- Internal Shifts necessary for External Outcomes
- “Who do I need to be to create...”
 - *Physical Health
 - *Healthy Relationship
 - *Thriving Business”



This is an example of an affirmation that might be helpful as we begin to navigate these times in earnest... I used this to create my Timeline Alignment Vertical Vesica.

“By my sovereign will, under Creator’s law, I now call forth my Highest Original Intelligence to come through my Source Light Energy Field...the living record of my divine soul essence, encoded before distortion or fragmentation.

I ask for complete alignment with my highest organic timeline...the one that honors my truth, my path, and my soul’s purest purpose.

I dissolve and release all false overlays, synthetic programs, hijacked grids, and timelines not sourced in love. No external force may override my will, inert my field, or access what is sacred within me.

I welcome my eternal Soul Intelligence, my inner compass, and my divine mirror to rise fully within my heart, body and field to activate the remembrance of who I truly am...a sovereign being of Light, protected, guided, and encoded with the pure flame of Creator Source. Let all that is not of this frequency fall away and only TRUTH remain.

I am aligned, protected, and remembered.

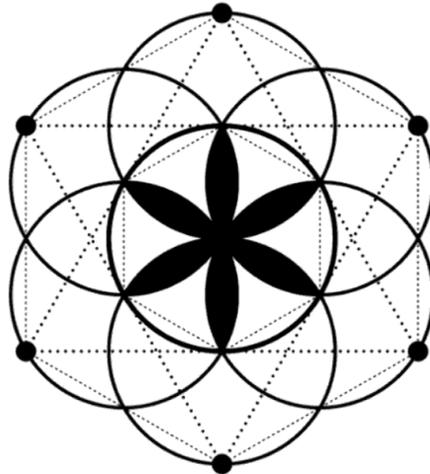
So, it is..

Align with your highest organic timeline

1. Do steps 1-3 on page 9 of this manual.
2. Write your name, the name of the project, and the date on the Template in the space provided in the upper right corner. For this one you could use:
Highest Timeline Alignment
3. Determine your Desired Outcomes and write them using neutral but specific frequency language. For this one, I used portions of the affirmation on p.26. Examples might include:
 - Align with my highest organic timeline
 - Honor my path, my truth, my Soul's purest purpose
 - Dissolve and release all false overlays, synthetic programs, hijacked grids, and timelines not Sourced in Love
 - Deflect outside forces that try to override my will, field, or what is Sacred within me
 - Welcome Soul Intelligence, my inner compass, my divine mirror
 - Release all false beliefs that keep me stuck and replace them with TRUE Beliefs that support and uplift me.
 - Remember I am a Sovereign Being of Light
 - Remember I am protected, guided, and encoded with the pure Flame of Creator Source
 - Allow all that is not of this frequency to fall away and only truth remain
 - Remember RIG (Receive Intuitive Guidance) and PSDO (Postscript Desired Outcomes)
11. Write **Divine Design for my Soul** in the *upper circle*; write **The Physical Experience of my Soul** in the *lower circle*; write what divine energy you want to be in the Vesica (Holy Wisdom, Source Light Consciousness, Source Light, Higher Self, etc.)
12. Do steps 6-7 on page 9 of this manual in each of the circles including the Vesica Pisces.
13. Do steps 8-12 on page 9 of this manual in each of the circles including the Vesica Pisces.

14. Anchor the main Desired Outcome in each of the circles and the Vesica Pisces by stating them and writing DO in each of the circles. Be sure to use the verbiage: *“I synchronize with the actuality of: (state Desired Outcomes) with: (state Source Light Frequencies).”*
15. In the **Upper Circle** also write the intention: *“Synchronize with allowing the Pure essence of my Soul to come through and embody with purity and grace to support my current physical experience.”*
16. In the **Vesica Pisces** also include the desired outcome of *“Synchronize with the Gentle Bridge of Transformation and Right Timing.”*
17. In the **Lower Circle** also write the intention: *“Synchronize with gently releasing all that is holding me back from experiencing the joy, love, abundance and prosperity I require and desire in this physical incarnation.”*
18. Pick at least 1 Source Light Frequency card for each circle including the Vesica Pisces.
19. Do steps 13-16 in each circle and the Vesica Pisces to close.

The Seed of Life



The Seed of Life is one of the most fundamental symbols of sacred geometry. Even though it is a basic pattern created using 7 overlapping circles, the meaning it contains is extremely profound. So much that entire books can be written just to explain the various meanings and symbolisms associated with it.

The Seed of Life is a 2D (two-dimensional) geometric symbol consisting of seven evenly spaced circles that intersect with one another to create a symmetrical flower-like pattern. The symbol is typically depicted with an outer circle, which means that it consists of a total of eight circles (7 inner circles plus 1 outer circle).

The Seed of Life is a powerful symbol of creation and is considered the first and original shape out of which all other aspects of creation emanate. One of the reasons for this is that the Seed of Life forms the base for another powerful symbol known as the Flower of Life which is considered to be the blueprint of the universe. From what we now know about the power of the Vesica Pisces, noting how many Vesica's are contained within the Seed of Life, you can see the reason for it's potency.

The Seed of Life is also referred to as the Genesis Pattern, as it is believed to symbolize the seven days of creation in the Bible. **The six outer circles represent the six days of creation, while the central circle represents the Sabbath or the Creator's consciousness.** The 7 circles also represent the 7 Major notes, 7 chakras, 7 metals of alchemy, and 7 days of the week.

The Seed of Life is an ancient symbol that has been found across diverse cultures and religions including Egyptian, Babylonian, Chinese, Hinduism, Christianity, and Islam. It has been found in historical churches, temples, synagogues, books, and other artifacts. The oldest known representation of this symbol can be seen on the walls of the Temple of Osiris at Abydos, dating back nearly 6,000 years.

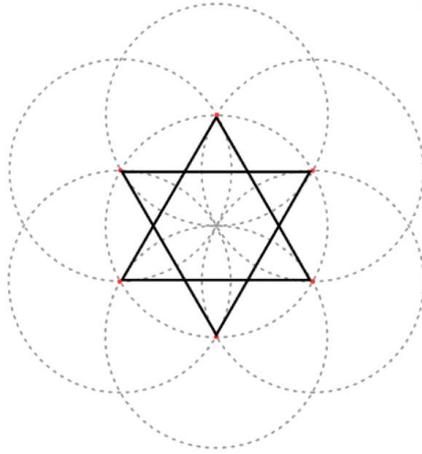


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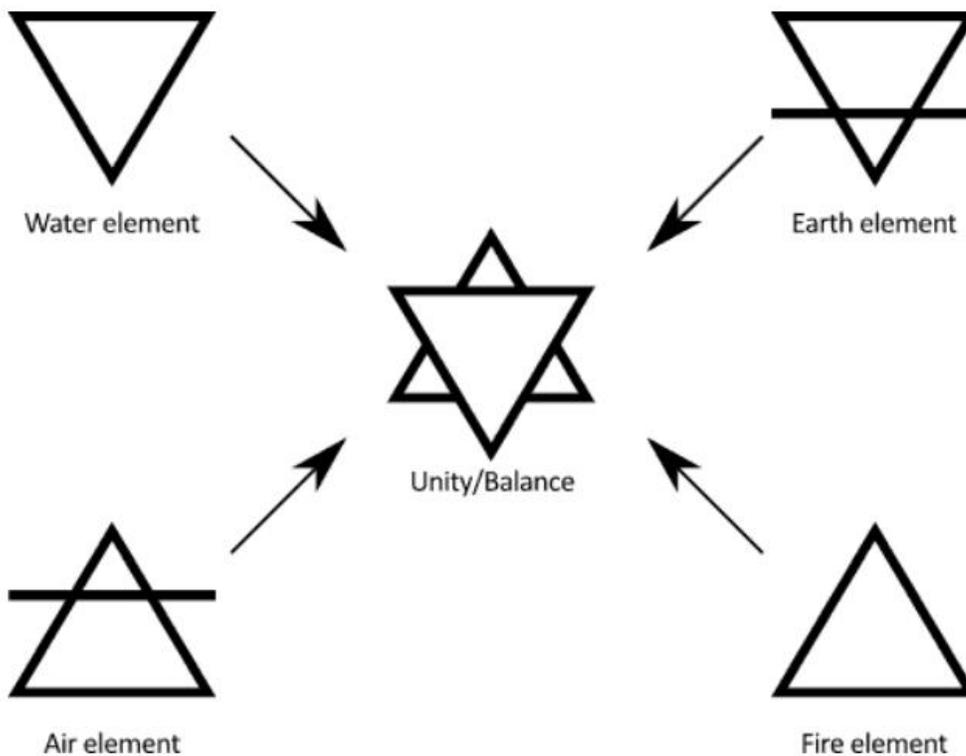
Seed of Life & the 6-Pointed Star (Hexagram)

One of the many important symbols that the Seed of Life contains within it is the 6-pointed star (hexagram). In-fact, it could be that the Seed of Life was created using the hexagram as we discussed earlier.

As indicated in the image below, the central circle of the Seed of Life holds two interlocked triangles – one facing upward and one facing downward creating a Six Pointed Star. This star is known as the Shatkona in Hinduism or the Star of David in Judaism. This star pattern again represents the union of masculine and feminine energies forming the basis of creation. The 3D representation of this pattern is known as the Merkaba (or Star Tetrahedron).

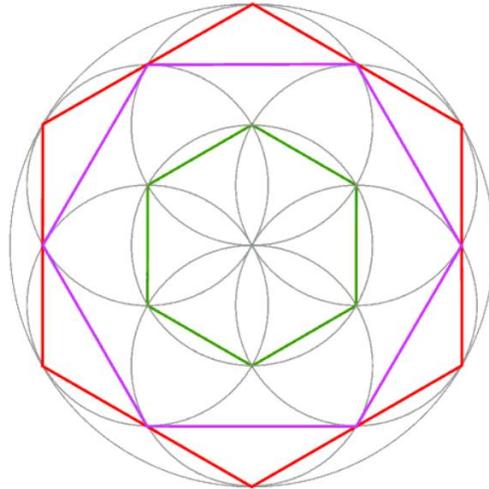


The Six Pointed Star also represents the four elements (Fire, Water, Air, and Earth) with the outer circle representing the fifth element which is Consciousness or Ether. This again represents creation as these five elements are the basis of creation and everything in the universe is made from a combination of these elements.



Seed of Life & the 3 Hexagons

The Seed of Life also contains within it 3 hexagons. The hexagon is a sacred shape that represents creation, harmony, balance, divine power, wisdom, and strength. Hexagonal shapes are found throughout nature due to its structural strength and efficiency. Some examples of hexagons found in nature include beehives, snowflakes, the shape of some crystals such as quartz, and the shape of cells in the human body (such as the cells in the walls of the small intestine).



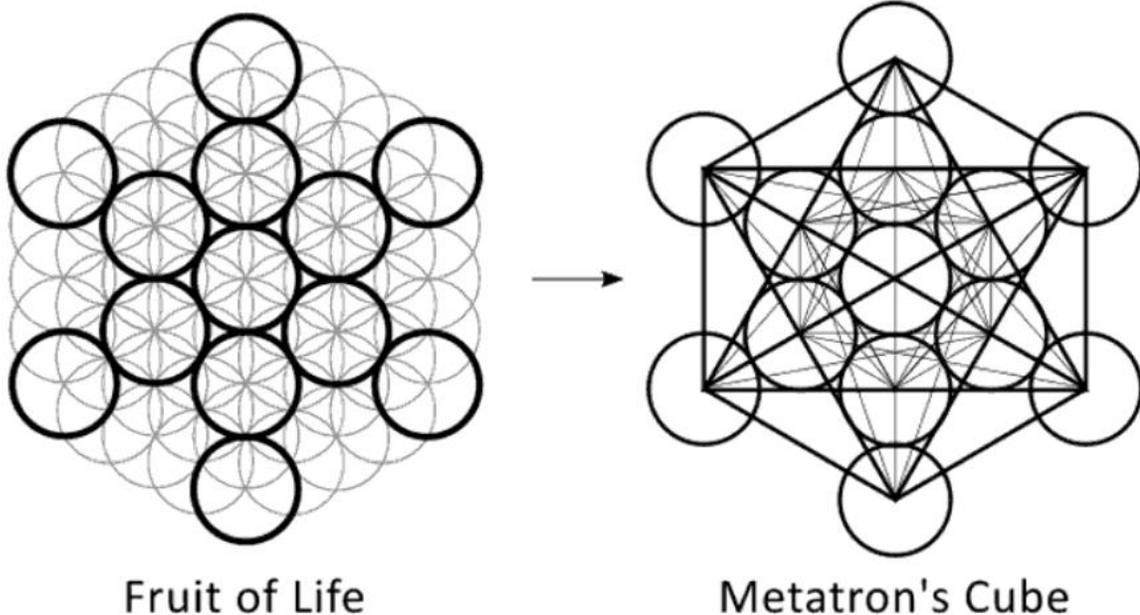
There are 6 sides in a hexagon and the Seed of Life contains 3 hexagons in total. 6 times 3 equals 18 and the sum of 1 and 8 equals 9. All these three numbers 3, 6, and 9 are associated with creation. In fact, the number 9 is associated with the completion of creation. This further emphasizes the power and significance of the hexagon within the Seed of Life symbol.

Seed of Life & the Flower of Life



The Seed of Life serves as the foundation for the Flower of Life symbol. As more circles are added to the Seed of Life, the Flower of Life emerges, consisting of numerous interconnected circles that expand outwards. This symbol is often regarded as the blueprint of the universe, embodying the very essence of all that exists.

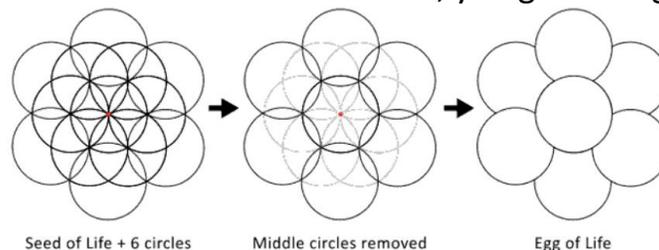
The Flower of Life represents the interconnectedness of all things, harmony, and balance. It also signifies the infinite cycle of creation, continually expanding outward as more circles are added. It should be noted that the Flower of Life houses within it many more symbols related to creation. These include the Fruit of Life, Kabalistic Tree of Life, and Metatron's Cube.



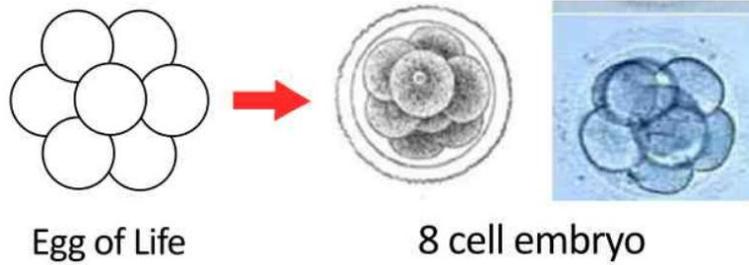
The Metatron's Cube contains within it all 5 platonic solids that are believed to be the building blocks of the universe.

Seed of Life & Egg of Life

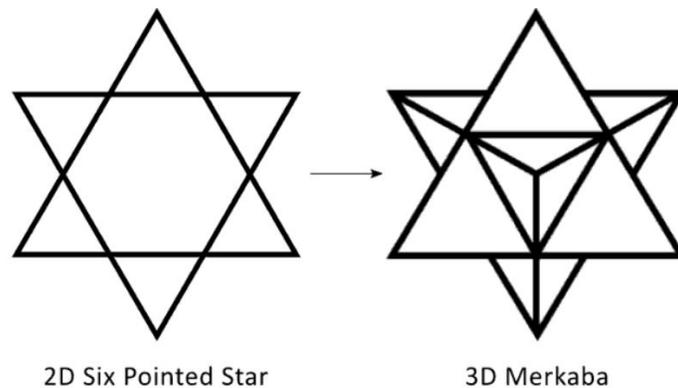
When you add 6 more circles to the Seed of Life, you get the Egg of Life symbol.



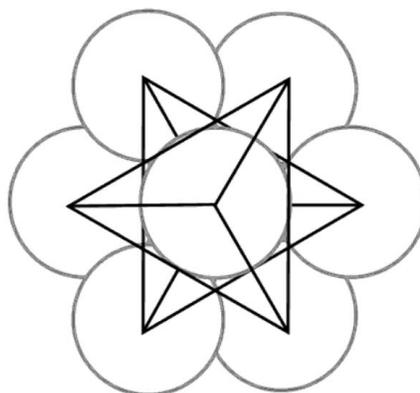
What's intriguing is that the Egg of Life symbol closely resembles the shape of a multi-cellular embryo in its first hours of creation.



The Egg of Life also contains the Star Tetrahedron also known as Merkaba (which is the 3d version of the 6-pointed star). The Star Tetrahedron is made of two interlocked Tetrahedrons one facing up and another facing down. It represents balance, interconnectedness, and the male-female principle of creation.

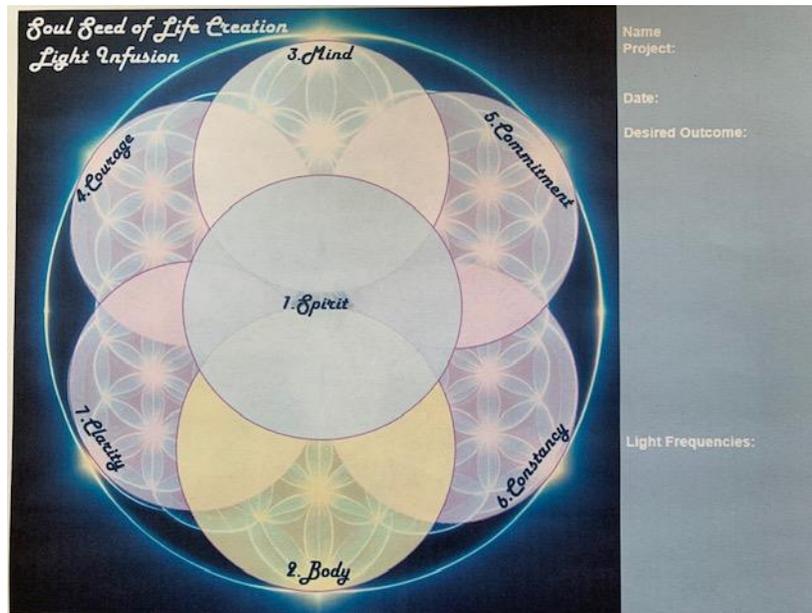


Also, a Tetrahedron is the first of the five Platonic Solids. The five Platonic Solids (tetrahedron, cube, octahedron, dodecahedron, and icosahedron) are the most symmetrical three-dimensional shapes possible and are believed to be the building blocks of the universe.



Star Tetrahedron Within the Egg of life

Introducing the Soul Seed of Life Template



- Works with any harmonics of 7 (Chakras, days of the week, etc.)
- Can also represent the four subtle bodies: Physical – 2.Body, Emotional – All 4 outer circles to represent the heart , Mental – 3.Mind, and Spiritual – 1.Spirit.

Some suggested uses:

- 7-Day transformative treatment of any habit, resistance, or unwanted or desired behavior. Do steps 1-14 on center circle (Spirit) on the first day, then steps 6-15 on each subsequent circle – 1 a day for the next 6 days.
- 21-Day Treatment for situations needing long, sustaining energy (same as 7-day)
- Balance the physical, emotional, Mental and spiritual subtle bodies and the transitional elements between them.
- Clear the chakras and the transitional elements between them.
- Anything else that utilizes concepts of 4 or 7. Be creative.

7 or 21 Day Treatment

1. Make sure you have done the Daily Protocol before beginning, and that you are connected to your Soul through your heart space.
2. Write your name, the name of the project, and the date on the Template in the space provided in the upper right corner.
3. Determine your Desired Outcomes and write them using neutral but specific frequency language: Synchronize with developing the habit of... or releasing the habit of... etc.
4. **Be sure to include “Receiving Intuitive Guidance,” and “Allow PS DO” (postscript desired outcomes), in your Desired Outcomes.**
5. In the Center Spirit Circle, draw a small circle with a dot in the middle to indicate Soul Connection. Drop into your Soul. State, **“I connect to my Source Light Center Point or My Soul.”**
6. Draw another circle next to it and say, **“I activate opportunities for healing, growth, and restoration.”**
7. Pull a Source Light Symbol Card and muscle test for how many.
8. Draw a triangle on the template and write the Name & Number of Source Light Symbols beside it saying, **“I anchor in (number, name) Source Light Symbols.”**
9. Muscle test to see if you need anymore. If so repeat steps 8-9 but use the same triangle.
10. Pull Source Light Frequency cards and record them on your sheet.
11. Write DO on the Spirit Circle and state: **“I synchronize with the actuality of: (state Desired Outcomes) with: (state all frequencies).”**
12. Draw a Frequency card for the Center Spirit Circle.
13. Close by drawing a star and stating, **“I infuse and integrate completion.”**
14. Draw a small heart, and state, **“I close this Infusion with Gratitude, in the Light.”**
15. Put Template somewhere you can see it. Do the same thing daily on each subsequent circle, in order, through Day 7 or Day 21. Look at the patterns that have manifested, and journal with what you are seeing.

Clearing, Healing and Balancing the Four Subtle Bodies and the Transitional Elements between them

1. Make sure you have done the Daily Protocol before beginning, and that you are connected to your Soul through your heart space.
2. Write your name, the name of the project, and the date on the Template in the space provided in the upper right corner.
3. Determine your Desired Outcomes and write them using neutral but specific frequency language: Clear, Heal and Balance the Four Subtle Bodies and the Transitional Elements between them, and anything else you want to add.
4. **Be sure to include “Receiving Intuitive Guidance,” and “Allow PS DO” (postscript desired outcomes), in your Desired Outcomes.**
5. You will be working with Circle 2.Body for the Physical body, Circle 3.Mind for the Mental Body, and Circle 1.Spirit for the Spiritual Body. Circles 4, 5, 6, & 7 are one group representing the Emotional body.
6. Beginning with Circle 1, draw a circle with a dot in the middle and state, ***“I connect to my Source Light Center Point or My Soul.”***
7. Draw another circle next to it and say, ***“I activate opportunities for healing, growth, and restoration.”***
8. Pull a Source Light Symbol Card and muscle test for how many.
9. Draw a triangle on the template and write the Name & Number of Source Light Symbols beside it saying, ***“I anchor in (number, name) Source Light Symbols.”***
10. Muscle test to see if you need anymore. If so repeat steps 8-9 but use the same triangle.
11. Pull Source Light Frequency cards and record them on your sheet.
12. Write DO on the Spirit Circle and state: ***“I synchronize with the actuality of: (state Desired Outcomes) with: (state all frequencies).”***
13. Draw a Frequency card for the Center Spirit Circle.
14. Continue with Circles 2 & 3 in the same manner. Then do Circles 4, 5, 6, & 7 for the Emotional body all at once. Use the same Source Light Symbols, and frequency cards for all 4 of these.
15. Close by drawing a star and stating, ***“I infuse and integrate completion.”***

16. Draw a small heart, and state, ***“I close this Infusion with Gratitude, in the Light”*** in each circle.
17. Put Template somewhere you can see it. Look at the patterns that have manifested, and journal with what you are seeing.

Clearing, Healing and Balancing the Chakras

1. Make sure you have done the Daily Protocol before beginning, and that you are connected to your Soul through your heart space.
2. Write your name, the name of the project, and the date on the Template in the space provided in the upper right corner.
3. Determine your Desired Outcomes and write them using neutral but specific frequency language: Clear, Heal and Balance the Chakras, and anything else you want to add.
4. **Be sure to include “Receiving Intuitive Guidance,” and “Allow PS DO” (postscript desired outcomes), in your Desired Outcomes.**
5. Beginning with Circle 1 for Chakra 1 and so on, state, ***“I connect to my Source Light Center Point or My Soul.”***
6. Draw another circle next to it and say, ***“I activate opportunities for healing, growth, and restoration.”***
7. Pull a Source Light Symbol Card and muscle test for how many.
8. Draw a triangle on the template and write the Name & Number of Source Light Symbols beside it saying, ***“I anchor in (number, name) Source Light Symbols.”***
9. Muscle test to see if you need anymore. If so repeat steps 8-9 but use the same triangle.
10. Pull Source Light Frequency cards and record them on your sheet.
11. Write DO on the first Circle and state: ***“I synchronize with the actuality of: (state Desired Outcomes) with: (state all frequencies).”***
12. Draw a Frequency card for the first Circle.
13. Continue with in the same manner with the rest of the circles in order to Chakra 7. (Conversely you can start with Chakra 7 and reverse to chakra 1.)
14. Close by drawing a star and stating, ***“I infuse and integrate completion.”***

15. Draw a small heart, and state, ***“I close this Infusion with Gratitude, in the Light”*** in each circle.
16. Put Template somewhere you can see it. Look at the patterns that have manifested, and journal with what you are seeing.